



February 2023

Harrison High School – Lunch Menu

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

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2

3

Hot Food Station, First Meal Free; Second Meal \$2.75 Lunch Adults \$4.78 + Tax
Enjoy the taste of homemade-quality meals from our daily hot food station!

Lemon Caper
Chicken
Penne Pasta

Vegetable Lasagna
Rolls
Garlic Bread

General Tso's
Chicken
Vegetable Fried Rice

Hot Food Station, First Meal Free; Second Meal \$2.75 Lunch Adults \$4.78 + Tax
Enjoy the taste of homemade-quality meals from our daily hot food station!

Burger Bar
Beef, Turkey or
Vegetable Burger
Choices of Cheeses
And Toppings

Grilled Cheese Bar
Choice of Cheese;
Triple Decker
Grilled Cheese
Tomato

Belgian Waffle Bar
Sausage Patty
Tator Tots
Blueberry Compote
Cinnamon Apple Slices

Deli/Salad Bar Station, First Meal Free; Second Meal \$2.75 Lunch Adults \$5.78 + Tax
Customize any of our sandwiches or salads to your exact liking! We will feature daily specials.*
**Served with Bread/Grain.*

Greek Vegetable Wrap
Red Onion, Black Olives,
Feta Cheese

BBQ Chicken

Chicken Caesar
Wrap

Pizza Station, First Meal Free; Second Meal \$2.75 Lunch Adults \$4.78 + Tax
In addition to regular cheese pizza, we now feature specialty pies, including:

Italian Sausage

Buffalo Chicken

Garlic Broccoli

Daily Vegetable & Fruit* Selections

**We offer a fruit of the day (see below) along with additional fresh, canned or juice selections.*

Chickpea Salad
Green Leaf Salad
Carrot Sticks
Melon Cup
Peach Cup

Fresh Green Salad
Cole Slaw
Sautéed Spinach
Berry Cup
Peaches

Honey Glazed Carrots
3 Bean Salad
Sautéed Broccoli
Pear Cup
Orange Slices

More Info...

All Lunches Include:
Entrée, Bread/Grain,
Vegetable, Fruit/Juice
(Two Fruit Selections
Daily) and Choice of
1% White or Fat-Free
White or Chocolate
Milk. *Hormone and
Antibiotic-Free Milk
Offered with all Lunch
Meals.*

Meal Price
Student: \$2.75

Adult: \$4.78+tax
Deli/Salad Adult:
\$5.78+tax

Served Daily
Cheese or Pepperoni
Pizza
Made to Order Deli Bar
Made to Order Salad
Bar

Food Allergies? Please
Speak to Your Server,
Chef or Manager.



We are happy to
announce that the Java
City kiosk is now open for
business in the high
school cafeteria. Delicious
hot and cold beverages,
along with light bites, will
be offered daily*.
*À la carte only.



Regardless of portion size, the FSMC is responsible for meeting all requirements under the Final Rule Nutrition Standards in the National School Lunch and School Breakfast Programs. This includes min-max calories, saturated fat and sodium along with specific component offerings for all fruits, vegetables, grains, meat/meat alternates and milk. This institution is an equal opportunity provider and employer.

**If you have any questions or comments, please call the
Food Service Department at 914-630-3114.
Christine Clementz RD, CDN**



Menus are subject to
change without notice.



February 2023

Harrison High School – Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
6	7	8	9	10

Hot Food Station, Lunch Meal Price \$2.75 Lunch Adults \$4.78 + Tax
Enjoy the taste of homemade-quality meals from our daily hot food station!

Chicken Parmigiana Penne Pasta	Sausage and Pepper or Buffalo Chicken Stromboli	Popcorn Chicken and Rice Bowl	Honey Glazed Roast Chicken Yellow Rice	Pizza Flatbread Pepperoni, Veggie or Buffalo Chicken
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Hot Food Station, Lunch Meal Price \$2.75 Lunch Adults \$4.78 + Tax
Enjoy the taste of homemade-quality meals from our daily hot food station!

