



Excellence  
Character  
Community



**LOURDES HIGH SCHOOL**  
A Rochester Catholic School

2023 - 2024 Course Catalog

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# WELCOME TO LOURDES HIGH SCHOOL

## REGISTRATION INFORMATION

All full-time students at Lourdes must take seven courses each semester. The only exception are students enrolled in two or more AP or PACC courses, who may be approved to take six courses each semester. Students will use a Google form to request an exception to the course minimum from Ms. Spring.

Each year certain courses are required. Electives may be selected from a variety of choices. A credit is earned for each full-year course and a half credit is earned for each semester course. Over the four years of high school, a student must earn 26 credits in the following areas:

Religion	4	Credits
English	4	Credits
Social Studies	3 1/2	Credits
Mathematics	3	Credits
Science	3	Credits
Physical Education	1	Credit
Health	1/2	Credit
Fine Arts	1	Credit
Language	2	Credits *
Elective Courses	4	Credits
<b>TOTAL CREDITS</b>	<b>26</b>	<b>Credits</b>

Although 26 credits in four years is the minimum, most students earn more. \* Language credit earned in 8th grade will count in this minimum, provided the student continues in the same language.

## SCHEDULING CHANGES

Students are advised to choose their courses wisely during the registration process as the master schedule and instructional personnel are set to accommodate the students' requests. If a student or parent requests a schedule change, it will be governed by the following:

- Students wishing to drop a class must do so by the end of the school day on the first Friday of the semester. The request must be entered on the Course Change Request Google Form. The form will be shared on Mrs. Groven's, Mrs. Reim's, and Mrs. Ness's Google Classroom pages.
  - Parent permission is required to drop any honors course, AP/PACC course, or 4th year science or math course. This permission can be in written or email form.
  - Year-long courses cannot be dropped at the start of the second semester.
- Schedule changes will be permitted if they meet the following criteria:
  - The student does not meet the prerequisite of his/her current course.
  - There is a conflict in the student's schedule.
  - A student has been placed in a course he/she has already taken.
  - The student does not have enough courses to be considered "full time."
  - A teacher or administrator recommends the student be placed in an additional course.
- If a student chooses to drop a course, he/she must have seven other courses in his/her schedule.
- To make a schedule change, the student will need to submit the request on the Google form. Submitting a request does not guarantee the schedule change.
- Student schedule requests for the following reasons will not be permitted.
  - Request for specific teacher.
  - Request for having a class at a specific time.
  - Requesting to go into a class that is already at capacity.
- The school reserves the right to drop a course due to insufficient enrollment or personnel changes. The courses dropped will be substituted with an alternate choice previously indicated on the registration sheet. If an available alternate course is not listed, a course will be selected on the student's behalf.

During the registration process, students are encouraged to make an appointment with their counselor in regard to their academic and course planning needs.

Sarah Groven ([sgroven@rcsmn.org](mailto:sgroven@rcsmn.org)), Director of Counseling, Grade 12, Grade 9

Melissa Reim ([mreim@rcsmn.org](mailto:mreim@rcsmn.org)), International Student Coordinator, Test Coordinator, Grade 11

Jane Ness ([jness@rcsmn.org](mailto:jness@rcsmn.org)) - Learning Plan Coordinator, Grade 10

## COURSE CRITERIA

### Criteria for Regular Courses

- Level of difficulty at grade level
- Emphasis on daily homework for determining grade

### Criteria for Honors/Accelerated Courses

- Level of difficulty at or above grade level
- More content covered
- Instruction at a faster pace
- Greater emphasis on testing for determining grades

### Advanced Placement

- Student must meet and/or exceed class entrance criteria
- Students in an AP course are required to take the AP Exam

### Program for Advanced College Credit (PACC)

- Student must meet and/or exceed class entrance criteria
- Student must pay the \$75 per college credit fee

## NCAA ACADEMIC REGULATIONS FOR STUDENT ATHLETES



All prospective Division I or II college-bound student athletes must be registered with and be certified as eligible by the NCAA Initial-Eligibility Clearinghouse to practice, compete or receive athletics (scholarship) aid in their first year as a NCAA Division I or II college or university. It is the student's responsibility to make sure the Clearinghouse has the documents it needs to certify them. Courses at Lourdes High School that meet NCAA eligibility requirements have the NCAA name under the course title throughout the registration guide.

Any student planning to attend a four-year college and participate in athletics, please meet with your counselor or contact NCAA at 1-877-262-1492 or [www.ncaaclearinghouse.net](http://www.ncaaclearinghouse.net) regarding NCAA requirements.

It is the responsibility of the student-athlete and the family to understand eligibility. Upon graduation, student-athletes must have a total of 16 core classes.

### Division I:

- Must complete 16 core classes (10 must be completed before senior year)
- Earn a core-course GPA of at least 2.300
- Earn the ACT/SAT score matching your core-course GPA

### Division II:

- Must complete 16 core classes
- Earn a core-course GPA of at least 2.200
- Earn the ACT/SAT score matching your core-course GPA



Course	<i>Division I</i>	<i>Division II</i>
English	4 years	3 years
Math (Algebra 1 or higher)	3 years	2 years
Natural/Physical Science (one must be a lab)	2 years	2 years
Social Studies (Social Science)	2 years	2 years
Additional English, Math, or Natural/Physical Science	1 year	3 years
Additional courses (from any area above, foreign language)	4 years	4 years
<b>Total Units Required</b>	<b>16</b>	<b>16</b>

## GENERAL COLLEGE REQUIREMENTS

Students and parents should review the course catalog to explore course electives and determine which courses meet potential career or educational goals. The minimum requirements for college admissions are listed below.

**English**                      **4 Credits**

**Social Studies**              **3½ Credits**

World History

1 Credit

US History

1 Credit

Geography

½ Credit

Economics

½ Credit

Government

½ Credit

**Health**

½ - 1 Credit

**Language**

**2 years (credits)**  
Same language

**Mathematics**

**3 Credits**

Algebra I

1 Credit

Algebra II

1 Credit

Geometry

1 Credit

*\*Selective colleges are requiring four years (credits) of math*

**Science**

**3 credits**

Biology

1 Credit

Chemistry

1 Credit

Additional Science

1 Credit

**Fine Arts**

**1 Credit**

*\*Selective colleges are requiring three to four years of the same language*

## **University of Minnesota**

### **(Minimum high school course requirements)**

- English - 4 years
- Mathematics - 4 years
  - \* Elementary algebra, geometry, intermediate algebra, fourth-year math classes include calculus (preferred), pre-calculus, analysis, integrated math 4
- Science - 3 years, including one year each of biological and physical science, and including a laboratory experience.
  - \* *College of Biological Sciences and College of Science and Engineering require biological science, chemistry, and physics*
- Social Studies - 3 years
- Single second language - 2 years
- Visual and/or performing arts - 1 year

## **College of St. Benedict/St. John's University**

### **(Minimum high school course requirements)**

- English - 4 years
- Math - 3 years, through advanced Algebra II
- Science - 2 years of laboratory science beyond 9th grade
- Social Sciences - 2 years
- 6 other college preparatory electives
- Foreign language recommended

## **Minnesota State Colleges and Universities**

Minnesota State University, Mankato, Winona State University, Southwest Minnesota State University, Minnesota State University, Moorhead, St. Cloud State University, Bemidji State University, Metropolitan State University (Minneapolis & St. Paul) *(Typical requirements for four-year universities; each university may differ slightly )*

- English - 4 years
- Math - 3 years, including two years of algebra and one year of geometry
- Science - 3 years, including one year each of a biological and a physical science, all with significant laboratory experience
- Social Studies - 3 years, including one year or its equivalent of geography and U.S History
- World Language - 2 years, including non- English native languages and American Sign Language
- Fine Arts - 1 year

## **University of Wisconsin System**

### **(Typical minimum requirements - Total 17 units)**

- English - 4 units/years
- Social Science - 3 units/years
- Mathematics - 3-4 units/years (including Algebra 1, Algebra 2 and Geometry)
- Natural Science - 3 units/years (including 2 with laboratory)
- Foreign Language - not required by most, however, UW - Madison requires 3 - 4 units/years
- *The remaining four units will be from the above areas, foreign language, fine arts, computer science, and other academic areas*

*Click link above to view the requirements for each UW System campus.*

## **University of Wisconsin, Madison**

### **(# of years most admitted students have)**

- English—4 years
- Math—4 years (Note: statistics, business math and computer classes do not count toward this requirement)
- Social Studies —3-4 years
- Science— 3-4 years
- Single Foreign Language—3-4 years
- Additional Academic/Fine Arts—2 years

## **Saint Mary's University**

***A student applying for first-year admissions at Saint Mary's is expected to have completed a well-rounded high school college prep curriculum that includes the following:***

- 4 units of English with an emphasis on composition and literature
- 3 units of mathematics through at least algebra II
- 2 units of social studies
- 3 units of science (including at least 2 lab courses)
- 4 units of academic electives (religion, philosophy, or additional units of mathematics, science, foreign language)

## **University of Notre Dame**

**(Minimum and Preferred High School Requirements)**

**College of Arts and Letters or the Mendoza College of Business**

- English - 4 units/years
- Mathematics - 3 units/years (minimum) - including Algebra I, Algebra II, and Geometry; \*4 units/years (preferred)
- Foreign Language - 2 units/years (minimum); 3 - 4 units/years (preferred)
- Science - 2 units/years (minimum); 4 units/years (preferred)
- History/Social Science - 2 units/years (minimum); 3 - 4 units/years (preferred)
- Additional History/Social Science, Science, Foreign Language, Mathematics and English courses - 3 units

**College of Science, the College of Engineering, the School of Architecture, the Arts and Letters Pre-Health program, and Neuroscience and Behavior**

- Mathematics - 4 units/years - must include advanced math such as Pre-calculus, or Calculus

**Students with an intended major within the College of Science or the College of Engineering must take a unit of Chemistry.**

**Additionally the following majors require a unit of Physics:**

- Applied and Computational Mathematics and Statistics
- Chemistry
- Biochemistry
- Chemistry with Business
- Chemistry with Computing
- Mathematics (within the Colleges of Science and Arts & Letters)
- Physics
- Physics-in-Medicine
- All Engineering majors

**It is also strongly recommended that students with the following intended majors take a unit of Physics:**

- Architecture
- Biological Sciences
- Environmental Sciences
- Neuroscience and Behavior (within the Colleges of Science and Arts & Letters)
- Science Preprofessional Studies
- Arts and Letters Pre-Health
- Science- Business
- Science- Computing
- Science- Education
- Statistics

## Minnesota State Community and Technical Colleges

All two -year community and technical colleges in the state of Minnesota have an open admissions policy. Students are able to enroll if they have a high school diploma, however, some programs may have special admissions requirements. Standardized testing is not needed for admission, as students will take a placement test once they are admitted. Community colleges offer a variety of one and two year vocational programs that prepare students for full-time employment, in addition to providing the first two years of a traditional four-year college program.

