

**University is
not a dream,
it's a plan**



WORKSHOP 2

**HIGH SCHOOL,
HERE WE COME!**

WORKBOOK FOR PARENTS AND STUDENTS

Name _____

School _____

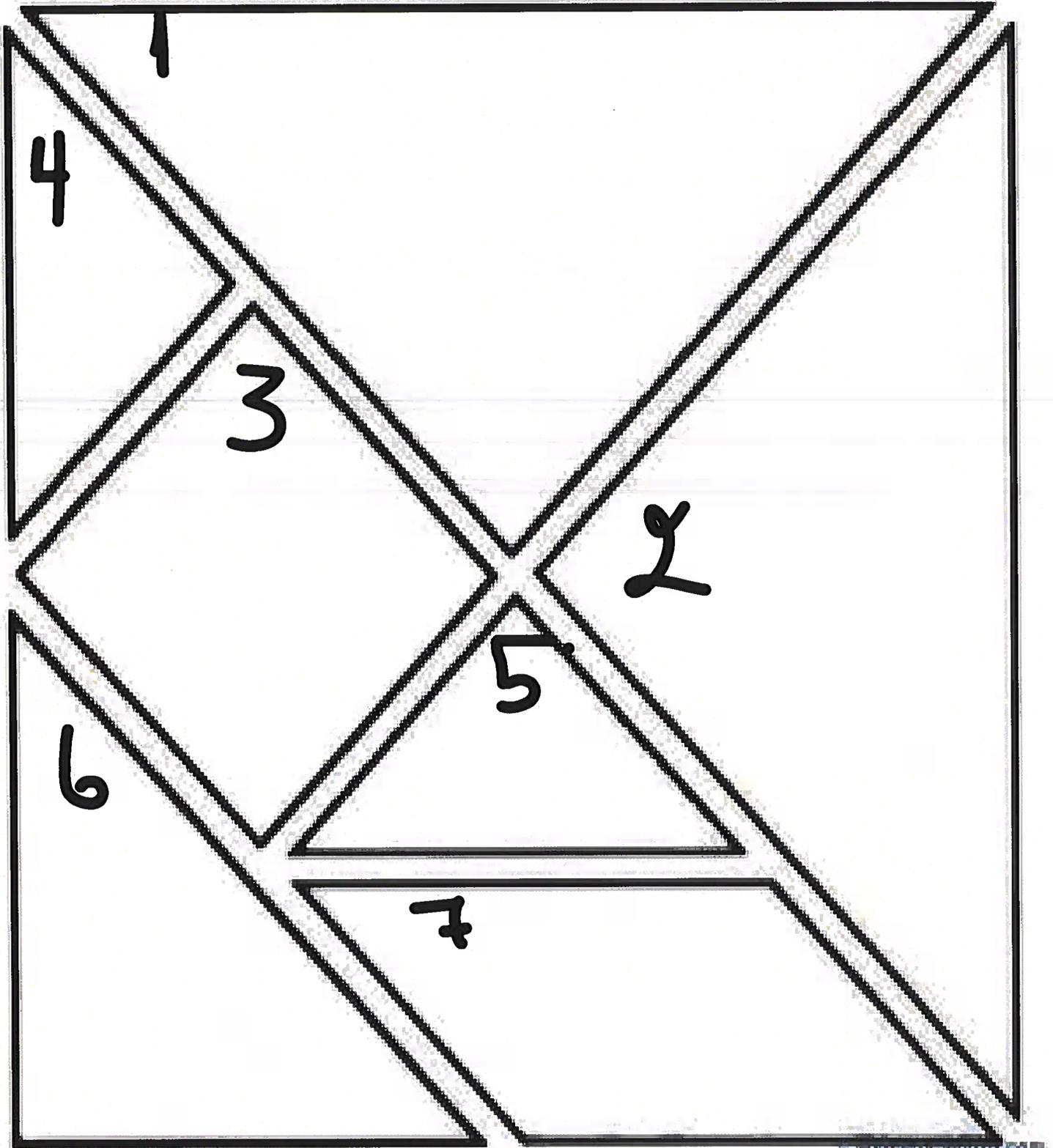




UNIVERSITY IS NOT A DREAM, IT IS A PLAN

GETTING READY FOR COLLEGE

Write in each part of the puzzle each of the requirements you need to meet to be ready to go to college





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A-G REQUIREMENTS

A-G MATCHING GAME

Fill in the blanks using the words or phrases provided in the Word Bank below.