<u>Enchilada Bar</u> Beef, Chicken or Cheese Enchilada with Salsa & Sour Cream	<u>Pasta Bar:</u> Penne Or Spaghetti Marinara, Meat Sauce or Chicken Broccoli Alfredo	<u>Burger Bar</u> Beef, Turkey or Vegetable Burger Choices of Cheeses And Toppings	<u>Baked Potato Bar</u> Choice of Cheese; Broccoli Sour Cream, Tomato	<u>French Toast Bar</u> Sausage Patty Hash Browns Blueberry Compote Cinnamon Apple Slices
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Deli/Salad Bar Station, Lunch Meal Price \$3.75 Lunch Adults \$5.78 + Tax
Customize any of our sandwiches or salads to your exact liking! We will feature daily specials.*
**Served with Bread/Grain.*

Honey Mustard Chicken	Egg Salad Red Onion Wrap	Greek Vegetable Wrap Red Onion, Black Olives, Feta Cheese	Buffalo Chicken	Chicken Salad Wrap
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Pizza Station, Lunch Meal Price \$2.75 Lunch Adults \$4.78 + Tax
In addition to regular cheese pizza, we now feature specialty pies, including:

Spinach	Mushroom	Italian Sausage	Salad Pizza	Ham and Pineapple
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Daily Vegetable & Fruit* Selections
**We offer a fruit of the day (see below) along with additional fresh, canned or juice selections.*

Baby Carrots Romaine Salad Sautéed Green Beans Pineapple Cup Pear	Fresh Tomato Salad Broccoli and Garlic Pineapple Cup Applesauce Fresh Apple	French Fries Chickpea Salad Green Leaf Salad Melon Cup Peach Cup	Fresh Green Salad Tomato Salad Sautéed Spinach Melon Cup Peaches	Roasted Carrots 3 Bean Salad Sautéed Broccoli Pineapple Cup Pear
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More Info...
All Lunches Include:
 Entrée, Bread/Grain,
 Vegetable, Fruit/Juice
 (Two Fruit Selections
 Daily) and Choice of
 1% White or Fat-Free
 White or Chocolate
 Milk. *Hormone and
 Antibiotic-Free Milk
 Offered with all Lunch
 Meals.*

Meal Price
 Student: \$2.75
 Adult: \$4.78+tax
 Deli/Salad Adult:
 \$5.78+tax

Served Daily
 Cheese or Pepperoni
 Pizza
 Made to Order Deli Bar
 Made to Order Salad
 Bar

**Food Allergies? Please
 Speak to Your Server,
 Chef or Manager.**



We are happy to
 announce that the Java
 City kiosk is now open for
 business in the high
 school cafeteria. Delicious
 hot and cold beverages,
 along with light bites, will
 be offered daily*.
 *À la carte only.

Regardless of portion size, the FSMC is responsible for meeting all requirements under the Final Rule Nutrition Standards in the National School Lunch and School Breakfast Programs. This includes min-max calories, saturated fat and sodium along with specific component offerings for all fruits, vegetables, grains, meat/meat alternates and milk. This institution is an equal opportunity provider and employer.

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February 2023

Harrison High School – Lunch Menu

MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY

13 14 15 16 17

Hot Food Station, Lunch Meal Price \$2.75 Lunch Adults \$5.02 +Tax
Enjoy the taste of homemade-quality meals from our daily hot food station!

Meatballs with Penne & Marinara Garlic Bread	Chicken Poppers Mash Potato Bowl Dinner Roll	Chicken Patty on a Bun	Philly Cheesesteak Hero	Macaroni & Cheese Whole Grain Dinner Roll
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Hot Food Station, Lunch Meal Price \$2.75 Lunch Adults \$5.02 +Tax
Enjoy the taste of homemade-quality meals from our daily hot food station!

