



MASD  
Continuum of  
Services:  
Mindsets & Behaviors

## What are Mindsets & Behaviors?



The Oregon Department of Education, along with the American School Counselors Association have developed “[Mindsets & Behaviors for Student Success: K-12 Career and College Readiness Standards for Every Student](#)”

- Mindset Standards
  - A set of 6 mindsets that are encouraged for all students
- Behavior Standards
  - Students will demonstrate these standards through classroom lessons, activities and/or individual/small groups. They are broken down into the following 3 categories:
    - Learning Strategies
    - Self-Management Skills
    - Social Skills



# Continuum of SEL Services in Mt. Angel SD

General Education  
Mindsets & Behaviors



Informal check-ins  
with students on an  
as needed basis



Individual Scheduled  
Instruction by a  
Specialist



Whole Classroom  
Instruction in collaboration  
with a specialist



Scheduled Small  
Group Instruction by  
a Specialist



Referral to Outside  
Agency




# General supports for Mindsets & Behaviors

## Programs in Place:

- Character Strong & Purposeful People
- PAX Good Behavior Game
- AVID

Does not require parental consent



## Whole Classroom Instruction in collaboration with a specialist

Specialist may support classes with...

- Emotional awareness
- Bullying prevention
- Positive coping strategies
- Mindfulness
- Friendship/community building

Does not require parental consent



## Informal Check-ins on a as needed basis



Specialists may check in with students periodically at request of student, staff, or parent

- Student is experiencing short term challenge for example:
  - Changes in social group
  - Changes at home
  - New expectations/ changes to routine
- Student is dysregulated, feeling anxious, or feeling overwhelmed

Does **not** require parental consent



# Scheduled Small group instruction



Specialist may work with small groups on

- Includes trillium prevention services
- Group may work on the following:
  - Self-Awareness
  - Self-Management
  - Responsible Decision-Making
  - Relationship Skills
  - Social Awareness

Does require parental consent

**MT-ANGEL**  
School District #1

730 E. Mangum Street | Office: 303-845-2245  
802 Blue Drive | Fax: 303-845-2999  
Mt. Angel, OR 97132 | [www.msaedist.org](http://www.msaedist.org)

Dear Parent/Guardian,

Your student has been invited to participate in a small group with a few of their peers and one or more of our social emotional specialists. The group will work together on classroom skills and well rounded development. The group will meet for approximately 30 minutes every other week for six to eight weeks. The group will work on some of the following skills:

1. Self-Awareness
2. Self-Management
3. Responsible Decision-Making
4. Relationship Skills
5. Social Awareness

I invite you to ask your student about their time in small group and allow them to share what we do with you. If you have any questions, please call our school psychologist, Emily Usber, at (503-845-2547 ext. 3034). Our team is looking forward to working with your student this year.

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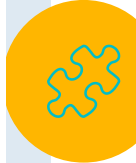
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Please indicate if you consent to your student participating in this small group:

Granted  
 Denied

\_\_\_\_\_  
Student's Name

\_\_\_\_\_  
Parent/Guardian Signature



## Individual scheduled support

Individual students may meet regularly with specialists on specific behavioral or mindset concerns

- These concerns will be individualized to each student and will be discussed in a team meeting (that includes parent) prior to initiating individual support.

**Does** require parent consent



## Referral to outside agency



Students who would benefit from more intensive mental health specific needs may be referred to outside support, such as Trillium services

- Connect students/families with therapists that your insurance will accept
- In many instances, the on-site Trillium Mental Health Specialist can provide services after going through the referral process

### **Does require parental consent**

For more information about Trillium Family Services, please contact our Mental Health Specialist Ashley Butler at either:

- [masd.mentalhealth@masd91.org](mailto:masd.mentalhealth@masd91.org)
- 541-360-8475



# Questions?

If you have any questions please contact:

> **Erica Gordon**, Special Services Director: 503-845-2345  
erica.gordon@masd91.org

> **Emily Usher**, School Psychologist: 503-845-2547  
emily.usher@wesd.org