

Conneaut School District -- Grade/Dept

Major Topic	Concepts	Time	The students will know:	Skills	Assessment	Standard(s)
Substance Abuse	-Alcohol -Preventing Drug Abuse	-3-4 Weeks	<ul style="list-style-type: none"> -Describe how alcohol acts as a depressant -Identify factors that influence underage drinking -Summarize the effects of intoxication on the body -List factors that affect blood alcohol concentration -Identify how intoxication may lead to death -Identify physical effects of long-term alcohol abuse -Identify benefits of avoiding situations where alcohol is present -Define drug abuse and distinguish it from both appropriate use and misuse. -Describe how psychoactive drugs affect the brain. -Summarize the risks of drug abuse. -Evaluate how family, friends, and personal factors can influence an individual's decisions about drugs. -Compare the effects of depressants, stimulants, and hallucinogens on the body. -Describe the effects of marijuana. -Identify treatment options for people who abuse drugs. 	<ul style="list-style-type: none"> -Note Taking -Practice Worksheets -Hands-on Activities -Videos - PowerPoint/ Prezi 	<ul style="list-style-type: none"> -Quizzes -Chapter Tests 	<p>NHES: 1.12.8, 1.12.9, 2.12.6, 2.12.10, 3.12.1</p> <p>NHES: 2.12.1, 2.12.3, 2.12.5, 2.12.7, 2.12.8, 2.12.9, 6.12.1, 7.12.1</p> <p>NHES: 3.12.4, 4.12.4, 8.12.2 1.12.4</p>

			-Name steps you can take to stay drug free.			
Mental Health	-Mental Disorders -Eating Disorders -Depression and Suicide -Treating Mental Disorders	-3-4 Weeks	-Explain how mental disorders are recognized. -Identify four causes of mental disorders. -Describe different types of anxiety and mental disorders. -Identify health risks associated with anorexia. -Explain the relationship between bulimia and dieting. -List the main health risks of binge eating disorder. -Explain why it is important to identify and treat clinical depression. -Explain why individuals might deliberately injure themselves. -Describe major risks factor for suicide. -List reasons that might prevent a person from seeking help for a mental disorders. -Identify different types of mental health professionals. -Describe some general types of treatment for mental disorders	-Note Taking -Practice Worksheets -Hands-on Activities -Videos - PowerPoint/ Prezi	-Quizzes -Chapter Tests	NHES: 1.12.4, 2.12.6, 3.12.2, 1.12.2, 2.12.5, 2.12.7, 3.12.4, 1.12.6, 2.12.3, 3.12.3, 4.12.4,
Nutrition	- Carbohydrates, Fats, and Proteins -Breaking a Bad Habit Vitamins, Minerals,	-2-3 Weeks	-Name the classes of nutrients that supply your body with energy. -Explain how the body obtains energy from foods -Describe the roles that carbohydrates, fats, and proteins play in your body. -Implement a plan for replacing an unwanted habit with new, positive behavior.	-Note Taking -Practice Worksheets -Hands-on Activities -Videos - PowerPoint/	-Quizzes -Chapter Tests	NHES: 1.12.1, 2.12.4, 6.12.1, 7.12.2, 6.12.2, 6.12.3, 6.12.4 3.12.1, 3.12.2, 2.12.1, 2.12.7, 6.12.1

	<ul style="list-style-type: none"> and Water -Guidelines for Healthful Eating -Choosing Food Wisely -Reading a Food Label -Safely Managing Your Weight -Nutrition for Individual Needs -Digestive System -Excretory System 		<ul style="list-style-type: none"> -Identify the main classes of vitamins. -List seven minerals your body needs in significant amounts. -Explain why water is so important to your body. -Explain how the Dietary Guidelines for Americans can help you plan a healthful diet. -Summarize the recommendations in the MyPlate plan. -Summarize reasons why you eat -Analyze the information contained on food labels -Evaluate the information contained on a food label -Examine how heredity, activity level, and body composition influence a person's weight -Identify health problems associated with being overweight and underweight Examine how individuals with special dietary needs meet their nutritional needs -Describe the functions of the Digestive and Excretory System -Identify the organs of the digestive and excretory system 	Prezi		
Human Development	<ul style="list-style-type: none"> - Adolescence and Responsibility -Adulthood 	-2-3 Weeks	<ul style="list-style-type: none"> -List the main categories of physical changes that occur during adolescence. -Describe the mental changes that adolescents experience. Summarize the emotional changes of adolescence. 	<ul style="list-style-type: none"> -Note Taking -Practice Worksheets -Hands-on Activities -Videos 	<ul style="list-style-type: none"> -Quizzes -Chapter Tests 	NHES: 1.12.4, 2.12.5, 2.12.8, 8.12.4, 5.12.7, 6.12.2, 6.12.3, 6.12.4, 1.12.1, 2.12.3, 2.12.1,