SUBJECT	NUMBER OF YEARS REQUIRED	CLASSES
A. _____	A. _____	World History & Geography (WHG), U.S. History, Government
B. English	B. _____	B. _____
C. Mathematics	C. 3 years, 4 recommended	C. _____
D. _____	D. _____	1 yr biological science: biology 1 yr physical science: chemistry, physics
E. _____	E. 2 years, 3 recommended	E. Spanish, French, Japanese (2 years of the same language)
F. Visual and Performing Arts	F. _____	F. _____
G. _____	G. 1 year	Economics, Journalism, Psychology, Speech etc.

WORD BANK

- English 9, English 10, American Literature, AP English Language
- 1 year
- Language other than English
- 2 years, 3 recommended
- History/Social Science
- Photography, Drama, Music
- 4 years
- Algebra 1, Geometry, Algebra 2
- 2 years
- College-Preparatory Elective
- Laboratory Science



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CALCULATING GPA

STEPS	VALUE
1. Find the point values for each letter grade earned	A = 4
2. Divide the total value from all grades by the number of courses	B = 3
3. The result is the student's GPA	C = 2
	D = 1
	F = 0

Example: 10th Grade Student		
Algebra II	B	3
English 10	B	3
Chemistry	A	4
Dance	A	4
Spanish	B	3
Honors World History	C	2
Sub-total		19
**Additional point(s) for Honors and/or AP Courses		1
Total Points Value		20
Divided by the number of courses		6
GPA		3.3
Total Courses: 6		Total Points Value: 20
GPA: $20 \div 6 = 3.3$		

Exercise

9th Grade Student

World History	A	
English	B	
Geometry	A	
Biology	C	
Spanish	B	
Art History	A	
Sub-total		
**Additional points for Honors and/or AP Courses		
Total points x grade		
Number of Courses		
GPA		

12th Grade Student

AP English	A	
Honors Physics	B	
Calculus	C	
AP Spanish	B	
Orchestra	A	
Sub-total		
** Additional points for Honors and/or AP Courses		
Total points x grade		
Number of Courses		
GPA		

**The additional point value for an Honors and/or AP course is only granted when the student earns a final grade of C or better



Chart for planning A-G requirements in High School

7° 8 9° 10° 11° 12°

REQUIREMENTS ("A-G" COURSES)	YEARS REQUIRED
A. History/SOCIAL SCIENCE US HISTORY, U.S. Government, Civics, - Universal History, Cultures and Geography.	2 YEARS of History/Social Science, including one year of U.S. History or a semester of U.S. History. And a semester of U.S. Government. The CSU requires one more year of Social Sciences. UC requires one year of Universal History, or History of Europe or Cultures and Geography.**
B. English	4 YEARS HIGH SCHOOL composition English and literature (incl. going no more than 1 year of advanced ESL/ELD). UC requires a minimum of two years of English—three preferred to be completed before the end of 11th grade.
F. MATH Algebra, Geometry, Intermediate Algebra, or Advanced Math	3 years (Four years recommended). UC recommends four years of high school math that includes the topics covered in the elementary algebra and advanced algebra and geometry. Integrated math courses can be used to satisfy the "C" requirement in math. UC requires one of the 3 courses to be geometry or an integrated course with sufficient geometry.
C. LABORATORY SCIENCES	2 years required CSU requires one year of biology and one year of physical science, one from area 'd' and the other from area 'd' or 'g'. UC requires 2 years but recommends 3 years with at least two of the following three areas: Biology, Chemistry, Physics.
D. LANGUAGE BESIDES ENGLISH	2 YEARS (or equivalent of the second year of high school) of the same language. UC recommends three years. American Sign Language is acceptable.
E. Visual and Performing Arts THEATRE, MUSIC, VISUAL ARTS	1 Year (OR TWO COURSES OF ONE SEMESTER EACH IN THE SAME DISCIPLINE (DANCE, MUSIC, DRAMA/THEATER, VISUAL ARTS)
G. COLLEGE PREP ELECTIVE COURSES	1 YEAR in any area of other elective subjects approved on the a-g list.

