



Superintendent Goguen

January 25, 2019

Estimados estudiantes, familias y personal,

Comunicación Hogar-Escuela- Preocupaciones de Asistencia

Estamos pidiendo a los padres / tutores que nos ayuden a supervisar la asistencia de los estudiantes. Nuestros datos indican que tenemos ausentismo crónico en todas nuestras escuelas. Cuando los estudiantes faltan a la escuela repetidamente, se quedan atrás, pierden oportunidades para involucrarse con su aprendizaje y con sus compañeros y esto impacta negativamente los niveles de compromiso de los estudiantes y el proceso de aprendizaje de un individuo. Si su hijo o hija tiene problemas con la asistencia, es crucial que trabajemos juntos para descubrir cómo resolver el problema. La conexión entre el hogar y la escuela es esencial y juntos debemos trabajar para asegurarnos de que TODOS nuestros estudiantes lleguen a tiempo a la escuela y vengan todos los días. Nuestro personal de orientación está trabajando actualmente en nuevos planes sobre cómo ayudar mejor a las familias y los estudiantes con problemas de asistencia. Si tiene algunas ideas nuevas, no dude en comunicarse con la oficina de consejería de su escuela para compartir sus comentarios.

Comunicación Hogar-Escuela - Vaping / drogas

Las Escuelas Públicas de Webster están obligadas por ley a ser zonas libres de drogas y tabaco. Los estudiantes que traigan vape o drogas a la escuela serán disciplinados en consecuencia. Me complace informarle que actualmente estamos trabajando para llevar la programación educativa a nuestro personal y estudiantes sobre los peligros de vapear. El 5 de febrero, Tina Grosowsky de la Asociación de Comunidades Libres de Tabaco de MA Central se presentará ante el personal de WMS. Estoy adjuntando recursos y sitios web para que los padres / tutores lo ayuden con información que puede ser útil cuando se habla de los peligros de las drogas y de vapear con su hijo / hijos.

<http://makesmokinghistory.org/dangers-of-vaping/>

<https://www.nytimes.com/2018/04/04/opinion/formaldehyde-diacetyl-e-cigs.html>

¡Felicitaciones al equipo de baloncesto de BHS que va a los playoffs!



El equipo de BHS Boys Soccer y el entrenador Renauld fueron reconocidos en la última reunión del comité escolar al recibir el Premio al espíritu deportivo de la Misa Central. Asociación de entrenadores de fútbol!



¡Felicitaciones a Brian James, quien fue reconocido en la última reunión del comité escolar como el Académico del Superintendente este año!



Congratulations to

Felicitaciones a nuestros artistas de BHS que muestran su trabajo en Anna Maria College. La exposición está abierta hasta el 8 de febrero.




ANNA MARIA COLLEGE annual exhibition 2019

New England secondary school Art/Design competition

Bartlett Artists:
Vivian Adams
Stephanie Boersma
Miles Clement
Sam Coombs
Allison Grzembki
Ranxel Gutierrez-Medina
Brian James
Victoria Mann
Brandi Mercer
Rodel Portante
Juan Rivas Arevalo
Elias Taborda
Zoey Tremblay

Art Center Gallery
Anna Maria College
50 Sunset Lane
Paxton, MA 01612

Opening Reception 1/23/19 6-8pm
Exhibition Dates: 1/23/19 - 2/08/19



Eventos de la comunidad:

1. El Departamento de Recreación de Webster está intentando algo ¡NUEVO! El 22 de marzo tendrán su primera "Noche de misterio en el ayuntamiento". Esto es para niños de 12 a 15 años. A todos los niños se les dará un carácter y tendrán que usar sus habilidades de detective para resolver el crimen. Este es un evento gratuito y se servirán refrigerios, pero es necesario confirmar su asistencia. Se les pedirá a los estudiantes que "vistan la parte" del personaje que se les da, y se debe comprar el kit apropiado por la cantidad de asistentes. Por favor confirme su asistencia antes del 1 de marzo en recreation@webster-ma.gov. Las preguntas deben dirigirse a Carol Marchand, Directora de recreación, 508-949-3800 x 1023 - SE ENCUENTRA A FLYER
2. La Junta de Salud de Webster llevará a cabo una audiencia pública sobre las regulaciones de restricción de tabaco aromatizado el lunes 11 de febrero a las 5:00 p.m. en la estación de bomberos.

