



**Registration Opens February 28**  
**Register by Phone @ (408) 716-0552 or Online**  
 At: <http://fuhsdadultschool.com>  
**\*REFUND POLICY: REQUESTS MUST BE MADE 7 DAYS BEFORE 1ST CLASS & HAVE \$20 PROCESSING FEE\***

**Session 4** : March 23 - May 24  
 No School 4/17 - 4/21, Spring Break

## Bright Beginnings Preschool Classes

Preschool Classes for Children 5 Months to 5 Years  
 Play Based Learning, Parent Participation & Parent Education  
 Children Learn: Confidence, Independence, Social Skills, Self-Discipline & Academic Skills  
 Parents Learn: Basics of Child Development, and how to support your child for school success.  
**Sibling discount** is available when registered in the same class.

### Level 4 - 10 + STEAM Career Opportunity

Adults enrolled in this program qualify for tuition free Early Childhood Education classes through De Anza and Foothill College

## STEAM: Science, Technology, Engineering, Art, and Math (3 - 5 Years) \$200

STEAM integrates Science, Technology, Engineering, Art, and Math into each day's theme. Activities are designed to nurture and develop creativity, problem-solving and analytical skills. Parents participate in class three times per session. Register for one or both classes.

**Instructor:** Caroline Richardson **RM:** 4  
**Course Code:** 73.2040.42 **Day:** TH  
**Time:** 12:00 - 2:00 PM **Beg/End:** 3/23 - 5/18

## Level 9/10 Preschool Science (3.5 - 5 Years) \$200

Children develop their emerging science skills in this fun, hands-on, interactive class. Children work in small groups that help develop scientific understanding and language. There are three science projects each day in addition to preschool activities. Weekly parent participation is required.

**Instructor:** Rindala Sawaya **RM:** 5  
**Course Code:** 71.1540.42 **Day:** W  
**Time:** 09:00 - 11:45 AM **Beg/End:** 3/29 - 5/24

## Wiggles & Rhymes (5 - 12 months) \$80

Parents come play and have fun with your baby, while you meet other parents, and learn about child development. Wiggles & Rhymes features music, movement, rhymes, and activities with baby plus teacher led parent discussion.

**Instructor:** Caroline Richardson **RM:** 1  
**Course Code:** 72.0110.41 **Day:** F  
**Time:** 10:00 - 10:45 AM **Beg/End:** 3/24 - 5/19

## Toddler Preschool (12 - 24 Months) \$150

A preschool class designed for parent & toddler to stimulate your child's emotional, intellectual, physical and social growth through art, music, literature, dramatic play and motor activities. Participation promotes the development of language, fine motor and gross motor skills.

**Instructor:** Reemu Mehta **RM:** 3  
**Course Code:** 71.4110.41 **Day:** F  
**Time:** 09:15 - 10:45 AM **Beg/End:** 3/24 - 5/19

**Course Code:** 71.4110.42 **Day:** F  
**Time:** 11:00 - 12:30 PM **Beg/End:** 3/24 - 5/19

**Office Information**  
 Address: 572 Dunholme Way  
 Sunnyvale, CA 94087  
 Phone: (408) 716-0552  
 Open: Mon-Fri 8:30-4:00

## ☀️ Gym Kids ☀️

Children develop balance, coordination and body strength using specialized equipment. Parachute, directional games and music help develop body control and language.