## Military Service

There are many opportunities within the five branches of the U.S. Military (Army, Air Force, Navy, Marine Corps, and Coast Guard). Students interested in enlisting must have a high school diploma. The U.S. Military requires that all applicants take the Armed Services Vocational Aptitude Battery (ASVAB) test.

# LOURDES REQUIRED COURSES

## REQUIRED FRESHMAN COURSES (Class of 2027)

Religion	1	Credit
English	1	Credit
World History	1	Credit
Biology	1	Credit
Mathematics	1	Credit
Physical Education	1	Credit
Language	1	Credit
Electives	1	Credit

## REQUIRED SOPHOMORE COURSES (Class of 2026)

Religion	1	Credit
English	1	Credit
Human Geography	1/2	Credit
Chemistry	1	Credit
Mathematics	1	Credit
Health	1/2	Credit
Language	1	Credit
Electives	1	Credit

## REQUIRED JUNIOR COURSES (Class of 2025)

Religion	1	Credit
English	1	Credit
United States History	1	Credit
Science*	1	Credit
Mathematics	1	Credit
Electives	2-3	Credits

\*A third credit in science must be taken in 11th or 12th grade.

## REQUIRED SENIOR COURSES (Class of 2024)

Religion	1	Credit
English	1	Credit
Government	1/2	Credit
Economics	1/2	Credit
Science*	1	Credit
Electives	3-4	Credits

\*A third credit in science must be taken in 11th or 12th grade.

## GRADING

Lourdes uses a letter grading system with a 4.0 standard numerical equivalency as shown below. Using this scale, a GPA is calculated each term by adding the numerical equivalency of all grades and dividing by the number of courses involved. A multiplier system (1.1 multiplier) is used for Advanced Placement and Honors courses. The multiplier effect is indicated on the table below.

	GPA	MULTIPLIER 1.1
A	4.0	4.4
A-	3.7	4.1
B+	3.3	3.6
B	3.0	3.3
B-	2.7	3.0

	GPA	MULTIPLIER 1.1
C+	2.3	2.5
C	2.0	2.2
C-	1.7	1.9
D+	1.3	1.4
D	1.0	1.1
D-	0.7	0.8

Formal academic progress reports are made on a quarterly basis.



# 2022–2023 COURSE LISTING

## FINE ARTS – VISUAL

### **Foundations of Art/Art 2D & Art 3D (1011)**

Gr. 9, 10, 11, 12

All Year 1 Credit

This is an introductory studio art course in which areas such as drawing, painting, graphic design, mosaics, printmaking, ceramics and sculpture will be studied as well as other two and three-dimensional art methods and techniques. The elements of art and principles of design will be studied and applied. Students will have the opportunity to conceptualize, design, create, and critique works of art using a variety of two and three-dimensional methods. This class will prepare students for advanced level 2D and 3D classes including Drawing and Painting I, Ceramics I, and Sculpture.

### **Sculpture (1330)**

Gr. 10, 11, 12

1<sup>st</sup> or 2<sup>nd</sup> Semester 5 Credit

This is an advanced level studio course in which materials such as clay, plaster, paper mâché, wire, paper sculpture, and mixed media will be used to create sculptural art forms. Students will conceptualize, design, create, and critique works of art using a variety of techniques. This course provides students a more in-depth study and use of traditional and contemporary sculpture materials and processes.

### **Drawing and Painting I (1240)**

Gr. 10, 11, 12

1<sup>st</sup> or 2<sup>nd</sup> Semester .5 Credit

Basic concepts of two-dimensional design are applied to still life, the human figure, and landscape subjects as students work with drawing and painting media subjects simultaneously. Students gain an understanding of what has been significant about artwork throughout history. Students gain practice discussing the work of past and present artists as well as their own work.

### **Drawing and Painting II (1250)**

Gr. 10, 11, 12

1<sup>st</sup> or 2<sup>nd</sup> Semester .5 Credit

This course is an intermediate studio course with an emphasis on developing the students' self-expression on various subjects through drawings and paintings. Students study works by past artists and learn to analyze them according to the elements and principles of art. This knowledge is then applied to the students' own work, helping them make and support their own personal decisions about works of art. **Prerequisite: Drawing and Painting I**

### **Drawing and Painting III (1260)**

Gr. 11, 12

1<sup>st</sup> or 2<sup>nd</sup> Semester .5 Credit

This course is an advanced studio course with a continuation of developing technical skills through drawing and painting. Students will apply the elements and principles of art to their artwork. Students will study art history, art production, art criticism, and aesthetics as it applies to their own art work as well as to other artists.

**Prerequisite: Drawing and Painting I, II**

### **Ceramics I (1340)**

Gr. 11, 12

1<sup>st</sup> or 2<sup>nd</sup> Semester .5 Credit

This is an introductory class where students create both functional and non-functional pottery. Students will utilize hand building and wheel throwing methods of pottery making. The use of clay for self-expression is one of the oldest methods known to man. Students will explore these methods and adapt them to their personal statements.

### **Ceramics II (1350)**

Gr. 11, 12

1<sup>st</sup> or 2<sup>nd</sup> Semester .5 Credit

This is an intermediate class where students will be working with both wheel-throwing and hand-building techniques. Using low-fire clay and glazes, students will challenge their skill level to create functional wares such as plates, tea-pots, containers, and bottles. **Prerequisite: Ceramics I**

**Photography and Digital Design (1310)**

Gr. 10, 11, 12

1<sup>st</sup> or 2<sup>nd</sup> Semester

.5 Credit

Students will be introduced to the history of photography, as well as the processes, both past and present, used to create a photograph. Instruction on composition, lighting and balance will be used to guide students as they create photographs of their own. The design portion of this course will focus on page layout and design, along with digital photo manipulation and digital illustration. Students will use their cell phone cameras in this course.

**AP Studio Art/Art IV (1481)**

Gr. 11, 12

All Year

1 Credit

This is a year-long course that prepares students who are seriously considering a career in visual art with the practical experience of building a portfolio. Students will begin working on their projects in the summer and will compile their portfolios throughout the school year. AP Studio Art is not based on a written exam. Students submit portfolios for evaluation at the end of the school year. This corresponds with most college art foundation courses. Students will work closely with the instructor in developing their portfolios which are tailored to each individual. Students can receive AP credit for submitting portfolios in AP 2-D Art and Design, AP 3-D Art and Design, and AP Drawing.

**Prerequisite:** Completion of Drawing & Painting I-III and teacher recommendation. A student's participation in this course must be approved by the instructor.

## FINE ARTS - PERFORMING

**Acting and Stagecraft I (2530)**

Gr. 10, 11, 12

1<sup>st</sup> Semester

.5 Credit

This course combines the practice of acting with practical elements of stagecraft (lighting and design). The goal is to develop students' awareness of their own artistic sense in theatre, and to awaken their artistic vision. The fundamental tools of acting and the basic elements of production are shaped into reliable skills and brought to life in specific performance opportunities.

**Acting and Stagecraft II (2540)**

Gr. 10, 11, 12

2<sup>nd</sup> Semester

.5 Credit

This follow-up continues to refine the actor's craft and introduces the elements of directing and managing a production. Students will develop an understanding of "page to stage" process in a collaborative setting. This is where the tools and skills acquired during 1st semester are called upon to craft a production of integrity. **Prerequisite:** Acting and Stagecraft I

**Band (4011)**

Gr. 9, 10, 11, 12

All Year

1 Credit

The Lourdes High School Band program promotes learning and excellence through instrumental musicianship. Students of all instrumental and musical ability are welcome. They also receive individualized, guided lessons from instructors. If you would like to grow as a musician, gain leadership skills, and perform in concerts, and at sporting events, this course is for you!

**Concert Choir (4031)**

Gr. 9, 10, 11, 12

All Year

1 Credit

The Lourdes High School Concert Choir is a year long, co-curricular course that performs high caliber music crossing many genres and eras. Students of all ability levels in grades 9-12 are welcome to join. The course provides instruction in reading music notation, healthy vocal technique, phonation, and differences in choral singing styles, among other topics. Students will perform four evening concerts coordinating with the end of each academic quarter. Additional evening requirements may also be included but are minimal. Students will compete at MSHSL Large Group Contest in the early spring, and are encouraged to participate in the MSHSL Solo/Ensemble Contest in the late spring.

**Jazz Lab (4100)**

Gr. 11, 12

1<sup>st</sup> or 2<sup>nd</sup> Semester

.5 Credit

Jazz Lab is a course designed to improve and develop jazz musicians through jazz music theory, jazz history, improvisatory techniques, and community performance. This course is designed as a low-stress environment where students can learn immediate, real-world techniques that popular jazz musicians use to better their craft. Students will learn about

chord symbols, jazz scales, improvisation tricks, and the process of finding/booking performances. This course is catered to fit your needs as a performer and a musician. This course is offered bi-annually. It will be offered in the 2023-2024 school year.