	<p>and Marriage -Death and Dying</p>		<ul style="list-style-type: none"> -Identify the responsibilities that adolescents have to themselves and others. -Summarize the changes that people undergo during adulthood. -List the keys to a successful marriage. -Analyze how decisions made in youth can affect the aging process. -List the stages of dying that some people experience. -Summarize healthy strategies for coping with a dying loved one and coping after a death. 	<ul style="list-style-type: none"> - PowerPoint/Prezi 		<p>5.12.1, 5.12.2, 7.12.1, 8.12.2, 8.12.3, 1.12.5, 3.12.3, 3.12.1, 3.12.4, 4.12.1, 4.12.4,</p>
<p>Preventing Disease</p>	<ul style="list-style-type: none"> - Understanding Infectious Diseases -Defenses Against Disease -Common Infectious Diseases -Emerging Infectious Diseases 	<p>-2-3 Weeks</p>	<ul style="list-style-type: none"> -Identify the causes of infectious disease -Describe ways infectious diseases are spread -Identify the body's physical and chemical defenses against infectious disease -Describe the inflammatory response -Summarize how the immune system works -Compare passive and active immunity -Identify some diseases caused by bacteria and by viruses -Describe behaviors that can help you get healthy and stay healthy -Define the term emerging disease -Identify reasons why disease emerge 	<ul style="list-style-type: none"> -Note Taking -Practice Worksheets -Hands-on Activities -Videos - PowerPoint/Prezi 	<ul style="list-style-type: none"> -Quizzes -Chapter Tests 	<p>NHES:-1.12.1, 1.12.3, 1.12.5, 1.12.8, 1.12.9, 1.12.4, 2.12.1, 2.12.3, 2.12.6, 2.12.10, 3.12.1, 3.12.2, 3.12.3, 3.12.5, 4.12.1, 4.12.3, 4.12.4, 6.12.1, 7.12.1, 7.12.2, 7.12.3, 8.12.1, 8.12.3, 8.12.6</p>

<p>Community Health and Safety</p>	<ul style="list-style-type: none"> -The Healthcare System -Participating in Your Healthcare -Public Health -Global Public Health -Your Community, Your Health -Air Quality and Health -Protecting Land and Water -Working for Community Health -Safety at Home and in Your Community -Safety at Work and Play -Motor Vehicle Safety 	<p>-2-3 Weeks</p>	<p>Identify the healthcare providers that work together to care for patients. Describe different types of healthcare facilities. Analyze how technology has affected healthcare. Describe how to choose and participate fully in your healthcare. Compare different options for paying for healthcare. Summarize the main goal of public health programs today. Describe how the United States' public health system is organized. Explain the importance of global public health efforts. Describe the types of public health problems that international health organizations work to overcome. Identify the different kinds of communities to which you belong. Describe how communities affect personal health. Summarize the potential health effects of air pollution. Evaluate factors that affect indoor air pollution. Analyze how government and personal actions can help improve air quality. Summarize the threats that hazardous wastes pose to human health. Identify sources of water pollution. Describe solutions for protecting land and</p>	<ul style="list-style-type: none"> -Note Taking -Practice Worksheets -Hands-on Activities -Videos - PowerPoint/ Prezi 	<ul style="list-style-type: none"> -Quizzes -Chapter Tests 	<p>NHES:-1.12.1, 1.12.3, 1.12.5, 1.12.8, 1.12.9, 1.12.4, 2.12.1, 2.12.3, 2.12.6, 2.12.10, 3.12.1, 3.12.2, 3.12.3, 3.12.5, 4.12.1, 4.12.3, 4.12.4, 6.12.1, 7.12.1, 7.12.2, 7.12.3, 8.12.1, 8.12.3, 8.12.6,8.12.4</p>
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