

FEBRUARY 2023

Menu subject to change without notice

BREAKFAST MENU

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	BREAKFAST MEAL PRICES: REDUCED \$.30 FULL PRICE \$1.65 A LA CARTE ENTREE \$2.00 EXTRA MILK \$.50 EXTRA FRUIT \$.50 MILK CHOICES: 1% Low Fat Milk Fat Free Chocolate Milk
WEEK 2			1 Pancake on a Stick PB&J Cereal Pop Tart Muffins Fresh Fruit Orange Juice Milk Choice	2 Chorizo & Bean Taco Yogurt Parfait PB&J Cereal Pop Tart Muffins Fresh Fruit Orange Juice Milk Choice	3 Breakfast Pizza PB&J Cereal Pop Tart Muffins Fresh Fruit Orange Juice Milk Choice	
WEEK 1	6 Sausage Egg & Cheese Biscuit PB&J Cereal Pop Tart Muffins Fresh fruit Orange Juice Milk choice	7 Breakfast Skillet Bowl Yogurt Parfait PB&J Cereal Pop Tart Muffins Fresh Fruit Orange Juice Milk Choice	8 Sausage & Cheese Croissant PB&J Cereal Pop Tart Muffins Fresh Fruit Orange Juice Milk Choice	9 Barbacoa Taco Yogurt Parfait PB&J Cereal Pop Tart Muffins Fresh Fruit Orange Juice Milk Choice	10 Bacon & Egg Taco PB&J Cereal Pop Tart Muffins Fresh Fruit Orange Juice Milk Choice	
WEEK 2	13 Chorizo & Egg Taco PB&J Cereal Pop Tart Muffins Fresh Fruit Orange Juice Milk Choice	14 Potatoe & Egg Taco Yogurt Parfait PB&J Cereal Pop Tart Muffins Fresh fruit Orange Juice Milk Choice	15 Pancake on a Stick PB&J Cereal Pop Tart Muffins Fresh Fruit Orange Juice Milk Choice	16 Chorizo & Bean Taco Yogurt Parfait PB&J Cereal Pop Tart Muffins Fresh Fruit Orange Juice Milk Choice	17 Breakfast Pizza PB&J Cereal Pop Tart Muffins Fresh Fruit Orange Juice Milk Choice	
WEEK 1	20 Sausage Egg & Cheese Biscuit PB&J Cereal Pop Tart Muffins Fresh fruit Orange Juice Milk choice	21 Breakfast Skillet Bowl Yogurt Parfait PB&J Cereal Pop Tart Muffins Fresh Fruit Orange Juice Milk Choice	22 Sausage & Cheese Croissant PB&J Cereal Pop Tart Muffins Fresh Fruit Orange Juice Milk Choice	23 Barbacoa Taco Yogurt Parfait PB&J Cereal Pop Tart Muffins Fresh Fruit Orange Juice Milk Choice	24 Bacon & Egg Taco PB&J Cereal Pop Tart Muffins Fresh Fruit Orange Juice Milk Choice	
WEEK 2	27 Chorizo & Egg Taco PB&J Cereal Pop Tart Muffins Fresh Fruit Orange Juice Milk Choice	28 Potatoe & Egg Taco Yogurt Parfait PB&J Cereal Pop Tart Muffins Fresh fruit Orange Juice Milk Choice				STISD Child Nutrition Dept. (956)514-4230