*UC requires that at least 11 of the "a-g" courses be completed before beginning 12th grade. To meet the Eligibility in the Local Con-text (ELC) criteria, UC requires students to have a minimum GPA of 3.0 and complete the following "a-g" courses before beginning 12th grade: 1 year of History/Social Science; 2 years of English; 2 years of math; 1 year of laboratory science; 1 year of language in addition to English and 4 years of elective courses (from branches a-f of the table mentioned or another university-approved course)

Cuadro para planear los A-G EN LA HIGH SCHOOL



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CHECKLIST FOR COLLEGE PREP FOR PARENTS AND STUDENTS FROM 6TH – 9TH

Grade	Parent	Student
6th & 7th	<ul style="list-style-type: none"> <input type="checkbox"/> Make an appointment with your child's counselor to discuss his/her academic strengths and challenges. <input type="checkbox"/> Attend workshops regarding college information and financial aid, as well as college visits. <input type="checkbox"/> Make sure your child maintains an A or B average, especially in English and Mathematics. <input type="checkbox"/> Encourage your child to participate in academic enrichment programs during summer or off-track seasons. 	<ul style="list-style-type: none"> <input type="checkbox"/> Develop strong study and time management skills. <input type="checkbox"/> Take challenging classes in English, mathematics, science, history, geography, the arts, and a foreign language. <input type="checkbox"/> Make sure to get A and B grades, especially in your English and Math classes. <input type="checkbox"/> Take advantage of programs where you can visit colleges, take classes, and experience college life.
8th	<ul style="list-style-type: none"> <input type="checkbox"/> Encourage your child to take the PSAT every year in October starting in the 8th grade through 11th grade. <input type="checkbox"/> Investigate your child's high school options and determine which one will help your child further their academic interests and provide support for his/her future options. <input type="checkbox"/> Make an appointment with your child's counselor to go over the classes that will best prepare him/her for high school. <input type="checkbox"/> Visit your child's future high school and meet with his/hers future counselor. <input type="checkbox"/> Investigate different ways to save money. 	<ul style="list-style-type: none"> <input type="checkbox"/> Sign up to take the PSAT in October. <input type="checkbox"/> Think about your future goals and dreams and how your options after high school can help you achieve them. <input type="checkbox"/> Start thinking about what classes in high school will best prepare you for your future and college. <input type="checkbox"/> Think about your high school options and programs. Choose a high school that will help you learn more about your career options and prepare for college. <input type="checkbox"/> Make sure to get A and B grades in your English and Math classes. <input type="checkbox"/> Take Algebra 1 if you are eligible and pass with a C or better
9th	<ul style="list-style-type: none"> <input type="checkbox"/> Meet the career, guidance, and college counselors at your child's high school. <input type="checkbox"/> Let the counselors know that you want your child to prepare for college. <input type="checkbox"/> Find out about different programs and activities offered by the high school to help you and your child transition into the new school. <input type="checkbox"/> Make sure your child maintains A's and B's in his/her classes. <input type="checkbox"/> Use the FAFSA4CASTER www.fafsa4caster.com to know your financial aid options. 	<ul style="list-style-type: none"> <input type="checkbox"/> Sign up to take the PSAT in October. <input type="checkbox"/> Visit the career and college offices at your high school. <input type="checkbox"/> Meet with your counselor and let him/her know about your plans to go to college. <input type="checkbox"/> Form study groups or take advantage of academic support systems like tutoring to help you maintain at least a 3.00 GPA. <input type="checkbox"/> Explore different careers by becoming involved in school and community organizations. <input type="checkbox"/> Plan out your A-G classes with your counselor, and pass them with a C or better. Repeat it if the score is lower than C <input type="checkbox"/> Get involved in extracurricular activities at school and/or the community.