### **AP Music Theory (4131)**

Gr. 11, 12

All Year

1 Credit

The AP Music Theory course mirrors a typical introductory college music theory course and is designed to prepare students for advanced study in music. Students will develop their musicianship, theory, and aural skills through dictation, sight-singing, keyboard harmony, and other methods. Students learn basic concepts and terminology by listening to and creating music. This course emphasizes notational skills, speed, and fluency with basic musical materials. **AP Music Theory is open to Band or Choir students in their junior or senior year with teacher approval.**

### **Senior Arts Practicum (2650)**

Gr. 12

1<sup>st</sup> or 2<sup>nd</sup> Semester

.5 Credit

Throughout the semester, students enrolled in Senior Arts Practicum will work with the faculty of the Fine Arts Department to create and perform/present a project which crosses the visual and performing arts. This is an advanced course that asks students to call upon knowledge from Fine Arts classes taken previously, as well as experiences from extra-curriculars in the Arts. The course will serve as an independent study which will be overseen by the Fine Arts Chair. Students are expected to complete and document at least 60 hours to receive credit for the course. Hours can include, but are not limited to, working with the instructor(s), creating, planning and performing/presenting your project. **Prerequisite- Students must have completed all required fine arts credits as well as participated in at least three Arts extracurriculars between their freshman and junior years.**

## **Audition Groups**

Other important components of the music program include audition groups. These activities are listed below.

### **Center Street Singers**

Gr. 9, 10, 11, 12

All Year

The Center Street Singers is an extra-curricular vocal ensemble at Lourdes High School. They perform at concerts, contests, festivals, and other public events throughout the year. Members are selected in the fall by audition only. The group rehearses 2-3 hours per week outside of normal school hours. **Individuals must be enrolled in Band or Choir.**

### **Hi-Lighters**

Gr. 9, 10, 11, 12

All Year

The Hi-Lighters Jazz Band is a historic extra-curricular group at Lourdes High School. The group rehearses and performs jazz standards and new compositions in multiple genres and styles. The ensemble rehearses 2-3 hours a week and performs regularly at music contests, festivals, concerts, and other community events. Members are selected by audition only. **Individuals must be enrolled in Band or Choir.**

### **Winter Drumline**

Gr. 9, 10, 11, 12

All Year

The Winter Drumline is a percussion ensemble that performs dynamic percussive literature at public events and competitions. Members are selected in November by audition only. Rehearsals are 4-6 hours per week. **Individuals must be enrolled in Band or Choir, or in conference with the Director.**

### **Marching Band**

Gr. 9, 10, 11, 12

June-October

The Lourdes High School music program supports a highly regarded Marching Band which participates in competitive performance events and festivals, represents the schools in parades and public functions, and performs at halftime throughout the football season.

# **BUSINESS**

## **Computer Applications (1560)**

Gr. 10, 11, 12

1<sup>st</sup> or 2<sup>nd</sup> Semester

.5 Credit

Students in this course will improve their knowledge of several software applications used to complete academic assignments as well as in a professional setting. Graphics, word processing, spreadsheets, and presentation software will be explored. Students will use both the Microsoft Office and Google Suites as well as other relevant technology.

## **Career Planning (1573)**

Gr. 10, 11, 12

1<sup>st</sup> or 2<sup>nd</sup> Semester

.5 Credit

This course will aid students toward career exploration and college planning. Students will have the opportunity to explore their interests, skills, and goals as they relate to both career choice and post-secondary education. Students will learn more about themselves through a variety of assessments, which can help narrow down their area of career interest. Areas of focus include creation of a personal resume, development of interview skills, preparation for first job and post-secondary education.

## **Business Foundations (1581)**

Gr. 10, 11, 12

1<sup>st</sup> or 2<sup>nd</sup> Semester

.5 Credit

This foundational course has two focuses. The first focus is on the foundations of various business types, models, and industries such as health care management, business entrepreneurship, business ownership, and retail management. The second focus of this class will be applied leadership and management foundational basics. There will be exploration of local, regional, and global business structures.

## **Personal Finance (1570)**

Gr. 11, 12

1<sup>st</sup> or 2<sup>nd</sup> Semester

.5 Credit

Learn the skills to manage your financial resources effectively and set yourself up for a lifetime of financial well-being. Students will explore many topics such as: personal budgeting and financial goal setting, paying for college, credit management, housing and auto expenses, investing, taxes, and identity theft protection.

## **Marketing (1595)**

Gr. 11, 12

1<sup>st</sup> or 2<sup>nd</sup> Semester

.5 Credit

This course helps students understand marketing, the process through which organizations analyze, plan, implement, and control programs to develop and maintain beneficial exchanges with target buyers. Effective marketing is critical for the long-term success of any business organization as this ensures that the firm attracts, retains, and grows its customers by creating, delivering, and communicating superior customer value. Social Media marketing exploration, understanding, and use, will be part of this class.

## **Accounting (1575)**

Gr. 11, 12

1<sup>st</sup> or 2<sup>nd</sup> Semester

.5 Credit

This course is designed for students considering a career in management, marketing, finance, business ownership, or any other business career as well as for those students who want to learn to manage their personal finances. Throughout the course, students will learn and understand the accounting cycle and accounting terminology, analyze business transactions, prepare and analyze financial reports and documents, research business topics and use spreadsheet software. Students will also understand how Accounting knowledge is beneficial to professionals in various kinds of business organizations (proprietorships, partnerships, corporations) and understand how accounting decisions need to be based on business and professional ethics.

# ENGLISH

## English I

**Introduction to Literature and Rhetoric I and II (2011)**

All Year

Gr. 9  
1 Credit

NCAA

This course is designed to introduce techniques to reinforce and further develop reading, writing, speaking, listening, and critical thinking skills. Students will focus on themes of journey, injustice, culture, and human nature using a selection of novels, short stories, poetry, and nonfiction. In addition, the class will strengthen communication skills and introduce Aristotle's rhetorical appeals. Some of the works studied include *Romeo and Juliet*, *Lord of the Flies*, and *Letter to Birmingham Jail*.

## English II

**Drama/Poetry I and II (2031)**

All Year

Gr. 10  
1 Credit

NCAA

This course is designed to build on the foundational reading, writing, speaking, listening, and critical thinking techniques introduced in the freshman year. Students will examine, discuss, and demonstrate specific themes of the human's response to war, the human's place in society, human person's struggle, and the power of government using a selection of plays, poetry, and nonfiction. Texts may include *The Importance of Being Earnest*, *Oedipus the King*, *A Man for All Seasons*, *Macbeth*, and various poems and essays by writers such as Walt Whitman, Maya Angelou, Alfred, Lord Tennyson, and Martin Luther King Jr.

## Honors English II

**Honors Drama/Poetry I and II (2035)**

All Year

Gr. 10  
1 Credit

NCAA

This year-long course is designed to meet the needs of highly motivated students who would like to delve deeper into the genres of drama and poetry. Similar to Drama/Poetry, it will continue to focus on reading, writing, speaking, and listening techniques developed freshman year. While it will cover much of the same content as Drama/Poetry, students will be expected to work at a faster pace with a more rigorous examination of the selected pieces of literature in order to foster higher-level critical thinking skills. Some of the works studied include *Macbeth*, *Hamlet*, and other pieces of drama, along with a variety of poems exhibiting an array of poetic styles. **Prerequisite: A in both semesters of English class freshman year and teacher recommendation.**

## English III

**Novel/Short Story I and II (2050)**

All Year

Gr. 11  
1 Credit

NCAA

This course is designed to strengthen and advance higher-level reading, writing, speaking, listening, and critical thinking skills. Students respond to assigned readings through class discussions and work to refine oral presentation skills as well as analytical and reflective writing skills. In addition, junior year introduces the writing of a formal research paper. Students delve into specific themes including cultural identity, love/relationships and sacrifice, self-actualization, and the growth and transformation of society through the study of novels, short stories, and nonfiction. Students compare content and style works such as *The Great Gatsby*, *Fahrenheit 451*, and *Things Fall Apart*.

**College Writing/AP Language and Composition (2111)**

SMU Equivalent: E130: First Year Writing

4 College Credits OR Advanced Placement Option

All Year

Gr. 11, 12  
1 Credit

NCAA

College Writing/AP Language and Composition is offered as a concurrent enrollment course through Saint Mary's University and focuses on advancing the writing ability of students by developing their analytical processing of information as well as crafting personal, stylistic choices. Students will encounter highly regarded works of non-fiction from various sources, implement similar practices in their own writing, and strive to refine their created content. The course will



be broken into four main units, each comprised of reading and writing within the category: rhetoric and persuasion, claims and evidence, reason and logic, style and prose. Upon completion, students will possess the skills to research, argument, and revise their writing at a collegiate level and/or meet the requirements to complete the AP Language and Composition exam. **Prerequisites: B+ or higher in English first two/three years, teacher recommendation, and a passing score on the placement test.**

\*Students have the option of either enrolling in the course through Saint Mary’s and assuming the cost associated with the University, or opting to pay for the AP exam. Students selecting the PACC option must also register with SMU when asked to do so by Lourdes High School. The SMU PACC Fee for this course is \$400.00.

English IV

Epic Mythology (2071)

Gr. 12

All Year 1 Credit

NCAA

This course continues to build on the reading, writing, speaking, and listening techniques introduced freshman year and developed through senior year. Additionally, a more rigorous writing focus is demonstrated through the creation of a research paper. Students will focus on the themes of heroism, fate/destiny/free will, journey, and inner conflict through the study of the epic and mythology, including Homer’s *Iliad & Odyssey*. There is also an emphasis on pieces such as *Beowulf* and works by Alfred, Lord Tennyson.

Advanced Fiction/AP Literature (2101)

Gr. 12

SMU Equivalent: E175: Introduction to Literature 1 Credit

3 College Credits or Advanced Placement Option

All Year

NCAA

Advanced Fiction/AP Literature and Composition is offered as a concurrent enrollment course through Saint Mary’s University and focuses on a rigorous study of imaginative literature across different mediums and historical periods. Students will survey fiction through novels, short stories, dramas, and poetry. They will build on writing skills and textual analysis from previous courses to unfold the ways authors command language and derive meaning within their work. In addition, students will demonstrate their understanding of figurative language, literary elements, and comprehension through various essay formats. Upon completion, students will possess the skills to analyze, reflect, and provide insight into fictional works at a collegiate level and/or meet the requirements to complete the AP Literature exam. **Prerequisites: B+ or higher in English first three years, teacher recommendation, and a passing score on the placement test.** \*Students have the option of either enrolling in the course through Saint Mary’s and assuming the cost associated with the University, or opting to pay for the AP exam. Students selecting the PACC option must also register with SMU when asked to do so by Lourdes High School. The SMU PACC Fee for this course is \$300.00.