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LUNCH MENU

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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
W E E K 2			1 Chicken Fajita Tacos Pinto Beans Baby Carrots Rice Banana Fruit Cocktail	2 Beef & Cheese Lasagna Twisted Cheese Breadstick Green Beans Romaine Salad Fresh Fruit Diced Pears	3 Chili Cheese Dog Corn French Fries Fresh Fruit Pineapple Tidbits	<p>LUNCH MEAL PRICES:</p> <p>REDUCED \$.40 FULL PRICE \$3.35</p> <p>A LA CARTE</p> <p>ENTREE \$2.00 SIDE DISH \$0.50 EXTRA MILK \$0.50</p> <p>MILK CHOICES:</p> <p>1% Low Fat Milk Fat Free Chocolate Milk</p> <p>STISD Child Nutrition Dept. (956)514-4230</p>
W E E K 1	6 Popcorn Chicken Mash Bowl Cooked Carrots Dinner Roll Fresh fruit Peach Slices	7 Cheeseburger Chips Roamaine Salad Baby Carrots Fresh Fruit Fruit Cocktail	8 Cheese Enchiladas Pinto Beans Spanish Rice Romaine Salad Fresh Fruit Diced Pears	9 Chicken Alfredo Mashed Potatoes Green Beans Fresh Fruit Applesauce	10 Nachos or Frito Pie Corn French Fries Fresh Fruit	
W E E K 2	13 Spaghetti & Meatballs Garlic Stick Cooked Carrots Romaine Salad Fresh apple Peach Slices	14 Orange Chicken w/Fried Rice Broccoli Baby Carrots Fresh Fruit Fruit Cocktail	15 Chicken Fajita Tacos Pinto Beans Baby Carrots Rice Banana Fruit Cocktail	16 Beef & Cheese Lasagna Twisted Cheese Breadstick Green Beans Romaine Salad Fresh Fruit Diced Pears	17 Chili Cheese Dog Corn French Fries Fresh Fruit Pineapple Tidbits	
W E E K 1	20 Popcorn Chicken Mash Bowl Cooked Carrots Dinner Roll Fresh fruit Peach Slices	21 Cheeseburger Chips Roamaine Salad Baby Carrots Fresh Fruit Fruit Cocktail	22 Cheese Enchiladas Pinto Beans Spanish Rice Romaine Salad Fresh Fruit Diced Pears	23 Chicken Alfredo Mashed Potatoes Green Beans Fresh Fruit Applesauce	24 Nachos or Frito Pie Corn French Fries Fresh Fruit	
W E E K 2	27 Spaghetti & Meatballs Garlic Stick Cooked Carrots Romaine Salad Fresh apple Peach Slices	28 Orange Chicken w/Fried Rice Broccoli Baby Carrots Fresh Fruit Fruit Cocktail				

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PIZZA & MORE MENU

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MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		
				1	Sausage Taco Pizza Chef Salad Pinto Beans Romaine Salad Fresh Fruit Diced Pears	2	Spicy Chicken Sadwich Cheesesticks Chef Salad Green Beans Baby Carrots Fresh Fruit Applesauce	3	Pizza Chicken Wrap Chef Salad Corn French Fries Fresh Fruit Pineapple Tidbits	<p>MEAL PRICES:</p> <p>REDUCED \$.40 FULL PRICE \$3.35</p> <p>A LA CARTE</p> <p>ENTREE \$2.00 SIDE DISH \$0.50 EXTRA MILK \$0.50</p> <p>MILK CHOICES:</p> <p>1% Low Fat Milk Fat Free Chocolate</p> <p>CONDIMENTS:</p> <p>Ranch Dressing Parmesan Cheese Ketchup Jalapenos Mustard Mayo</p> <p>STISD Child Nutrition Dept. (956)514-4230</p>
6	Chicken Tenders Burritos Chef Salad Creamy Mashed Potatoes Cooked Carrots Dinner Roll Fresh Fruit Peach Slices	7	Hoagie Sandwich Pizza Chef Salad Romaine Salad Baby Carrots Fresh Fruit Fruit Cocktail	8	Sausage Taco Pizza Chef Salad Pinto Beans Romaine Salad Fresh Fruit Diced Pears	9	Spicy Chicken Sadwich Cheesesticks Chef Salad Green Beans Baby Carrots Fresh Fruit Applesauce	10	Pizza Chicken Wrap Chef Salad Corn French Fries Fresh Fruit Pineapple Tidbits	
13	Chicken Tenders Burritos Chef Salad Creamy Mashed Potatoes Cooked Carrots Dinner Roll Fresh Fruit Peach Slices	14	Hoagie Sandwich Pizza Chef Salad Romaine Salad Baby Carrots Fresh Fruit Fruit Cocktail	15	Sausage Taco Pizza Chef Salad Pinto Beans Romaine Salad Fresh Fruit Diced Pears	16	Spicy Chicken Sadwich Cheesesticks Chef Salad Green Beans Baby Carrots Fresh Fruit Applesauce	17	Pizza Chicken Wrap Chef Salad Corn French Fries Fresh Fruit Pineapple Tidbits	
20	Chicken Tenders Burritos Chef Salad Creamy Mashed Potatoes Cooked Carrots Dinner Roll Fresh Fruit Peach Slices	21	Hoagie Sandwich Pizza Chef Salad Romaine Salad Baby Carrots Fresh Fruit Fruit Cocktail	22	Sausage Taco Pizza Chef Salad Pinto Beans Romaine Salad Fresh Fruit Diced Pears	23	Spicy Chicken Sadwich Cheesesticks Chef Salad Green Beans Baby Carrots Fresh Fruit Applesauce	24	Chicken Wrap Chef Salad Corn French Fries Fresh Fruit Pineapple Tidbits	
27	Chicken Tenders Burritos Chef Salad Creamy Mashed Potatoes Cooked Carrots Dinner Roll Fresh Fruit Peach Slices	28	Hoagie Sandwich Pizza Chef Salad Romaine Salad Baby Carrots Fresh Fruit Fruit Cocktail							

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