

TEST-TAKING STRATEGIES



FOR THE SAT & ACT

- 1 SLEEP & EAT**
Get enough sleep & eat a full meal before the test
- 2 ARRIVE 10-15 MINUTES EARLY**
Use the time to get settled & take some deep breaths
- 3 READ THE DIRECTIONS**
Read all of the directions very carefully before moving on
- 4 RELY ON YOUR GUT**
Your gut is often right. Trust your first instinct.
- 5 USE PROCESS OF ELIMINATION**
Some answers are obviously wrong. Cross them off!
- 6 COME BACK TO DIFFICULT QUESTIONS**
Answer everything you know first. Come back to tough questions later.
- 7 ANSWER EVERY QUESTION**
Even if you have to guess, answer everything. There's no penalty!
- 8 USE EXTRA TIME FOR REVIEW**
If you finish early, use extra time to review answers & proof essays
- 9 OUTLINE ESSAYS FIRST**
A list of bullet points helps to guide you as you write
- 10 WRITE IN YOUR TEST BOOKLET**
Take notes, circle key words, mark up questions