

Middle and High School Breakfast Menu

March
2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Breakfast makes it a great day!!	<p>1 Plain Long John</p> <p>Choice of Cereal Educational Crackers</p> <p>Vegetable Selection Fruit or Juice Selection</p> <p>1% Milk</p>	<p>2 Breakfast Bowl</p> <p>Choice of Cereal Educational Crackers</p> <p>Vegetable Selection Fruit or Juice Selection</p> <p>1% Milk</p>	<p>3 Mini Eggo Waffles</p> <p>Choice of Cereal Educational Crackers</p> <p>Vegetable Selection Fruit or Juice Selection</p> <p>1% Milk</p>
<p>6 Cheesy Ham Melt</p> <p>Choice of Cereal Educational Crackers</p> <p>Vegetable Selection Fruit or Juice Selection</p> <p>1% Milk</p>	<p>7 Blueberry Muffin Cheese Stick</p> <p>Choice of Cereal Educational Crackers</p> <p>Vegetable Selection Fruit or Juice Selection</p> <p>1% Milk</p>	<p>8 French Toast Loaf Cheese Stick</p> <p>Choice of Cereal Educational Crackers</p> <p>Vegetable Selection Fruit or Juice Selection</p> <p>1% Milk</p>	<p>9 Banana Chocolate Loaf</p> <p>Choice of Cereal Educational Crackers</p> <p>Vegetable Selection Fruit or Juice Selection</p> <p>1% Milk</p>	<p>10 Breakfast Burrito</p> <p>Choice of Cereal Educational Crackers</p> <p>Vegetable Selection Fruit or Juice Selection</p> <p>1% Milk</p>
<p>13 Breakfast Flatbread</p> <p>Choice of Cereal Educational Crackers</p> <p>Vegetable Selection Fruit or Juice Selection</p> <p>1% Milk</p>	<p>14 Banana Muffin</p> <p>Choice of Cereal Educational Crackers</p> <p>Vegetable Selection Fruit or Juice Selection</p> <p>1% Milk</p>	<p>15 Strawberry Cream Cheese Filled Bagel</p> <p>Choice of Cereal Educational Crackers</p> <p>Vegetable Selection Fruit or Juice Selection</p> <p>1% Milk</p>	<p>16 Egg & Cheese Breakfast Sandwich</p> <p>Choice of Cereal Educational Crackers</p> <p>Vegetable Selection Fruit or Juice Selection</p> <p>1% Milk</p>	<p>17 Biscuits & Gravy</p> <p>Choice of Cereal Educational Crackers</p> <p>Vegetable Selection Fruit or Juice Selection</p> <p>1% Milk</p>
<p>20 Mini Pancakes</p> <p>Choice of Cereal Educational Crackers</p> <p>Vegetable Selection Fruit or Juice Selection</p> <p>1% Milk</p>	<p>21 Breakfast Sandwich</p> <p>Choice of Cereal Educational Crackers</p> <p>Vegetable Selection Fruit or Juice Selection</p> <p>1% Milk</p>	<p>22 Cinnamon Cream Cheese Filled Bagel</p> <p>Choice of Cereal Educational Crackers</p> <p>Vegetable Selection Fruit or Juice Selection</p> <p>1% Milk</p>	<p>23 Cinnamon Roll</p> <p>Choice of Cereal Educational Crackers</p> <p>Vegetable Selection Fruit or Juice Selection</p> <p>1% Milk</p>	<p>24 Have a good break!!</p>
<p>27</p>	<p>28</p>	<p>29</p>	<p>30</p>	<p>31 See you Monday</p>

PRICES

Student Breakfast	\$2.00
Adult Breakfast	\$2.25
Milk	\$.60

EXTRA INFO

Free and reduced forms still available

HARVEST OF



THE MONTH

Menus and nutrition
our app
TaHER Food4Life®

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