Grade	Student
8th	<ul style="list-style-type: none"> <input type="checkbox"/> Think about your future goals and dreams and how your options after high school can help you achieve them. <input type="checkbox"/> Start thinking about what classes in high school will best prepare you for your future and college. <input type="checkbox"/> Think about your high school options and programs. Choose a high school that will help you learn more about your career options and prepare for college. <input type="checkbox"/> Make sure to get A and B grades in your English and Math classes. <input type="checkbox"/> Take Algebra 1 if you are eligible and pass with a C or better
9th	<ul style="list-style-type: none"> <input type="checkbox"/> Talk to your school counselor and teachers about the following: <ul style="list-style-type: none"> <input type="checkbox"/> Establishing your college preparatory classes. Your schedule should have at least 4 college preparatory classes per year, including: <ul style="list-style-type: none"> <input type="checkbox"/> 4 years of English <input type="checkbox"/> 3 years of math (through Algebra II or trigonometry) <input type="checkbox"/> 2 years of foreign language <input type="checkbox"/> 2 years of natural science <input type="checkbox"/> 2 years of history/social studies <input type="checkbox"/> 1 year of art <input type="checkbox"/> 1 year of electives from the above list <input type="checkbox"/> Using the <u>student planner</u> to keep track of your courses and grades <input type="checkbox"/> Enrolling in algebra or geometry classes and a foreign language for both semesters (most colleges have math and foreign language requirements) <input type="checkbox"/> Create a file of the following documents and notes: <ul style="list-style-type: none"> <input type="checkbox"/> Copies of report cards <input type="checkbox"/> List of awards and honors <input type="checkbox"/> List of school and community activities in which you are involved, including both paid and volunteer work, and descriptions of what you do <input type="checkbox"/> Get involved in other activities (such as sports, performing arts, volunteer work) <input type="checkbox"/> Explore different types of postsecondary institutions by visiting the <u>find a college</u> section
10th	<ul style="list-style-type: none"> <input type="checkbox"/> Investigate your career choice. Identify the type of school that fits your aspirations. <input type="checkbox"/> Attend college fairs and presentations by colleges that visit your school. <input type="checkbox"/> Create a file on your favorite colleges. Ask for literature about admissions, financial aid and your proposed major. <input type="checkbox"/> Review your current class schedule with your counselor to make sure you are taking necessary college preparatory courses. <input type="checkbox"/> Maintain good grades. <input type="checkbox"/> Create a personal résumé file. Save such items as copies of your report cards, diplomas and certificates, a list of your awards and honors, a list of all your school and community activities, any offices you hold in these organizations, and a list of jobs.
11th	<ul style="list-style-type: none"> <input type="checkbox"/> Review your current class schedule with your counselor to make sure you are still on track with your goals. Maintain good grades. <input type="checkbox"/> Visit colleges that interest you. Call ahead to book a campus tour and a presentation about academic programs, admissions and financial aid. Try to meet with admissions, academic, student organizations and athletic staff. Prepare questions about the school and bring a transcript or list of courses you have taken since the 9th grade. <input type="checkbox"/> Update your résumé file. Investigate summer programs, workshops and camps in your community. These may help with college admissions. <input type="checkbox"/> Evaluate the schools you visited. Decide which ones have the right programs that best fit your needs.

12th

August

- Research majors/colleges to create your college list
- Create new email for college related information ONLY
- Begin applications for the UC's and Private colleges
- Work on college essays – write, review, edit, and repeat
- Pick up the FAFSA (Free Application for Federal Student Aid) at your high schools counselors office, your local or college library or college financial aid office

September

- Make a list of important deadlines for college admissions and financial aid applications.
- FINISH college essays- write, review, edit, and complete
- Ask for letters of recommendations
- FINISH UC application
- Continue to work on Private college applications for early admissions/early decision/rolling admission.
- Look into Advanced Placement[®] exams for college credit.
- Request college catalogs and admissions packets, and meet with college representatives visiting your high school. Check out colleges on the Web.
- Ask the colleges you're applying to about their student aid programs.
- Register with the U.S. Selective Service, if required, at www.sss.gov
- Check out scholarships and grants on the Web or in your library's directories. Ask about scholarships offered by local community service organizations.
- Learn about low-interest federal student loans, if you think you'll need to borrow.
- Look into the AmeriCorps program, which allows you to earn educational awards in return for community service.
- Meet with your high school counselor to discuss your college plans and financial aid needs. Check out www.mapping-your-future.org, www.collegeispossible.org and www.yesican.gov.
- Attend your high school's college fair and financial aid workshop.
- Go to www.fafsa.ed.gov and print the Pre-Application Worksheet or pick up a paper FAFSA at your high schools counselor's office, your local or college library or college financial aid office

October

- Collect your and your family's financial records, which you'll need for the FAFSA and other financial aid forms
- Register for a PIN at www.pin.ed.gov so you can file your Free Application for Federal Student Aid, or FAFSASM online. Your parents can get a PIN too.
- Attend your high school's college fair and financial aid workshop.
- Visit your top college choices or take virtual tours of their campuses.
- Begin/SUBMIT CSU application- **DEADLINE: NOVEMBER 30**
- Begin FAFSA/Dream Act Application as soon as possible after October 1, but not before
- Continue to work on Private college applications for early admissions/early decision/rolling admission.

November

- Register for the College Boards CSS PROFILE[®] application if you're applying to an independent college that requires one. Go to www.collegeboard.com.
- Note which colleges require additional financial aid applications and request them from the college.
Look into the programs offered by your state.
- Submit your UC and CSU admissions applications.
- SUBMIT Private college applications for early admissions/early decisions/rolling admission- DEADLINES VARY. DO YOUR RESEARCH!
- SUBMIT FAFSA/Dream Act application!