In Webster...Kindness Matters,

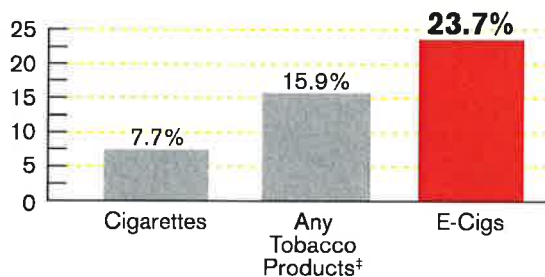
Ruthann Petrino-Goguen

Big Tobacco is Sweet Talking Our Kids!

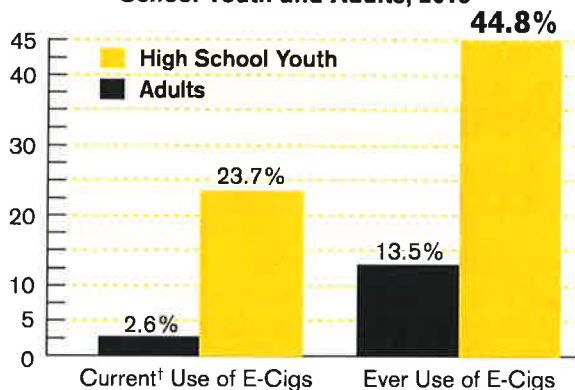
Did you know?

In Massachusetts, almost 24% of high-school students reported using e-cigarettes, and nearly half tried them at least once. More high school youth used e-cigarettes than all other tobacco products combined, AND they used them nine times more often than adults.

Current[†] Use of Tobacco Products by Massachusetts High School Youth, 2015



E-Cigarette Use Among Massachusetts High School Youth and Adults, 2015



[†] Use in the past 30 days.

[‡] Any tobacco is defined as cigarettes, cigars (including little cigars and cigarillos), and smokeless tobacco (such as chewing tobacco, snuff, or dip).

Vape pens and e-cigarettes are not harmless. They contain nicotine and other harmful chemicals.



The tobacco industry makes its products:

Sweet: E-cigarettes or vape pens come in over 8,000 different flavors. Flavors are the leading reason that youth are using e-cigarettes.

Cheap: Products are cheaply priced to encourage impulse buys by young people.

Easy to Get: These products are at gas stations, corner stores, pharmacies, mini-marts, and many more types of stores.



Talk with your kids!

Talk with your teenagers about vaping and make sure they know it's harmful. Nicotine is addictive and affects their brain development negatively, including increased risk for depression, mood disorders, or future drug addiction. The earlier they start, the harder it is to quit.



