

# Fleming County Schools

## Seizure Action Plan for School



Student Name \_\_\_\_\_ DOB \_\_\_\_\_

School \_\_\_\_\_ Teacher \_\_\_\_\_

Physician \_\_\_\_\_ Phone \_\_\_\_\_

Type of seizure and how long does it usually last? \_\_\_\_\_

Possible triggers that should be avoided \_\_\_\_\_

Is the student permitted to participate in physical education and other activities  Yes  No (explain) \_\_\_\_\_

Medication needed at school (name, dose, route, frequency) \_\_\_\_\_

Are medications given to control the seizures?

Medications

Amount taken

How often

_____	_____	_____
_____	_____	_____
_____	_____	_____

If you see a student having a seizure:

### DO THIS:

- Ease student to the floor, turn to the side
- Note time the seizure began and the duration of the seizure
- Call for nurse
- Clear area of any objects that could injure child
- Place flat, soft padding under child's head, if possible
- Direct other students away from area
- Do not restrain child in anyway
- Do not attempt to reach into the child's mouth or place anything in child's mouth
- During a grand mal seizure expect to see pale/blue discoloration of the skin or lips. Expect to hear noisy breathing.
- Nurse or unlicensed healthcare provider will administer Diastat as ordered

### AFTER SEIZURE

- Reorient and assure student.
  - Assist change into clean clothing if necessary
  - Allow student to sleep, as desired, after seizure
  - Allow student to eat, as desire, once fully alert and oriented
- A student recovering from a generalized seizure may manifest abnormal behavior such as incoherent speech, extreme restlessness, and confusion. The may last from five minutes to hours.

- Inform parent immediately of seizure via telephone conversation fit:
  - Seizure is different from usual type or frequency or has not occurred at school in the past month
  - Seizure meets criteria for 911 emergency call.
  - Student has not returned to "normal self" after 30-60 minutes

Treatment:

Diastat: \_\_\_\_\_ mg rectally prn for: seizure > \_\_\_\_\_ minutes OR for \_\_\_\_\_ or more seizures in \_\_\_\_\_ hours

Call 911 if seizure does not stop by itself or within \_\_\_\_\_ minutes

Seizure does not stop within \_\_\_\_\_ minutes of giving DIASTAT

Child does not start waking up within \_\_\_\_\_ minutes after a seizure is over (no DIASTAT given)

Child does not start waking up within \_\_\_\_\_ minutes after a seizure is over (after DIASTAT given)

Following a seizure:

- ✳ Student should rest in the nurse's office
- ✳ Student may return to class
- ✳ Parent/Guardian should be notified immediately
- ✳ Parent/Guardian should receive a note of the seizure home with the student

Physician (healthcare provider) signature \_\_\_\_\_

Parent/guardian \_\_\_\_\_

Date \_\_\_\_\_