

SUPERINTENDENT **NEWSLETTER**

February 17, 2023

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Dear Gull Lake Families and Staff,

The earth shrugs and buildings topple, rivers change their course, roads are cloven by emerging fault lines, and we must find a new path to our next destination. Whether it is the raw power of nature intervening in our lives or the callous acts of others impeding our progress, we are often reminded that we are not always in charge of our own experiences. Global, national, and state events of the past few weeks are evidence of this. Other factors and variables merge with our preferences and add up to what we call “lived experience”.

The unique power we possess as human beings is how we choose to respond to our experiences. This power of choice is what helps us thrive and grow through adversity. How we exercise our free will is closely related to our level of resilience. Resilience is that quality that allows us to recover quickly from difficulties and bounce back into shape. Our community is exploring the concept of resilience and the practices that support it in our daily lives. One of our community partners, Response Care Center, will be hosting [The Resilient Conference](#) on April 28th and 29th. The theme for the conference is *advancing through adversity together*. There will be leaders from the broader community speaking about their experiences navigating adversity and building reserves of resilience within their organizations.

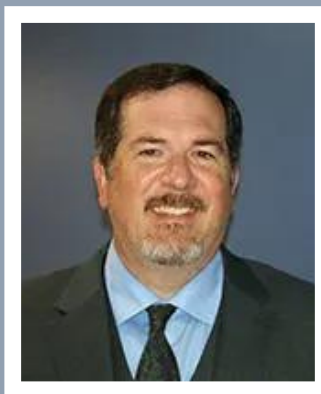
Check out the link if you are interested in learning more about this topic.

We are a resilient bunch here at Gull Lake Community Schools. Let's build on that.

Have a great weekend!



Raphael Rittenhouse/Superintendent
Gull Lake Community Schools



Updates

Piano Concert is February 17th at 7 PM at the GL Center for the Fine Arts.

No school on February 24th for Mid-Winter Break.

1/2 day of school on March 9th and 10th for exams.

First day of the third trimester on March 13th.



www.gulllakecs.org