Creative Writing (2070)

Gr. 12

1<sup>st</sup> or 2<sup>nd</sup> Semester .5 Credit

Creative Writing is an elective for students who are interested in exploring the more artistic side of literature. Students will analyze various writing styles and practice techniques that enrich their own writing and develop their voice. Students will be expected to share in class what they write and revise works based on constructive feedback. During the semester students will also read, discuss, and evaluate various styles of poetry and prose. Grading will be based on successful daily work, portfolio evaluations, and extra writing that is expected throughout the semester.

Journalism (2075)

Gr. 11, 12

1<sup>st</sup> or 2<sup>nd</sup> Semester .5 Credit

We all consume a variety of written media for a wide range of purposes, but who writes those pieces and decides what will be published? Journalism is an elective course for students who want to discover more about writing for digital and print media. Students will learn interview and research techniques for the purpose of writing news and sports reports, feature articles, and editorial essays. Sample articles will also be examined to understand issues of media bias and ethics. Additionally, students will assist in the writing and editing of articles for *The Eagle Eye*, our student-led newspaper.

# LHS Mentorship Opportunities

Are you unsure of what you want to be when you grow up? Have you ever thought about participating in a job shadow? If you answered yes to either question, a mentorship experience might be a good choice for you. Mentorships enable students to go beyond the doors of Lourdes High School to enhance their personal and professional learning experience. By participating in a hands-on mentorship experience, students are able to develop new skills, explore areas of interest, and learn more about a specific career field. Students are responsible for self-selecting a mentor in a profession and workplace of their choosing. **Prerequisite: Students must have at least a 3.0 GPA and have satisfactory progress in all coursework at the time of application. Mentorship will not be added to the student's schedule until a mentor has been confirmed.**

## **Mentorship Program**

1<sup>st</sup> or 2<sup>nd</sup> Semester

Gr.12

.5 Credit

Throughout the semester, students will have the privilege of working with, and learning from, a professional in their desired career field. In addition to working with their mentor, students will attend a mentorship class at Lourdes. Students are expected to complete at least 60 hours to receive credit for this course.

Please note: Anyone looking to complete a mentorship at Mayo Clinic will automatically be enrolled in this option.

Maximum: 10 students/semester

## **Mentorship Experience**

1<sup>st</sup> or 2<sup>nd</sup> Semester

Gr. 12

Pass/Fail

Over the course of the semester, students must complete 30 hours with their mentor. Students will be required to keep a journal of their experience, develop a final project, and meet with the LHS advisor at various times during the semester. **Mentorship Experience does not satisfy 7<sup>th</sup> course requirement.** Maximum: 10 students/semester

# MATHEMATICS

## **Algebra I (3521)**

All Year

Gr. 9

1 Credit

**NCAA**

This course explores the world of algebra following junior high mathematics. Fractions and decimals are thoroughly used with combinations of addition, subtraction, multiplication, division, and exponents. The course has a heavy emphasis on writing and solving linear equations. This course offers a solid foundation to future classes of Geometry and Algebra II.

## **Geometry (3541)**

All Year

Gr. 9, 10

1 Credit

**NCAA**

This course is designed to emphasize the study of properties and applications of geometric figures in two and three dimensional spaces. Inductive and deductive thinking skills are used in this course to problem solve and look at real-world situations. Students will learn the basics of theorems, postulates, and properties of geometric figures and be able to use them in two-column proofs. Topics covered include: lines, similar and congruent polygons, triangles, quadrilaterals, area, perimeter, surface area, and volume. **Prerequisite for 9th grade: Passing score on the Placement Test, and teacher recommendation. Prerequisite for 10th grade: Grade of B- or higher in Algebra I both semesters or a teacher recommendation.**

## **Honors Geometry (3531)**

All Year

Gr. 9, 10

1 Credit

**NCAA**

Honors Geometry is designed for the high-ability math student and covers a wide range of topics in great detail. There is a heavy emphasis on using theorems, postulates, and properties in formal, two-column proofs in order to investigate the relationships between geometric figures. Honors Geometry focuses mostly on two-dimensional geometry with a minor portion

on three-dimensional geometry. Topics covered include: congruence, reasoning, polygons, area, perimeter, surface area and volume. **Prerequisite:** Honors Algebra I grade of B+ or higher both semesters, 90% on the Placement Test, and teacher recommendation.

### Concepts of Geometry (3561)

Gr. 10, 11

All Year

1 Credit

Concepts of Geometry emphasizes development of mathematical knowledge by applying geometric properties, conjectures, and theorems. Students will utilize the basics of Algebra I in topics that include: lines, angles, similar and congruent triangles, perimeter, area, polygon properties, circles, surface area, volume, and transformations. This course will not be offered in the 2023-2024 school year. **Prerequisite:** Teacher recommendation only.

### Algebra II (3611)

Gr. 10, 11

All Year

1 Credit

NCAA

This course is a continuation of Algebra I. We will examine equations graphically and algebraically and solve equations. The equations covered include linear, quadratic, polynomial, exponential, logarithmic, rational, and radical functions. **Prerequisite:** Geometry

### Honors Algebra II (3551)

Gr. 10

All Year

1 Credit

NCAA

Honors Algebra II is a course intended for students who are strong academically, highly motivated, and able to work independently. A variety of approaches to problem-solving are explored, using different types of mathematical models with extensive emphasis on graphical methods. Topics include quadratic, polynomial, exponential, logarithmic, radical, and rational functions. In addition to algebra content, this course will explore discrete math, conic sections, and trigonometric functions. Graphing calculators will be used regularly for instruction and assessment. A graphing calculator is required. **Prerequisite:** Honors Geometry grade of B+ or higher both semesters OR Geometry grade of A both semesters and teacher recommendation.

### Concepts of Algebra II (3571)

Gr. 10, 11

All Year

1 Credit

Concepts of Algebra II advances the exploration of algebra by broadening the study of topics introduced in Algebra I. The foundations of algebra will be applied in examinations of factoring, polynomials, exponents, rational numbers, and an introduction to data analysis, probability, and discrete mathematics. This course will be offered in the 2023-2024 school year. **Prerequisite:** Teacher recommendation only.

### Pre-Calculus/Trigonometry (3641)

Gr. 11, 12

All Year

1 Credit

NCAA

This course covers the basics of college level algebra emphasizing understanding of the logical and critical thinking while serving as an in-depth preparation for Calculus. This course builds on the computational, problem solving, and graphing skills learned in previous math courses with topics ranging from basic algebra review to exploration of linear, quadratic, exponential, and logarithmic functions along with a study of rational expressions, inverse relations, function operations, complex numbers, and systems of equations. This course also deepens student understanding of Trigonometry through trigonometric ratios, functions, graphs, identities, equations, inverse trigonometric functions, solution of the general triangle and other applications, conic sections, polar coordinates, and complex numbers. A graphing calculator is required. **Prerequisite:** Algebra II

### Honors Pre-Calculus/Trigonometry (3651)

Gr. 11, 12

All Year

1 Credit

NCAA

Honors Pre-Calculus is designed to prepare students to take AP Calculus. Students utilize their high level algebraic skills in covering a variety of topics. The topics include exponential and logarithmic functions, trigonometric functions, graphing a plethora of functions, limits, derivatives, series, and sequences. A graphing calculator is required. **Prerequisite:** Honors Algebra II grade of B+ both semesters OR Algebra II grade of A both semesters and teacher recommendation.

**Reasoning with Statistics/AP Statistics (3800)**  
SMU Equivalent: ST132-Reasoning with Statistics  
*3 College Credits or Advanced Placement Option*  
All Year

Gr. 11, 12  
1 Credit

**NCAA**

Reasoning with Statistics (ST132) runs concurrently with Saint Mary's University and College Board's AP Statistics involves the study of four main areas: exploratory analysis, planning a study, probability, and statistical inference. According to the College Board, upon entering this course students are expected to have mathematical maturity and quantitative reasoning ability. Mathematical maturity could be defined as a complete working knowledge of the graphical and algebraic concepts through Math Analysis, including linear, quadratic, exponential, and logarithmic functions. In contrast to many math classes, this course will require reading of the text. This Statistics course is designed to develop student facilities in the use of statistical methods and the understanding of statistical concepts. The course takes a practical approach based on statistical examples taken from everyday life. Covered topics will include: descriptive and inferential statistics, an introduction to probability, discrete and continuous random variables, sampling distributions, estimation, hypothesis testing, chi-squared tests, and regression and correlation. Appropriate technology is used to perform the calculations and draw conclusions for many applications, and correspondingly an emphasis is placed on interpreting the results of statistical procedures. A graphing calculator is required. **Prerequisite:** Completion of Algebra II, at least a 3.0 GPA, and teacher recommendation. \*Students have the option of either enrolling through Saint Mary's and assuming the cost associated with the University, or opting to pay for the AP exam. Students selecting the PACC option must also register with SMU when asked to do so by Lourdes High School. The SMU PACC Fee for this course is \$300.00.

**College Math (3691)**

Gr. 11, 12  
1 Credit

**NCAA**

This is a course designed for students who want to prepare themselves for being a non-mathematics major at a post-secondary institution. We cover topics often seen in a basic college math class such as set theory, graph theory, and number theory. We will explore math that students will use in their everyday lives, such as ratios and proportions, critical thinking, logic, and personal finance. We will also cover the math that shapes our world and global society, such as geometry, probability, statistics, voting, art, and sports. **Prerequisite:** Algebra II or Concepts of Algebra II

**Calculus (3671)**

Gr. 11, 12  
1 Credit

**NCAA**

This course will use many topics from all previous math classes and is designed for students planning to pursue a degree in mathematics, science, engineering, business, and computer science; or for students interested in math who want to continue to learn new and interesting topics in mathematics. Calculus will include the topics relating to limits, continuity, derivatives, integrals, and real world applications. A graphing calculator is required. **Prerequisite:** Pre-Calculus/Trigonometry with a B- or higher both semesters; or a teacher recommendation.

