

PHYSICAL EDUCATION

Code **IHAE** Issued **3/13**

Purpose: To establish the board's vision for physical education.

The school district is committed to a sound, comprehensive health education program that is an integral part of each student's general education. One component of health education is physical education.

Physical education is a curriculum requirement in grades kindergarten through six and an elective for grades seven and eight.

One unit of high school physical education is required for high school graduation. The district will offer the required unit of physical education over two semesters. One semester will be a personal fitness and wellness component. The other will be a lifetime fitness component.

Exemptions

The board may grant a waiver to a student exempting him/her from physical education requirements based on one of the following criteria.

- The student presents a physician's statement indicating that participation in physical education will jeopardize the student's health and well-being.
- The parent or student must be members of a recognized religious faith that objects to physical education as part of its official doctrine or creed. Further, the parent and student must show that attending these classes would violate their religious beliefs and not be merely a matter of personal objection.

Adopted 6/1/98; Issued 3/4/13

Legal references:

- A. S.C. Code of Laws, 1976, as amended:
 1. Section 59-29-100 – Supervision of administration of physical education program.