NEED HELP? JUST DIAL 2-1-1

UNITED WAY 2-1-1 PROVIDES FREE, CONFIDENTIAL, 24/7 REFERRALS FOR:

BASIC HUMAN NEEDS

- Food
- · Clothing
- Shelter
- · Rent assistance
- Utility assistance

PHYSICAL & MENTAL HEALTH

- · Health insurance programs
- · Medicaid & Medicare
- Intervention services
- · Support groups
- Counseling
- · Drug & alcohol intervention
- Victims' services
- Rehabilitation

EMPLOYMENT SUPPORT

- Earned Income Tax Credit (EITC)
- Financial assistance
- Job training
- Transportation assistance
- Education programs

SUPPORT FOR SENIOR CITIZENS

- · Adult day care
- · Respite care
- · Home health care
- Transportation
- Specialized services for both young & old with disabilities
- Employment assistance

SUPPORT FOR CHILDREN, Youth, & Families

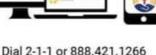
- Child care
- · After-school programs
- · Family resource centers
- Mentoring
- Tutoring
- Protective services

GET HELP DURING A DISASTER-

During a disaster such as a hurricane, tornado, fire, or flood, a 2-1-1 Call Specialist links the caller to:

- Emergency shelters
- · Grief counseling
- · Food distribution centers
- · Clean-up crews
- State & federal assistance
- · Potable water, ice, food
- Volunteer opportunities
- Emergency financial assistance





or search the database online at: www.211connectsalabama.org



HOPE IS NOT LOST.