**AP Calculus AB (3681)**

Gr. 10, 11, 12  
1 Credit

**NCAA**

This calculus course is an Advanced Placement course. The topics covered in this course include: limits, continuity, derivatives, integrals, and their application to the real world. A graphing calculator is required. All students are required to take the AP Calculus AB exam in May. There is an additional fee for the AP exam. **Prerequisite:** Honors Pre-Calculus grade of A- or higher (both semesters) and teacher recommendation.

**Calculus II/AP Calculus BC (3700)**

Gr. 10, 11, 12  
1 Credit

SMU Equivalent: M152-Calculus II  
*4 College Credits or Advanced Placement Option*  
All Year

**NCAA**

Calculus II (M152)/AP Calculus BC, a course that runs concurrently with Saint Mary's University is a continuation of Calculus I/AP Calculus. Several topics are revisited at a higher mathematical level to further develop student mathematical conceptual understanding. Topics include: applications of the definite integral, techniques of integration, improper



integrals, introduction to differential equations, numerical methods for integration and approximation, curves in the plane given parametrically, polar coordinates, and vectors in 2-space and 3-space. **Prerequisite: A score of at least 3 on the AP Calculus AB AP Exam.**

\*Students have the option of either enrolling through Saint Mary’s and assuming the cost associated with the University, or opting to pay for the AP exam. Students selecting the PACC option must also register with SMU when asked to do so by Lourdes High School. The SMU PACC Fee for this course is \$400.00.

## PHYSICAL EDUCATION AND HEALTH

**Physical Education Boys (4511) Girls (4521)** Gr. 9  
All Year 1 Credit

The course emphasis is on the enhancement of physical strength and endurance, cardiovascular endurance, flexibility, and agility. Through various team and individual activities, each component is discussed and performed at various levels. Activities will include flag football, speedball, pickleball, weight training, and many others. Our goal is to get students excited about physical movement with a variety of activities. We need to teach students how and why to stay active for a healthy life. “To move is to Improve!” **RCS System PE uniform required.**

**Health (4561)** Gr. 10  
1<sup>st</sup> or 2<sup>nd</sup> Semester .5 Credit

This course enables students to explore a variety of topics related to personal and public health in order to develop a better understanding of how hereditary, environmental and behavioral risk factors may affect their overall health and future well-being. Units will include: leading a healthy lifestyle, chemical use and abuse, infectious and non-infectious diseases, mental and emotional health, mental disorders, physical fitness, nutrition, first aid and safety, the body systems, and related topics. This course is required for graduation.

**Advanced First Aid and CPR (4590)** Gr. 11, 12  
1<sup>st</sup> or 2<sup>nd</sup> Semester .5 Credit

This class is a great opportunity for students to become involved in and enhance their community. Through this class, students will work toward Red Cross certification in pediatric and adult CPR, along with becoming AED certified for pediatric and adult. Each student will also be First Aid certified through the Red Cross upon successful completion of the course. **There is a supplemental fee associated with this course.**

**Weight Training I/II (4580)** Gr. 10, 11, 12  
1<sup>st</sup> or 2<sup>nd</sup> Semester .5 Credit

This course is designed to develop the student’s muscular strength, fitness, and endurance by working with free weights. Individual programs to meet personal needs are emphasized. Each student will work to create their own individualized program with the assistance of the instructor. Stretching, along with warm-up exercises, are included. Weight training allows students a physical outlet to enhance their overall physical, social, and mental health.

**Sports for a Lifetime (4540)** Gr. 11, 12  
1<sup>st</sup> or 2<sup>nd</sup> Semester .5 Credit

This semester course is an activities based class focused on developing and refining skills used in lifetime sports that are essential to the total educational development of healthy students. Juniors and Seniors will have the opportunity to participate in physical education activities that develop skills to live a productive and healthy life. By learning how to function optimally, physically, and to maintain a lifelong program of recreational activities, they assure themselves healthier and happier lives. Units include: ping pong, volleyball, badminton, bowling, dance, pickleball, broomball, and basketball.

**Lifetime Fitness (4600)** Gr. 12  
2<sup>nd</sup> Semester .5 Credit

This course introduces students to a wide range of physical conditioning activities that emphasize lifelong physical fitness. Some of the topics include weight training, aerobics, circuit training, step aerobics, aerobic exercise machines, bicycling, yoga/stretching, and water aerobics. Many of these classes will be in a lab setting utilizing facilities around



the city. The bike trip will take place on the Root River Trail in May. There is a supplemental fee for this class.

**Sports Officiating (4570)**  
1<sup>st</sup> Semester

Gr. 10, 11, 12  
.5 Credit

The course outcome is for the student to understand and apply the rules of various sports by officiating games. Students are expected to officiate junior high contests, youth contests, and intramural contests. Emphasis is on basketball and volleyball with an introduction to baseball and softball. This is a full participation class as students will officiate their peers for practice. Enrollment limited to 20 students.

RELIGION

**Sacred Scripture/Old Testament (5010)**  
1<sup>st</sup> or 2<sup>nd</sup> Semester

Gr. 9  
.5 Credit

Introduction to Scripture introduces students to the basics of our Catholic faith and tradition. The course covers an examination of the covenant story of the scriptures focused on the Old Testament revelation of God to His people. Students will learn how to read, reflect on, and engage scripture. The story of salvation history unfolds as we explore the ancient text with modern applications.

**Sacred Scripture/Christ Revealed in Scripture (5020)**  
1<sup>st</sup> or 2<sup>nd</sup> Semester

Gr. 9  
.5 Credit

We continue to explore the prophets of ancient Israel and the promise of a Savior. Students will connect to the prophets throughout salvation history and leading into the Messianic prophets that connect our salvation to Jesus Christ. Students will examine how Jesus fulfilled prophecy and how he is revealed in the New Testament.

**Who is Jesus and the Paschal Mystery (5030)**  
1<sup>st</sup> or 2<sup>nd</sup> Semester

Gr. 10  
.5 Credit

Christology focuses on the life, words, and teachings of Jesus. We explore the Gospel texts and other scriptural references in an attempt to better understand Jesus Christ and his connection to all humanity. Students will study the words and actions of Jesus in the Gospel and the Paschal Mystery of Jesus.

**Sacraments (5040)**  
1<sup>st</sup> or 2<sup>nd</sup> Semester

Gr. 10  
.5 Credit

The Sacraments are the visible signs of God’s love for us. This course presents the seven Sacraments in their testament to life as something sacred. In this course we’ll explore the social and divine qualities of the Church by learning how God relates to the Church and Her members and how the members relate to one another. Sacraments is the study of the life of the Church as communion and as mission. We’ll examine different themes regarding the Church, including discipleship, Charisms, Vocations, and liturgy.

**The Mission of Christ Continues in the Church (5050)**  
1<sup>st</sup> or 2<sup>nd</sup> Semester

Gr. 11  
.5 Credit

During this semester, students explore New Testament texts outside of the gospels, and how Jesus sends his disciples on a mission that is carried out by early Christians and continued today through His Church. We will include saints like St. Paul and theologians as part of our investigation into who Jesus is and the mission of the Catholic Church.

**History of the Catholic Church/World Religions (5060)**  
1<sup>st</sup> or 2<sup>nd</sup> Semester

Gr. 11  
.5 Credit

Church History will enlighten students regarding the journey of Christian identity from its prophetic roots in biblical tradition through the social, political, and cultural challenges of historical discernment. Particular attention is paid to the role of personal responsibility in one’s own commitment to the endurance of the Catholic faith. This course will also highlight other world religions and our relationship with those having varying and differing beliefs.

### Life in Jesus Christ and Christian Morality (5070)

Gr. 12

1<sup>st</sup> or 2<sup>nd</sup> Semester

.5 Credit

Christian Life and Relationship presents students with opportunities to integrate what they have discovered in earlier courses. Senior students are expected to confront significant questions of life and relationship, to articulate their faith in mature and responsible ways, and to demonstrate a concern for the Image of God that defines the dignity for each person.

### Catholic Social Justice: Living as a Disciple (5080)

Gr. 12

1<sup>st</sup> or 2<sup>nd</sup> Semester

.5 Credit

Catholic Social Justice examines the necessary relationship between love and justice in the Christian moral life. The Christian response to God's love and the call to take an active role in participating in the work of God are key themes in the course. Catholic Social Justice also presents the fundamental convictions of Catholic social teaching highlighting the issues of poverty, racism, gender, and human rights. This course also includes a required community service component for all students.

### Franciscan Foundations (5063)

Gr. 11, 12

1<sup>st</sup> Semester

.5 Credit

This religion course takes the place of a regularly scheduled religion course for one semester Junior or Senior year. The course will enable students to grow in their Catholic identity with a focus on Franciscan theology. Students will explore the lives of Francis and Clare of Assisi as models of faith within a historical context and discern connections to our own lived experience. Students who participate in this course understand that it is designed to culminate in a pilgrimage to Rome and Assisi, Italy. This course is offered on alternate years. It will not be offered in the 2023-2024 school year. This class meets zero hour, before school.

### Thinking Theologically (5065)

Gr. 12

SMU Equivalent: TH 111-Thinking Theologically

5 Credit

3 College Credits

1<sup>st</sup> or 2<sup>nd</sup> Semester

This course wonders at a fundamental question throughout the long history of human beings: *How do we make sense out of our experience of the Presence of God?* We are challenged to think carefully and rigorously in pursuit of truth and knowledge; to notice how great thinkers have challenged themselves and others in suggesting answers to the question. We will observe the ways that human experience causes us to ask questions, and the ways that our questions are shaped and focused as we navigate the human relationship to God as it is described especially in Judeo-Christian tradition, but by comparison with some other traditions as well. **Prerequisite: 3.0 Cumulative GPA and course instructor recommendation.**

\*This course is only offered through PACC. Students must also enroll through Saint Mary's University when asked to do so by Lourdes High School and assume the cost associated with the university. The SMU PACC Fee for this course is \$300.00.

