

Viking Track and Field Athlete Checklist

- RegisterMyAthlete** (all athletes need to register on www.registermyathlete.com).
- Eligibility Form & Participation Fee** District participation fee is \$95. Eligibility form filled out in Front Office, when you pay your participation fee in the main office, bring Coach Lloyd your receipt and form.
- Physical** physicals only need to be done once per school year, if you have one on file with a previously participated program, let Coach Lloyd know which program. If not yet completed, please schedule one and bring appropriate forms to Coach Lloyd, office in counseling center.
- Drug Testing Consent Form** filled out and returned to Coach Lloyd prior to being able to complete.
- Parent Travel Release Form** signed by both athlete and parent.
- Medical Release Form and Code of Conduct Agreement** signed by both athlete and parent.
- Team Gear** Link will be provided to order, can be purchased online when ordering.
- Uniform** one-time purchase, pay \$75 in the main office and bring Coach Lloyd your receipt. Trade-ins are not allowed, please don't ask.
- Parent Participation** due to the nature of track and field, parents' participation is needed to help run track meets, please communicate with Sarah Egnew for more information.
- 9th Graders** participating at the high school, please let Coach Lloyd know, additional paperwork is required.

All paperwork and Fees must be turned in and paid prior to our first "official" practice on Monday, February 27th or you will not be eligible to participate. It is a liability for the school and track team, thank you for your understanding!

Coach Lloyd can be found in the counseling center at Viewmont, email is nilloyd@dsdmail.net