



## When to stay home

In an effort to maintain a healthy environment for students and staff, reference the following list of symptoms that will help determine whether your child needs to be kept home:

- Fever, 100.4 F or above, currently or within previous 24 hours
- Diarrhea or vomiting, currently or within previous 24 hours
- Persistent sore throat with fever or enlarged tonsils/glands
- Undetermined rash
- Red, itchy eyes with drainage

### **When to return to school**

Do not send your child back to school until they have been symptom-free without fever reducing medications for at least 24 hours (a full school day).

All students taking an antibiotic for a contagious condition must have been on the medication for a full 24 hours before returning to school (e.g. strep throat, pink eye, etc.). Also, inform the school nurse of any contagious diagnosis for health maintenance of the classroom.

### **Others in the household who are sick**

Do not come into the school to drop off or pick up your child if you are ill.

Furthermore, do not bring ill siblings into the school.

Children learn their best when they are well rested, feel well, and have eaten a healthy meal.

### **Other reasons a nurse may send students home**

Children who have a fever, symptoms of vomiting or diarrhea, acute viral symptoms or severe persistent cough will be sent home to rest and receive care by their families.

Adhering to these guidelines will help keep our students and staff members healthy throughout the school year!

Contact the Health Office with questions about your student's health.