## CAMPUS MINISTRY

### Lourdes Campus Ministry-A Faith-Based Community Found in Christ

Campus Ministry seeks to fulfill the philosophy, vision, and mission of Lourdes High School. As a Catholic Christian community Campus Ministry seeks to assist students, faculty, and staff in bringing together their gifts with the school and wider community. Campus Ministry strives to be a home built on the Catholic faith through providing community events, service and outreach opportunities, class retreats, liturgical celebrations, bible studies, and other experiences in which students can build a relationship with Christ and with each other. Naturally, a central focus for spiritual growth is full, active and conscious living of our Baptismal call and our participation in the Sacrament of the Eucharist at Mass and the Sacrament of Penance. The Lourdes community strives to put into action what we believe, to encourage action toward moral and ethical issues, and be on the journey that brings true life in Christ.

## Class Retreat Themes

Freshmen—Identity in Christ

Sophomores—Abiding in the Healing Love of Christ

Juniors—The Call to Emotional Virtue

Seniors—Surrender: Resting in God's Plan

## Senior Additional Retreat—Kairos

An optional retreat for seniors called Kairos, "Journey of God's Time," is also offered. This is a three day, three night gender specific retreat at Dunrovin Retreat Center, Marine on St. Croix, MN. We offer the girls Kairos in the fall and the boys Kairos in the spring. Kairos invites and challenges candidates to recognize God's goodness and His presence in themselves and those around them. Kairos deepens a love for Jesus Christ and provides a meaningful encounter with Him in the Sacraments of Reconciliation and the Eucharist as well as through personal and communal prayer.

# SCIENCE

## Biology (5741)

All Year

NCAA

This course will serve as an introduction to lab sciences at the high school level. Students will learn about the fundamental components of life in the following areas: the macromolecules of life, cellular biology, protein synthesis, genetics, evolution, and ecology. These concepts will be investigated through an inquiry, lab-based approach.

Gr. 9

1 Credit

## Chemistry (5731)

All Year

NCAA

This course introduces and develops chemical concepts within a real-world context. Emphasis is on the molecular nature of matter and how changes in matter are observed, described, and symbolized. Science process skills include data recording, data analysis, lab report writing, and algebraic problem-solving; these skills are used throughout the year. Concepts include properties and types of matter; formulas, equations, and the mole; atomic and molecular structure; chemical bonding; chemical and heat energy; and behavior of gases.

Gr. 10

1 Credit

## Honors Chemistry (5771)

All Year

NCAA

This course is designed to fully prepare students who have a serious interest in science, medicine, or engineering for college level chemistry. Emphasis is on chemical principles and theories, applied mathematics, and quantitative laboratory work and data-analysis. Topics include: stoichiometry, kinetic molecular theory, modern atomic theory, chemical bonding, the mole, and thermochemistry. Students must have mature study habits and the ability to work and learn independently. In addition, students must have strong mathematical problem-solving skills. **Prerequisite:** Honors Geometry grade of A- or higher both semesters; Biology grade of A- or higher both semesters, and science teacher recommendation.

Gr. 10

1 Credit

## Zoology (5840)

1<sup>st</sup> or 2<sup>nd</sup> Semester

NCAA

Zoology is the study of animals and their biology, including anatomy, physiology, behavior, classification, and ecology. Students will learn about various animal groups such as invertebrates like arthropods and insects, as well as vertebrates—the fishes, amphibians, reptiles, birds, and mammals. Students will study concepts related to evolution, adaptation, and biodiversity. Hands-on laboratory work, including dissections and outdoor field work observing live animals, will be included. The course is designed to help students understand the diversity of animal life, appreciate the role of animals in their ecosystems, and understand the impact humans have on animal populations. Students will come away with a comprehensive understanding of the animal world and an appreciation for the complexity and diversity of life on Earth. **Prerequisite:** Biology.

Gr. 10, 11

.5 Credit

**Forensics (5830)**  
1<sup>st</sup> or 2<sup>nd</sup> Semester

Gr. 10, 11  
.5 Credit

**NCAA**

Forensic science is the application of chemistry, physics, biology, anatomy, and other sciences to collect evidence from crime scenes that can be used by the criminal justice system. This course focuses on the techniques of forensics and includes simulations of crime scenes to allow students a hands-on approach to the content. Topics include the investigation of fingerprinting, fiber analysis, ballistics, arson, trace evidence analysis, blood spatters, and blood samples; the proper collection and laboratory analysis of various samples; simulations of crime scenes and more. Mature subject matter will be presented in this course. **Prerequisite: Biology.**

**Biological Connections/AP Biology (5791)**  
SMU Equivalent: B150—Biological Connections  
*3 College Credits or Advanced Placement Option*  
All Year, 3-Mod Course

Gr. 11, 12  
1 Credit

**NCAA**

AP Biology is designed to be the equivalent of a college level introductory biology course taken by biology majors their freshman year. Students must have a strong level of interest in biology, have demonstrated success in previous science courses, and possess the ability to learn independently outside of regularly scheduled class time. Students should expect to spend a minimum of 5 additional hours of work time outside of class per week. Topics covered include everything covered in Biology, as well as genetic regulation, the history of life of earth, the origin and diversification of eukaryotes. **Prerequisite: Honors Chemistry grade of A- or higher both semesters, Biology grade of B+ or higher both semesters, Algebra II grade of B+ or higher both semesters, and science teacher recommendation.**

\*Students have the option of either enrolling through Saint Mary's and assuming the cost associated with the University, or opting to pay for the AP exam. Students selecting the PACC option must also register with SMU when asked to do so by Lourdes High School. The SMU PACC Fee for this course is \$300.00.

**Physics (5781)**  
All Year

Gr. 11, 12  
1 Credit

**NCAA**

This course is designed for students with a strong interest in science and mathematics. We will explore fundamental principles of physics in the context of the everyday world. We will use kinematics/dynamics principles and quantitative problem solving techniques to understand natural phenomena. Mathematical models, laboratory experiments, and computer tools will be used to study the following: Newtonian mechanics, work, energy, and power; mechanical waves and sound, electricity, electrical circuits, and optics. This course includes classroom and lab experiences. **Prerequisite: Algebra II grade of B+ or higher both semesters and science teacher recommendation.**

**Honors Anatomy and Physiology (5881)**  
All Year

Gr. 12  
1 Credit

**NCAA**

This year-long course focuses on the human body and how it functions. It covers basic biochemistry and histology as well as the integumentary, skeletal, muscular, cardiovascular, nervous, digestive, respiratory, and other body systems in considerable depth with an emphasis on anatomical and physiological lab experiences. Students will be expected to be mature and professional as the curriculum covers comparative anatomy dissections and numerous practical examinations. Additionally, students will be exposed to numerous opportunities at the Mayo Clinic through their Career Awareness Department. This course is highly recommended for students who wish to pursue a possible career in any health-science related field.

**Ecology: Science in the Great Outdoors (5873)**  
All Year

Gr. 12  
1 Credit

**NCAA**

Let's face it, one of the best things in life is getting outside and doing activities that you love, in natural places where you want to be, enjoying life in surroundings that are wild, free, and naturally amazing. Whether it be our own backyard at Cascade Meadow, our amazing state of Minnesota, or even our most wondrous National Parks of the United States there is a lot to learn about and get educated on how to enjoy these places in an Eco-friendly way. This is a **project-based** course that investigates Minnesota's natural resources, state parks and public lands, hunting, fishing, camping, paddling, and other great recreational activities while learning about conserva-



tion, ecology, and habitat preservation. A Boundary Waters Canoe Area Wilderness Trip planning project will highlight this theme. The course will also focus on energy conservation and sustainable building and living practices through an “Off The Grid” Cabin Building Project where students select where they want to live and design sustainable, environmentally friendly, and completely off-the-grid energy cabins that utilize everything their selected locations have to offer. Energy sustainability, low impact living, and resource conservation will be the core principles of this project.

### **Introduction to Engineering Design (5851)**

Gr. 10, 11, 12

All Year

1 Credit

In this course, students use a combination of drawing and computer-assisted design, scientific principles, and mathematics as they learn about the design process, research and analysis, teamwork, communication methods, global and human impacts, engineering standards, and technical documentation. This course counts as a Lourdes High School Fine Arts credit due to a heavy use and emphasis on technical drawing, 3D pictorials, concept drawing, elements and principles of design, 3D modeling software, and physical modeling. Students use hand-drawings and 3D modeling design software to help them design solutions to solve proposed problems. The major emphasis of this course is to introduce students to engineering, for students to learn how to document their work and communicate solutions to peers and members of the professional community. This course is for the motivated student who wishes to go into science, engineering or design. **Prerequisite: Geometry grade of B or higher both semesters and science teacher recommendation.**

### **Civil Engineering and Architecture (5991)**

Gr. 11, 12

All Year

1 Credit

In this course, students learn the important aspects of building and site design and development. They apply math, science, and standard engineering practices to design both residential and commercial projects and document their work using professional 3D architecture design software called *Autodesk Revit*. Students in this course will learn about commercial and residential buildings, building materials, property drainage, soil testing, surveying methods, loads of footings and structural elements, and modern architecture drafting methods. This course builds upon the other *Project Lead the Way* engineering courses and is for the motivated aspiring architect or engineer. This is a Project Lead The Way course that is offered bi-annually. It will be offered in the 2023-2024 school year. **Prerequisite: Science teacher recommendation.**

## **SOCIAL STUDIES**

### **World History (6021)**

Gr. 9

All Year

1 Credit

**NCAA**

World History will show how connected we are as a world, while highlighting a variety of social, political, religious, and economic exchanges that developed and happened globally. This course will not only focus on events and how they affected the local surrounding area, but it will also have students analyze and compare how these events affected the global community. This course will provide an in-depth comparison between past historical events, and how they impact our current day society. By the end of this course students will not only understand why the world is experiencing current situations, but they will also understand how all of these events are connected.