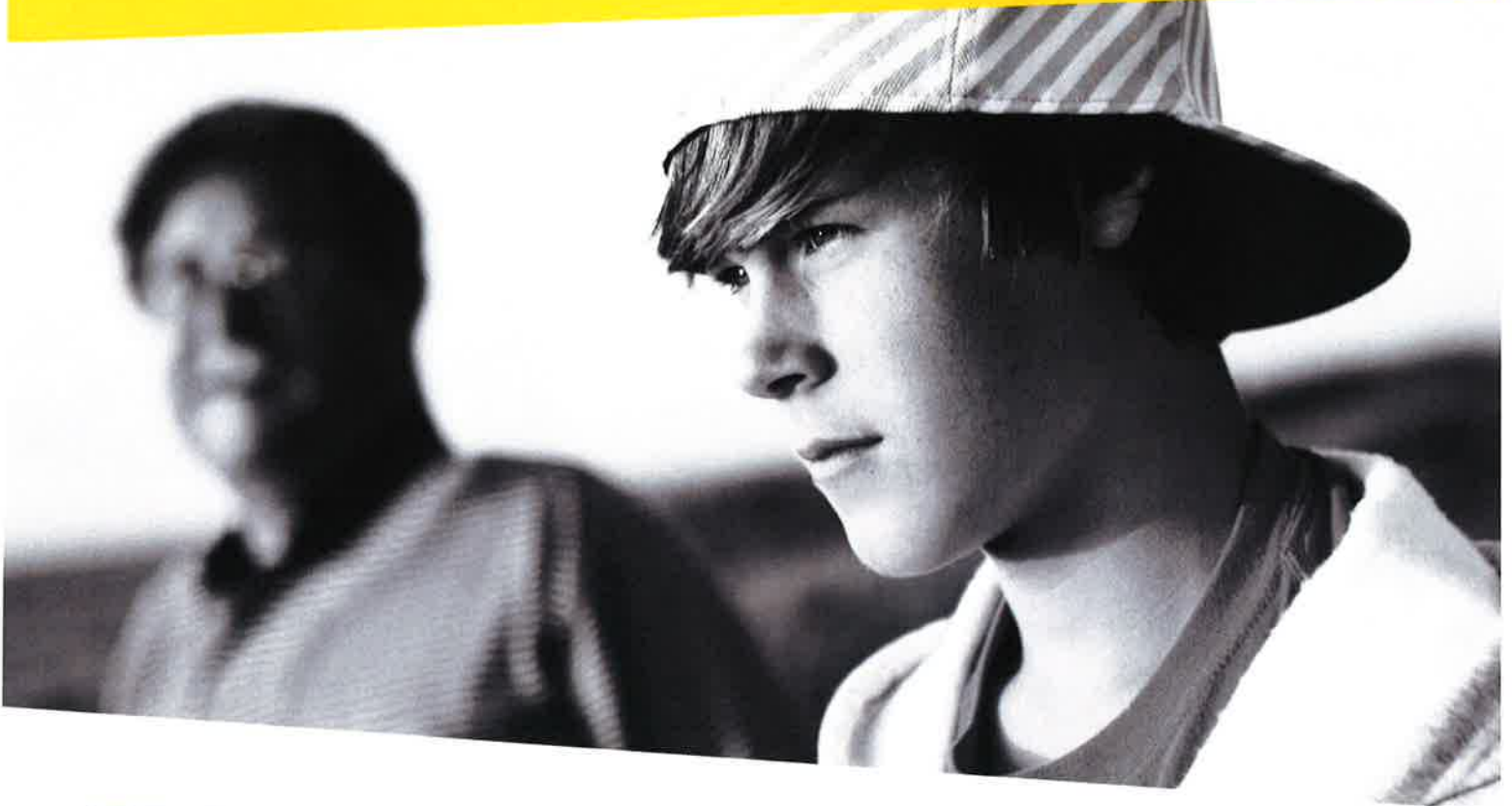
Make smoking history.

GET OUT RAGED!

For more information, visit GetOutraged.org, or contact Tina Grosowsky, Project Coordinator, Central MA Tobacco Free Community Partnership, UMass Medical School by phone: (508) 856-5067 or email: tina.grosowsky@umassmed.edu



Talk with Your Teen About E-cigarettes: A Tip Sheet for Parents



BEFORE THE TALK

Know the facts.

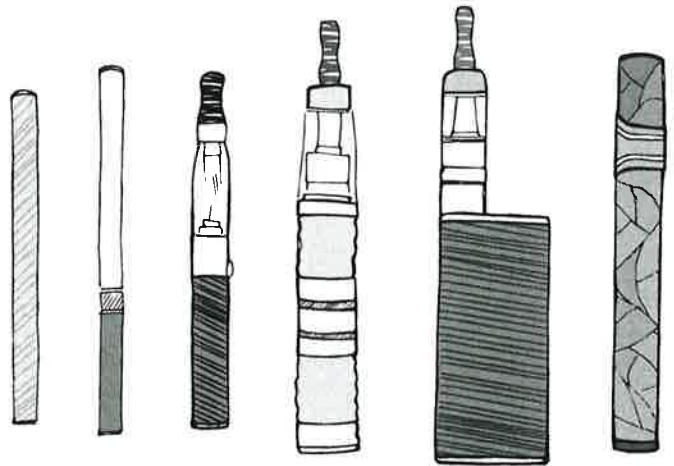
- Get credible information about e-cigarettes and young people at E-cigarettes.SurgeonGeneral.gov.

