

Food or other life threatening allergies, such as an insect sting, are serious medical conditions. Although, most allergies cause relatively mild and minor symptoms, some allergies can cause severe reactions called anaphylaxis. *Anaphylaxis* is a severe allergic reaction that can have a rapid onset and may be life threatening.

The best treatment starts with complete information. We ask that parents/guardians notify the Health Office of all existing life threatening allergies.

If your child has a life threatening Allergy;

- Every year, an Allergy Action Plan (AAP) must be provided to the school Health Office.
- If your child has food allergies or dietary restrictions you should also contact the Food Service Director, Karen Russo
krusso@orangesouthwest.org
- Bring any required medication to the school nurse.