### **Human Geography (6130)**

Gr. 10

1<sup>st</sup> or 2<sup>nd</sup> Semester

.5 Credit

**NCAA**

Human Geography is a semester-long class that studies processes and patterns that exist in our world due to human development and activity. Human Geography studies how humans affect and have been affected by the environment. An in-depth analysis of population demographics, such as China's one child policy and gender imbalance, will be infused with critical mathematical analysis of population statistics. Students will learn how the international community is organized politically and the role that politics plays in human development helping students form a geopolitical understanding of the world, such as the importance of the Suez Canal. Students will understand how human settlement is determined, from the Tsetse Fly Belt and its effect on religious development on the African continent to the cultural



borders that have emerged between India and Pakistan. Students will understand the importance of resources to human settlement and interaction, focusing on international and local issues, such as the many lawsuits that have emerged in the southwest region of the United States. Current events will be stressed in this class, using this information to connect to the core geographical concept of globalization.

### AP Human Geography (6141)

All Year

NCAA

Human Geography (AP) is a year-long course for sophomores. In the course of study students are challenged to see the story of the earth and the human story as intricately bound to one another. While thinking at multiple scales, students will develop their spatial understanding, peer deeply into development of particular places, and investigate the many complex systems and interactions that create cultures. Movement between global perspectives and hyper-local considerations will inform our work together. Along with data analyses, work with geospatial technologies, and the application of social theory, students will take the national AP exam near the end of the course. This cumulative exam could earn a student college credit. **Prerequisite: B+ average in previous Social Studies classes and teacher recommendation.**

Gr. 10

1 Credit

### United States History (6051)

All Year

NCAA

Understanding the history of the United States is essential if our representative democracy is to continue. United States History helps students make connections between our present society and the rich heritage of our country. This course focuses on major political, economic, military, religious, social, and cultural events in our history. Students will work on acquiring historical critical thinking skills such as chronological reasoning, comparison and contextualization of eras, crafting historical arguments, and historical interpretation and synthesis. Students will read a wide array of primary and secondary sources to enhance these historical thinking skills. A variety of learning styles and activities are used in conjunction with a survey textbook and supplemental materials. Current event issues are discussed relevant to course content.

Gr. 11

1 Credit

### AP US History (6061)

All Year

NCAA

The AP US History course surveys the history of the United States from 1492 to modern times. The primary focus of the course provides students with an opportunity to develop the ability to analyze and express historical understanding in writing. The course is intended to approximate an introductory lecture and discussion course typically taken within the first two years of college or university study. This course will provide students with the skills needed to think, write, and express historical data critically. Students in this course are required to take the AP US History exam scheduled in May. There is an additional fee for this examination. A syllabus including required summer readings will be provided for students enrolled in this course. **Prerequisite: World History grade of A -, AP Human Geography grade of B+ or Human Geography grade of A, and teacher recommendation.**

Gr. 11

1 Credit

### Economics (6180)

1<sup>st</sup> or 2<sup>nd</sup> Semester

NCAA

Students in the 21st Century must have an essential set of reasoning and decision-making skills for the personal economic choices they will be facing throughout their lives. In addition, they will be living in and be impacted by a rapidly, ever-changing, competitive global economy. To this end, this economics course will prepare students to make rational economic choices both in their own lives and for the greater community. This course will focus on the fundamental elements of economics including micro and macro economics, with an emphasis on real world applications. A combination of projects, class discussions, outside readings, speakers, research, and videos will help students understand key economic principles.

Gr. 12

.5 Credit

### Government (6070)

1<sup>st</sup> or 2<sup>nd</sup> Semester

NCAA

Government is taught as a semester-long course for seniors. In studying the emergence of a particular form of government and the processes by which the United States formed a constitutional republic, students will be invited to re-

Gr. 12

.5 Credit

flect on the possibilities inherent in democratic institutions. Close readings and research of the textual traditions of the Constitution of the U.S. will aid in developing thick descriptions of the principles and practices of the U.S. Government. Through media literacy and an understanding of political power students will also be encouraged toward civic engagement.

### **Criminal Justice (6085)**

1<sup>st</sup> or 2<sup>nd</sup> Semester

Gr. 11, 12

.5 Credit

#### **NCAA**

Criminal Justice is a semester-long course that introduces students to the dynamics of the American system of criminal justice. This course will cover criminology, aspects of sociology and psychology, political science, and current society along with historical events. Throughout this course, we will be exploring the three themes of society, public policy, social systems, and American values. This course will allow students to have a more holistic view of the country and justice system that surrounds us.

### **Philosophy (6075)**

1<sup>st</sup> or 2<sup>nd</sup> Semester

Gr. 11, 12

.5 Credit

#### **NCAA**

From A to Z (or in philosophical terms) from Aristotle to Zizek, this semester-long course aims to cover the history, development, and practice of philosophical traditions. Through engagement with pre-socratic and post, medieval, modern, and postmodern readings, students will engage in a literal tour of ancient ideas that reshaped the world and modern philosophical shifts that continue to turn and maneuver in new ways. This course insists on dialog and exploration of logic, sound arguments, and deep analysis. As Nancy Murphy put it, "In philosophy we are practicing to aim." Topics will include epistemology, metaphysics, ethics, aesthetics, language, literature, and more.

### **Psychology (6090)**

1<sup>st</sup> or 2<sup>nd</sup> Semester

Gr. 11, 12

.5 Credit

#### **NCAA**

This semester-long course aims to prepare students for deep engagement with psychological theories and practices, develop self-reflection and healthy habits. Students will learn the developments within the field of psychology, how science has reshaped practitioners' study of the neurobiological functions, and students will engage in reflection to develop their own psychological insights. Topics include: learning, language, memory, mindfulness, methodologies, personality, social psychology, sleep, therapy, disorders, and interventions. Students will read classic works in psychology from Freud to Jung, James to Rogers with modern applications of the many approaches in the field.

### **AP Psychology (6091)**

All Year

Gr. 11, 12

1 Credit

#### **NCAA**

AP Psychology is a rigorous and challenging college-level class that encourages students to understand more about themselves and their peers. This study of behavior and mental processes will require student mastery of technical reading and writing as it relates to key course concepts. Course content includes research methods, consciousness, motivation and emotion, personality, and much more! Students in this course are required to take the AP exam in Psychology for possible college credit. There is an additional fee for this examination. **Prerequisite: B+ average in Social Studies classes**

## **SPANISH**

### **Spanish I (3211)**

All Year

Gr. 9, 10, 11, 12

1 Credit

#### **NCAA**

Spanish I is a course for students who are new to Spanish. Focus is on the four language proficiencies: listening, speaking, reading, and writing. Students develop skills to communicate effectively in real life situations and build a foundation for greater fluency in successive years of study. Computer-assisted language learning experiences provide opportunities for individual practice and self-paced skill development. Students learn about differences and similarities of Hispanic and other cultures and explore the traditions of Catholicism in Spanish speaking countries.

**Spanish II (3231)**

Gr. 9, 10, 11, 12

All Year

1 Credit

**NCAA**

Learning another language is progressive. Spanish II students continue to develop the four communication skills. They increase their vocabulary and practice strategies for understanding, speaking, reading, and writing in Spanish. They use computers to practice new language skills, to complete projects, and to access authentic linguistic and cultural materials in the Spanish language. Students explore the rich heritage of Hispanic communities throughout the world, including traditions of Hispanic culture in the United States. **Prerequisite for students in grade 9: Completed Spanish I in 8th grade with a B+ average and teacher recommendation.**

**Spanish III (3251)**

Gr. 9, 10, 11, 12

All Year

1 Credit

**NCAA**

Students continue to develop their listening, reading, writing, and speaking proficiencies and practice using the language in a variety of everyday situations. Interpersonal activities are conducted in class where students can practice their speaking skills. A variety of interpretive skills such as authentic readings and listening exercises are used. Oral presentations are completed by students in class to further their proficiency in speaking and their understanding of culture through a variety of topics and cultural comparisons. Computer devices are required as a tool in the Spanish classroom for a variety of practices in the language. They are used for practicing language skill activities, projects, and to access authentic linguistic and cultural material in the Spanish language. Much of the class is conducted in Spanish.

**Honors Spanish IV (3271)**

Gr. 9, 10, 11, 12

All Year

1 Credit

**NCAA**

Spanish IV students reinforce language concepts through more complex interpersonal communication, interpretive exercises, and presentations. Students use a combination of textbooks to be more focused on usage along with learning new grammar concepts. Students practice more impromptu speaking, longer oral presentations that are not scripted, and more complex writings such as stories, essays, and cultural comparisons. Computer devices are required for class at this level to use with the online curriculum resources, practices, and assessments. **Prerequisite: B or higher both semesters in Spanish III and teacher recommendation.**

**Honors Spanish V (3281)**

Gr. 9, 10, 11, 12

All Year

1 Credit

**NCAA**

This is an advanced Spanish course for high school students who have completed 4 units of study. As such, the course will emphasize advanced communication and listening skills. Reading at an advanced level will consist of articles of varying topics and lengths and will stress comprehension. Writing skills will be enhanced to include personal narratives with emphasis on improved grammar. Previously learned structures will be reviewed and reinforced, while advanced grammatical structures will be introduced for continued growth in the language. Students will add to their already extensive vocabulary bank with an emphasis on words necessary for improved communication skills. Students will also continue to learn about the many cultures of the Spanish-speaking world. **Prerequisite: B or higher both semesters in Spanish IV and teacher recommendation.**

**AP Spanish (3291)**

Gr. 12

All Year

1 Credit

**NCAA**

Welcome to the Advanced Placement Spanish Language class! ¡Bienvenidos! The high school AP Spanish Language course is rigorous, fast paced, is conducted entirely in Spanish, and is comparable to a second or third year college level class. Students are expected to use exclusively the Spanish language both with their teacher and peers. The curriculum of this intense, college-level class is designed according to the College Board AP Spanish Language Course Requirements, and is intended to reinforce and sharpen students' language and critical thinking skills across three communicative modes: Interpersonal, Interactive, and Presentational. Students will gain greater competence not only in the Spanish language and literature, but also in social, environmental, and cultural issues. Students in this course are required to take the College Board AP Spanish Language Examination in May.

There is an additional fee for this examination. **Prerequisite:** Completed Spanish courses I – IV or equivalent. B+ average in Spanish through junior year and teacher recommendation.