Course Code	Age	Start - End Time	Beg/End	Day	Teacher	Fee
72.1110.42	9 - 18 mo	10:00 - 10:45 AM	3/29 - 5/24	W	Julie Markley	80.00
72.6110.41	1 - 3 yrs	09:00 - 09:45 AM	3/28 - 5/23	T	Caroline Richardson	80.00
72.6110.42	1 - 3 yrs	11:00 - 11:45 AM	3/28 - 5/23	T	Caroline Richardson	80.00
72.6110.43	1 - 3 yrs	09:00 - 09:45 AM	3/23 - 5/18	TH	Becca Partridge	80.00
72.6110.44	1 - 3 yrs	11:00 - 11:45 AM	3/23 - 5/18	TH	Becca Partridge	80.00
72.7110.41	2 - 3 yrs	11:00 - 11:45 AM	3/24 - 5/19	F	Caroline Richardson	80.00
72.7110.42	2 - 3 yrs	11:00 - 11:45 AM	3/29 - 5/24	W	Julie Markley	80.00
72.8110.41	1 - 4 yrs	10:00 - 10:45 AM	3/28 - 5/23	T	Caroline Richardson	80.00
72.8110.42	1 - 4 yrs	10:00 - 10 : 45AM	3/23 - 5/18	TH	Becca Partridge	80.00
72.8110.43	1 - 4 yrs	09:00 - 09:45 AM	3/24 - 5/19	F	Caroline Richardson	80.00

## Off-Site @ Local Parks

### Preschool Art in the Park (2 - 5 Years) \$180

Join your child for a fun morning creating and playing in the park. Class will include 3 art projects, music, movement, directional games, story time and lots of fun! Each week is a new experience and engaging for both parent and child. Enroll a sibling for a discounted fee.

**Instructor:** Reemu Mehta **Park:** Various  
**Course Code:** 73.3040.41 **Day:** Th  
**Time:** 09:30 - 11:30 AM **Beg/End:** 3/23 - 5/18

### Preschool Adventures (1.5 - 5 Years) \$180

Preschool Adventures is fun for the whole family. It meets at the park and is filled with play, songs, stories and crafts related to the day's adventure theme. Parent and child attend together. Parents must provide their own transportation to the site. Please bring a snack for you and your child. Enroll a sibling for a discounted fee.

**Instructor:** Reemu Mehta **Park:** Various  
**Course Code:** 73.7020.41 **Day:** W  
**Time:** 09:30 - 11:30 AM **Beg/End:** 3/29 - 5/24

### Art and Adventures (2 - 5 years) \$180

Adventure awaits your child in this interactive class that includes 2-3 art projects and a fun adventure theme. Class also includes play time and circle time activities.

**Instructor:** Reemu Mehta **RM:** 3  
**Course Code:** 72.0110.41 **Day:** F  
**Time:** 09:30 - 11:30 AM **Beg/End:** 3/27 - 5/22

### Preschool Math & More (3 - 5 Years) \$180

Children develop their math skills: sorting, grouping, patterns and numbers through singing, games and art. Snack time, story time and playtime are organized around fun math activities. Please bring a snack for yourself and your child. Enroll a sibling for a discounted fee.

**Instructor:** Verna Rego **RM:** 4  
**Course Code:** 73.4010.41 **Day:** M  
**Time:** 12:00 - 02:00 PM **Beg/End:** 3/27 - 5/22

**Course Code:** 73.4010.42 **Day:** W  
**Time:** 12:00 - 02:00 PM **Beg/End:** 3/29 - 5/24

**\*To enroll in this class, children need to be 3 years old by 9/1/22.**

### Preschool Dance + Music Fun (2 - 5 Years) \$180

This fun class combines music and movement into each session. Each day features new musical style and lots of dancing. Children will increase their musicality and learn simple dances. Please bring a snack for you and your child. Enroll a sibling for a discounted fee.

**Instructor:** Verna Rego **RM:** 4  
**Course Code:** 73.5020.41 **Day:** Tu  
**Time:** 09:30 - 11:30 AM **Beg/End:** 3/28 - 5/23

**Course Code:** 73.5020.42 **Day:** Tu  
**Time:** 12:00 - 02:00 PM **Beg/End:** 3/28 - 5/23

### School Facebook Pages

Have you seen the Bright Beginnings Preschool Instagram and Facebook pages? Check them out at: <https://www.facebook.com/preschoolandgymkids/> Please feel free to share our pages and schedule with your friends