Woodruff High School Comprehensive Health Education Materials

Adopted Textbook	Approved Supplemental Materials/Programs/Videos
9	Safer Choices by Advocates for Youth
	http://www.advocatesforyouth.org/publications/1128-ss
	Birth Control: Myths and Methods (26 minute DVD by Discovery Store Education)
	STDs: Lifetime Consequences (20 minute DVD by New Dimension Media)
	Sex Facts: Teens and STDs (28 minute DVD by Guidance Systems)
	Human Relations Media's Total Health: Becoming Physically Fit Series (3-25 minute videos on Muscle Strength and Endurance, Cardiovascular Fitness, Composition and Flexibility)
	Human Relation's Media's Essential Physical Fitness: What Every Teen Needs to Know (18 minute video)
	Human Relation's Media's Lifestyle Diseases and How to Avoid Them (18 minute video)
	Human Relation's Media's Ten Reasons to Get and Stay in Shape (24 minute video)
	Human Relation's Media's Athletes and Alcohol (23 minute video)
	Human Relation's Media's Ten Things You Didn't Know about Smoking and Tobacco (17 minute video)
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Comprehensive Health Education Act
Instructional Resources for Erin's Law

Updated: November 14, 2019