## Program for Advanced College Credit (PACC)

Saint Mary's University of Minnesota's Program for Advanced College Credit (PACC) is partnering with Lourdes to bring Saint Mary's undergraduate-level courses into our high school. Earning college credit for a fraction of the cost of tuition, participating students can expect the same workload, learning activities, projects, and exams as the courses taught to first-year students at Saint Mary's. PACC courses will be taught by Lourdes faculty on the Lourdes campus. Students selecting the PACC option for these courses will be required to pay a fee of \$100 per college credit. Fees are due in September.

### **College Writing (2111)**

Gr. 11, 12

SMU Equivalent: E130: First Year Writing

1 Credit

*4 College Credits*

All Year

College Writing is offered as a concurrent enrollment course through Saint Mary's University and focuses on advancing the writing ability of students by developing their analytical processing of information as well as crafting personal, stylistic choices. Students will encounter highly regarded works of non-fiction from various sources, implement similar practices in their own writing, and strive to refine their created content. The course will be broken into four main units, each comprised of reading and writing within the category: rhetoric and persuasion, claims and evidence, reason and logic, style and prose. Upon completion, students will possess the skills to research, argument, and revise their writing at a collegiate level. In order to take this course for college credit, students must also register through Saint Mary's when asked to do so by Lourdes and make a check payable to Lourdes High School for \$400. **Prerequisites:** B+ in English first two/three years, teacher recommendation, and a passing score on the placement test.

\*There is also an Advanced Placement option for this course.

### **Advanced Fiction (2101)**

Gr. 12

SMU Equivalent: E175: Introduction to Literature

1 Credit

*3 College Credits*

All Year

Advanced Fiction is offered as a concurrent enrollment course through Saint Mary's University and focuses on a rigorous study of imaginative literature across different mediums and historical periods. Students will survey fiction through novels, short stories, dramas, and poetry. They will build on writing skills and textual analysis from previous courses to unfold the ways authors command language and derive meaning within their work. In addition, students will demonstrate their understanding of figurative language, literary elements, and comprehension through various essay formats. Upon completion, students will possess the skills to analyze, reflect, and provide insight into fictional works at a collegiate level. In order to take this course for college credit, students must also register through Saint Mary's when asked to do so by Lourdes and make a check payable to Lourdes High School for \$300. **Prerequisites:** B+ in English first three years, teacher recommendation, and a passing score on the placement test.

\*There is also an Advanced Placement option for this course.

### **Reasoning with Statistics (3800)**

Gr. 11, 12

SMU Equivalent: ST132-Reasoning with Statistics

1 Credit

*3 College Credits*

All Year

Reasoning with Statistics (ST132) runs concurrently with Saint Mary's University and involves the study of four main areas: exploratory analysis, planning a study, probability, and statistical inference. Upon entering this course students are expected to have mathematical maturity and quantitative reasoning ability. Mathematical maturity could be defined as a complete working knowledge of the graphical and algebraic concepts through Math Analysis, including linear, quadratic, exponential, and logarithmic functions. In contrast to many math classes, this course



will require reading of the text. This Statistics course is designed to develop student facilities in the use of statistical methods and the understanding of statistical concepts. The course takes a practical approach based on statistical examples taken from everyday life. Covered topics will include: descriptive and inferential statistics, an introduction to probability, discrete and continuous random variables, sampling distributions, estimation, hypothesis testing, chi-squared tests, and regression and correlation. Appropriate technology is used to perform the calculations and draw conclusions for many applications, and correspondingly an emphasis is placed on interpreting the results of statistical procedures. A graphing calculator is required. In order to take this course for college credit, students must also register through Saint Mary's when asked to do so by Lourdes and make a check payable to Lourdes High School for \$300. **Prerequisite: Completion of Algebra II, at least a 3.0 GPA, and teacher recommendation.** \*There is also an Advanced Placement option for this course.

### Calculus II (3700)

Gr. 10, 11, 12

SMU Equivalent: M152-Calculus II

1 Credit

4 College Credits

All Year

Calculus II (M152), a course that runs concurrently with Saint Mary's University is a continuation of Calculus I. Several topics are revisited at a higher mathematical level to further develop student mathematical conceptual understanding. Topics include: applications of the definite integral, techniques of integration, improper integrals, introduction to differential equations, numerical methods for integration and approximation, curves in the plane given parametrically, polar coordinates, and vectors in 2-space and 3-space. In order to take this course for college credit, students must also register through Saint Mary's when asked to do so by Lourdes and make a check payable to Lourdes High School for \$400. **Prerequisite: A score of at least 3 on the AP Calculus AB AP Exam.**

\*There is also an Advanced Placement option for this course.

### Biological Connections (5791)

Gr. 11, 12

SMU Equivalent: B150-Biological Connections

1 Credit

3 College Credits

All Year, 3-Mod Course

#### NCAA

AP Biology is designed to be the equivalent of a college level introductory biology course taken by biology majors their freshman year. Students must have a strong level of interest in biology, have demonstrated success in previous science courses, and possess the ability to learn independently outside of regularly scheduled class time. Students should expect to spend a minimum of 5 additional hours of work time outside of class per week. Topics covered include everything covered in Biology, as well as genetic regulation, the history of life of earth, the origin and diversification of eukaryotes. In order to take this course for college credit, students must also register through Saint Mary's when asked to do so by Lourdes and make a check payable to Lourdes High School for \$300. **Prerequisite: Honors Chemistry grade of A- or higher both semesters, Biology grade of B+ or higher both semesters, Algebra II grade of B+ or higher both semesters, and science teacher recommendation.**

\*There is also an Advanced Placement option for this course.

### Thinking Theologically (5065)

Gr. 12

SMU Equivalent: TH 111-Thinking Theologically

.5 Credit

3 College Credits

1<sup>st</sup> or 2<sup>nd</sup> Semester

This course wonders at a fundamental question throughout the long history of human beings: *How do we make sense out of our experience of the Presence of God?* We are challenged to think carefully and rigorously in pursuit of truth and knowledge; to notice how great thinkers have challenged themselves and others in suggesting answers to the question. We will observe the ways that human experience causes us to ask questions, and the ways that our questions are shaped and focused as we navigate the human relationship to God as it is described especially in Judeo-Christian tradition, but by comparison with some other traditions as well. In order to take this course for college credit, students must also register through Saint Mary's when asked to do so by Lourdes and make a check payable to Lourdes High School for \$300. **Prerequisite: 3.0 Cumulative GPA and course instructor recommendation.**

\*This course is only offered through PACC. Students must also enroll through Saint Mary's and assume the cost associated with the university.

# Saint Mary's University (SMU) at Rochester Cascade Meadow Campus

## **Biology Field Experience and Environmental Biology (5995)**

1<sup>st</sup> Semester

Gr 11, 12

1 Credit

4 college credits total

This is a hybrid course package through Saint Mary's University that includes an on-site laboratory component and an online course component. The lab component will be held at Saint Mary's University at Cascade Meadow (SMU Course B221) and the online component (SMU B105) will be available asynchronously. Students must enroll in both courses concurrently. Students must meet the St. Mary's PSEO requirements and must complete a PSEO application to apply for the course. Students will earn 1 Lourdes Science credit for the hybrid course package. If the student earns the minimum required grade, they are eligible to earn a total of 4 college credits from SMU for completing both courses. Descriptions of both components of this hybrid course are below. **There is a fee of \$645 for B221 (payable to St. Mary's University). B105 will be taken as a PSEO course so there is no fee for those credits.** Students must complete the PSEO application by May 13, 2023.

## **B221 Biology Field Experience**

1 college credit

This is a general biology laboratory course that is an inquiry-based field experience. Students will use scientific process to solve problems. This may include generating hypotheses, designing meaningful experiments, controlling variables, gathering relevant data, interpreting results, and drawing conclusions. Concurrent registration in B105 is required.

## **B105 Environmental Biology (PSEO)**

3 college credits

The human position in the biological world and responsibility for living in reasonable harmony with the environs is the focus of this course. Beginning with an overview of major ecological principles governing all ecosystems, consideration is then given to such problems as population expansion, natural resources, pollution, conservation and environmental health. Must be concurrently enrolled in Biology Field Experience (B221).

# Public Safety

## **Firefighter I & II (1741)**

All Year

Gr. 11, 12

1 Credit

This course is a partnership with the Rochester Fire Department and Riverland Community College. This is a blended learning course where the course lecture work is completed online and the hands on training is scheduled on week-ends or days off from school. Hands on skills training occurs on five weekend days for 8 hours each day and includes training on hoses, foam, search and rescue, ladders, extinguishers, and a live burn. Upon successful completion of this course, students will be eligible to take the MN Fire Services Certification Board Exam once they are at least 18 years old. Students may also be eligible to earn college credit through Riverland Community College. Please note that students must enroll in both sections of the course, which will last the full school year. **Additional fees will apply and enrollment is limited. Prerequisite: Good academic standing and Counselor recommendation.**

# Post Secondary Enrollment Option

The Post Secondary Enrollment Options Program allows juniors and seniors to take courses at a liberal arts, community, or technical college in Minnesota for high school credit. If a student is taking a PSEO course, that student must be enrolled in a minimum of 7 total classes between the college and Lourdes High School. If a course is offered at Lourdes or through PACC, students cannot take that course through PSEO. There is no extra cost for students to take a PSEO course. Seniors must have a 2.5 cumulative GPA, juniors a 3.0 GPA, and the course(s) must fit into the student's schedule at Lourdes. All PSEO course grades will appear on the student's Lourdes transcript and academic eligibility rules apply.

Students considering this option are expected to be responsible, motivated and independent learners. Students who

are planning on doing PSEO for the 2022-2023 school year must have their paperwork to the Counseling Office by May 13, 2023. A PSEO Lourdes high school agreement form is required for all requests to be considered. For more information contact your student's counselor. **The Lourdes deadline to register is May 13, 2023.**

## Student Success Center

The primary purpose of the Student Success Center is to help students develop learning strategies and to work on individual assignments. Teachers staff the learning center each day and students may request to be scheduled in or be referred by teachers. Any of these students may use the Student Success Center to study, use a computer or to read. Students with a LHS Diocesan Learning Plan are required to come in as scheduled.





**LOURDES HIGH SCHOOL**

A Rochester Catholic School

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