

WELLNESS COMMITTEE MEETING

January 19, 2023

1:30 PM – 2:15 PM

[Click here to view meeting recording](#)

**Please read the attached District policies in advance of the meeting:*

District Student Wellness Policy 5405; Charging School Meals (Meal Shaming) Policy 8505

Agenda

1. Introductions
 - a. Member introductions & School wellness happenings
 - b. Review subcommittee assignments
2. Review “Old Business” - Identify school level group to support H&W or sharing directly with Principals?
 - a. Subcommittee update
 - i. New chair needed for Secondary School
 - ii. Student Advisory Group – PAHL partnership
3. Cafeteria
 - a. Lunch pass & online feedback form (sent out with agenda)
4. Role of committee members
 - a. Update Principal on Wellness Committee Meeting
 - b. Principals will be updated during bi-weekly operations meeting (1/17/23) and recording will be shared
 - c. Educate school Principal and school community about smart snacks; food sold and available in schools; fundraising guidelines
 - d. Report out to Wellness Committee school level activities and events
5. Review District policies
 - a. Wellness - Suggested changes, updates?
 - b. Updated Free & Reduced meal policy (charging, shaming)
6. Smart Snack/Competitive Food
 - a. Resources – Where to find
 - i. District Website
 - ii. Healthier Generation Calculator - DEMO

7. Triennial assessment
 - a. Creating a practice plan and updating wellness policy:
 1. Create Practice Implementation Plan
 2. Update policies
 - a. Practices being implemented, but not written into policy
 3. Opportunities for growth – Topics for subcommittee
 4. Next steps
8. Food & Nutrition Program Update
 - a. Brigaid Chef interviews 1/20/23
 - b. Farm to School Grant Award
 - c. CACFP Supper Program Pilot
9. 2022—2023 Wellness Committee Goals
 - a. Updating Wellness Policy per Triennial Assessment Results
 - b. Creating Practice Implementation Plan
 - c. Student Advisory Group
 - d. School level support identified
 - e. Other suggestions
 - f. Improved communication and sharing of resources via dedicated District webpage
10. Future virtual meeting dates SY 22-23 (Thursdays 1:30 – 2:15PM)
 - a. Meeting #3 - March 23, 2023
 - b. Meeting #4 - May 18, 2023