December

- Check your email regularly for any information from colleges
- Complete CSS Profile (PRIVATE SCHOOLS ONLY)
- Apply to scholarships during your Winter Break.
- Receive Early Admission/Early decision letters

January and February

- Complete and file the **FAFSA** as soon as possible after October 1, but not before.
- Keep a photocopy or printout of everything you send.
- Remind your parents to complete their tax returns, if they haven't done so already. That way, you'll have their final financial records when you receive your Student Aid Report.

March

- Apply for private scholarships, if you haven't already done so.
- Watch your mailbox (or e-mail) for college admissions letters and financial aid award letters.
- Review your Student Aid Report, or SAR, which you should receive within four weeks of filing your **FAFSA**, or sooner if you file online. If you haven't received the SAR contact the Federal Student Aid Information Center at 1.800.4FED.AID.
- Respond promptly to any requests for additional information from your college, private scholarship organizations or your state's higher education agency.

April

- Consider grants, scholarships and other aid you don't have to repay before accepting a student loan.
- Decide on a college and send in any forms or deposits by the deadline. Many colleges have online application processes.
- Sign and return your college's financial aid award letter, noting the awards you're accepting and the ones you're declining.
- Notify the colleges you won't be attending.
- SUBMIT FAFSA/DREAM ACT- DEADLINE MARCH 2**
- Check your Cal Grant and FAFSA/Dream Act status via webgrants4students.org
- Review Financial Aid Award Letters from schools who offer you admissions. Review letters with a college counselor, counselor, or Project STEPS staff.
- Register for the Cal State Placement Exams (some students may be exempt from the exams)**
- Review all your admission offers and make a decision where you want to enroll for college.
- Community College bound students must register for placement exams.**

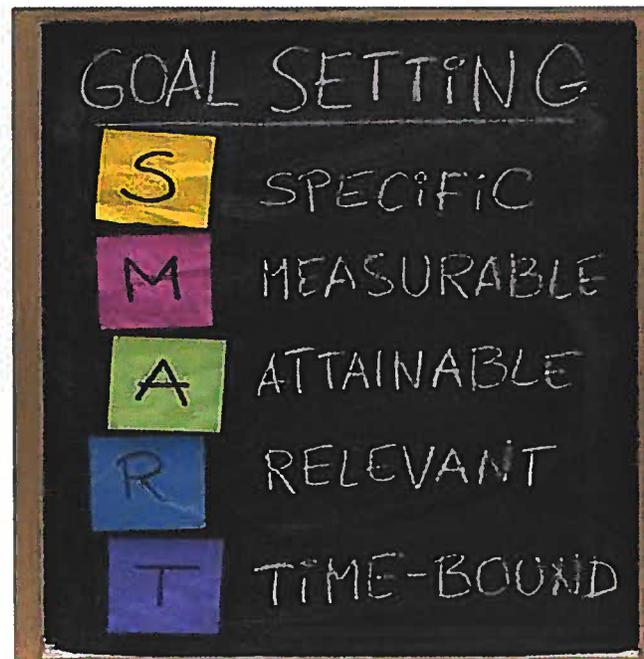
May - Jul

- Have your high school mail a final transcript to the college you plan to attend as soon as your graduation date is entered onto your high school record.
- Report any additional scholarships you receive to your colleges financial aid administrator.
- Proceed with the application for school housing if you plan to live on campus. Watch these deadlines carefully.
- Complete your federal student loan promissory note if you'll be borrowing for college.
- Submit your **STATEMENT OF INTENT TO REGISTER (SIR) BY MAY 1ST!!!!!!** (
- Sign up for Orientation to meet with your college advisor and register for your Fall college classes.
- Complete Housing application (if applicable)- deposit required
- Accept/decline financial aid award through your university portal.
- Continue to check portals/emails regularly for updates
- Submit FINAL OFFICIAL TRANSCRIPT to selected campus by **July 1st (UC's) or July 15 (other colleges- check with college for deadline).**
- *Senior year grades still count! Campuses can rescind your admissions if you receive D's or F's during your senior year***



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SETTING S.M.A.R.T. GOALS



Short Term Goal

Place note here.

Long Term Goal

Place note here.



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SETTING S.M.A.R.T. GOALS

	SHORT TERM	LONG TERM
HS Preparation		
HS Preparation		
HS Preparation		
College Preparation		
College Preparation		