Be patient and ready to listen.

- Avoid criticism and encourage an open dialogue.
- Remember, your goal is to have a conversation, not to deliver a lecture.
- It's OK for your conversation to take place over time, in bits and pieces.

Set a positive example by being tobacco-free.

- If you use tobacco, it's never too late to quit. For free help, visit smokefree.gov or call **1-800-QUIT-NOW**.



- I don't say this to scare you, but I want you to have the facts because nothing is more important to me than your health and safety.

Aren't e-cigarettes safer than conventional cigarettes?

- Because your brain is still developing, scientific studies show that it isn't safe for you to use any tobacco product that contains nicotine, including e-cigarettes.
- Whether you get nicotine from an e-cigarette or a cigarette, it's still risky.
- Some e-cigarette batteries have even exploded and hurt people.

I thought e-cigarettes didn't have nicotine – just water and flavoring?

- I used to think that too. But many e-cigarettes have nicotine. There are also other chemicals in them that can be harmful.
- Let's look at the Surgeon General's website on e-cigarettes (E-cigarettes.SurgeonGeneral.gov) together so you can see for yourself.

I (or my friends) have tried e-cigarettes and it was no big deal.

- I appreciate your honesty. In the future, I hope you (or your friends) will stay away from e-cigarettes and other tobacco products, including cigarettes. Science shows that e-cigarettes contain ingredients that are addictive and could harm different parts of your body.
- Next time we go to the doctor, let's ask about the risks of nicotine, e-cigarettes, and other tobacco products.

You used tobacco, so why shouldn't I?

- If I could live my life over again, I never would have started smoking. I learned that people who smoke cigarettes are much more likely to develop, and die from, certain diseases than people who don't smoke. This was really scary, so I quit smoking.
- Quitting was really hard, and I don't want you to go through that. The best thing is to not start at all.



Big Tobacco targets **kids.**

*The more they're exposed,
the more likely they are to smoke.*



It's a fact: Research shows that kids who shop at stores with tobacco two or more times a week are **64% more likely to start smoking than their peers who don't.***

Make smoking history.

*Source: Henriksen, Schleicher, Feighery and Fortmann. Pediatrics: The Official Journal of the American Academy of Pediatrics, July 19, 2010, DOI: 10.1542/peds.2009.3021

Big Tobacco is at it Again

The tobacco industry is always trying to grow profits, and it's at the expense of our nation's youth. They're targeting kids with sweet, cheap, and easy to get tobacco products using popular fruit and candy-like flavors. Flavored tobacco products are typically priced below five dollars and widely available at retailers frequented by youth.

Little Cigars, Cigarillos, and Tip Cigars

These types of tobacco products feature candy-like flavors and come in varying sizes and shapes. Tobacco companies price them at levels that are attractive to youth, often selling them for less than one dollar each.



E-Cigarettes

E-cigarettes (also known as e-cigs, e-hookahs, or vape pens) are battery-powered vaporizers that simulate the action and sensation of smoking. The products don't use tobacco, but most contain and deliver nicotine. The user inhales aerosol, commonly called vaping. E-cigarettes come in many different sizes, varieties, flavors, and colors and are usually cheaper than cigarettes.



E-Liquids

E-liquid, e-fluid, or e-juice is the mixture used in vapor products such as e-cigarettes. Available in many variations, e-liquids feature a range of nicotine strengths and flavors. In addition to nicotine and flavorings, they usually contain chemicals like propylene glycol and glycerin.³



Blunts and Blunt Wraps

While blunts and blunt wraps are typically associated with marijuana use, they are made of tobacco, come in many fruit and candy flavors, and can cost as low as 59 cents. Smoking these products can lead to nicotine addiction among youth.



Chewing and Dipping Tobacco

Dipping tobacco (dip) consists of shredded tobacco leaves that users place between their lower lip and gum. It is not chewed. Chewing tobacco (chew) is made up of tobacco leaves that users place between their cheeks and gum and "chew." Excess liquid is spit out.



*Mystery at the town hall
auditorium*



Ages 12-15

Saturday March 22nd 6-8:30pm

RSVP by March 1st

recreation@webster-ma.gov