

COVID Action Plan

what to do in the following situations

We continue to follow the guidelines from the Centers for Disease Control and Prevention (CDC) and will update the below as guidelines change. Below are the specific Highlands School guidelines will be following:

If a student or faculty/staff member TESTS POSITIVE FOR COVID-19 regardless of vaccination status

- Stay home 5 full days (through Day 5)*.
- Alert Nurse Deb and teacher of positive test result.

If student/faculty/staff had symptoms:

- They may return to school and can end isolation after 5 full days if they are fever-free for 24 hours without the use of fever-reducing medication and other symptoms are improving.
- If they still have a fever and symptoms are worsening, they must stay home until they are fever-free for 24 hours without the use of fever-reducing medication and other symptoms are improving.
- They must **wear a well-fitting mask** while at school for days 6-10 (through Day 10). **They can discontinue masking on Day 8 with proof of two sequential negative antigen tests 48 hours apart (i.e. 1st test on Day 6 and 2nd test on Day 8).**

If student/faculty/staff had no symptoms:

- They may return to school and end isolation after 5 full days, and they have remained symptom-free.
- They must **wear a well-fitting mask** while at school for days 6-10 (through Day 10). **They can discontinue masking on Day 8 with proof of two sequential negative antigen tests 48 hours apart (i.e. 1st test on Day 6 and 2nd test on Day 8).**

*Day 0 is your first day of symptoms or a positive test. Day 1 is the first full day after your symptoms developed or your test specimen was collected.

Please Note: The School reserves the right to implement masking and/or testing for multiple outbreaks within a grade level, division, or school-wide.

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what to do in the following situations

We continue to follow the guidelines from the Centers for Disease Control and Prevention (CDC) and will update the below as guidelines change. Below are the specific Highlands School guidelines will be following:

If student or faculty/staff was a close contact and EXPOSED TO SOMEONE WITH COVID-19

- The School will conduct contact tracing and will notify you if you or your student is a close contact of someone who has tested positive. If your student was exposed to someone outside of school, please let Nurse Deb know.
- **There is no need to quarantine.** They may remain in school, but we ask that you monitor for symptoms. We recommend they wear a mask for 10 days.*
- **Everyone considered a close contact must test on Day 6**** following exposure, even if symptoms do not develop. Please provide proof of test results to Nurse Deb. If negative and have no symptoms, they may continue attending school. They may discontinue masking on day 6 (or later) with two sequential negative antigen tests 48 hours apart. If positive, please follow the protocols listed previously.

If symptoms develop at any point within 10 days:

- Isolate immediately
- Get tested and remain at home until you receive the test results.
- If positive for COVID, please follow the protocols listed previously.
- If negative for COVID, they may return to school when they are fever-free for 24 hours without the use of fever-reducing medication and other symptoms are improving.

**Day 0 is the day of your last exposure to someone with COVID-19. Day 1 is the first full day after your last exposure.

Please Note: The School reserves the right to implement masking and/or testing for multiple outbreaks within a grade level, division, or school-wide.

Source: CDC as of 8/22/22