<u>Fajita Bar</u> Chicken Fajita With Rice with Salsa & Sour Cream	<u>BLT Bar</u> Chicken, Turkey Lettuce and Tomato Mayo, Spicy Mayo	<u>Burger Bar</u> Beef, Turkey or Vegetable Burger Choices of Cheeses And Toppings	<u>Taco Bar</u> Beef, Tofu or Chicken With Lettuce and Tomato, Rice, Salsa & Sour Cream	<u>Asian Bowl Bar</u> Asian Rice Bowl Spicy Beef Bowl Szechwan Chicken Oriental Vegetables
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Deli/Salad Bar Station, Lunch Meal Price \$3.75 Lunch Adults \$6.02 + Tax
Customize any of our sandwiches or salads to your exact liking! We will feature daily specials.*
**Served with Bread/Grain.*

Turkey Roll w Spicy Mayo	Grilled Chicken	Tuna Salad And Cheese Sandwich	BBQ Chicken Wrap	Southwest Chicken Wrap w/ Jalapenos Jack Cheese Lettuce & Tomato
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Pizza Station, Lunch Meal Price \$2.75 Lunch Adults \$5.02 +Tax
In addition to regular cheese pizza, we now feature specialty pies, including:

Pineapple & Ham	Meatball	Spinach & Cherry Tomato	Broccoli	BBQ Chicken
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Daily Vegetable & Fruit* Selections
**We offer a fruit of the day (see below) along with additional fresh, canned or juice selections.*

Garden Salad Green Beans Steamed Carrots Sliced Apples Peaches	Spinach Salad Tomato Salad Cucumber Coins Watermelon Pineapple	Baked French Fries Baked Beans Steamed Spinach Berry Cup Orange Wedges	Sweet Potato Fries Refried Beans Mexi-Corn Pear Cup Banana	Peas and Carrots Green Leaf Salad Green Beans Apple Slices Mixed Fruit Cup
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More Info...
All Lunches Include:
 Entrée, Bread/Grain, Vegetable, Fruit/Juice (Two Fruit Selections Daily) and Choice of 1% White or Fat-Free White or Chocolate Milk.

Student Meal Price: \$2.75
 Adult: \$5.02+tax
 Deli/Salad Adult: \$6.02 Plus tax

Served Daily
 Cheese or Pepperoni Pizza
 Made to Order Deli Bar
 Made to Order Salad Bar

Food Allergies? Please Speak to Your Server, Chef or Manager.



We are happy to announce that the Java City kiosk is now open for business in the high school cafeteria. Delicious hot and cold beverages, along with light bites, will be offered daily*.
 *À la carte only.

All meals come with half pint of milk.

Hormone and Antibiotic-Free Milk Offered with all Lunch Meals.



Regardless of portion size, the FSMC is responsible for meeting all requirements under the Final Rule Nutrition Standards in the National School Lunch and School Breakfast Programs. This includes min-max calories, saturated fat and sodium along with specific component offerings for all fruits, vegetables, grains, meat/meat alternates and milk. This institution is an equal opportunity provider and employer.

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MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY

20 21 22 23 24

Hot Food Station, First Meal Free; Second Meal \$2.75 Lunch Adults \$4.78+ Tax
Enjoy the taste of homemade-quality meals from our daily hot food station!

Winter Break No School

Hot Food Station, First Meal Free; Second Meal \$2.75 Lunch Adults \$4.78 + Tax
Enjoy the taste of homemade-quality meals from our daily hot food station!

Winter Break No School

Deli/Salad Bar Station, First Meal Free; Second Meal \$2.75 Lunch Adults \$5.78 + Tax
Customize any of our sandwiches or salads to your exact liking! We will feature daily specials.*
 *Served with Bread/Grain.

Winter Break No School

Pizza Station, First Meal Free; Second Meal \$2.75 Lunch Adults \$4.78 + Tax
In addition to regular cheese pizza, we now feature specialty pies, including:

Daily Vegetable & Fruit* Selections
**We offer a fruit of the day (see below) along with additional fresh, canned or juice selections.*

More Info...
All Lunches Include:
 Entrée, Bread/Grain, Vegetable, Fruit/Juice (Two Fruit Selections Daily) and Choice of 1% White or Fat-Free White or Chocolate Milk.

Student Meal Price: \$2.75

Adult: \$4.78+tax
 Deli/Salad Adult: \$5.78+tax

Served Daily
 Cheese or Pepperoni Pizza
 Made to Order Deli Bar
 Made to Order Salad Bar

Food Allergies? Please Speak to Your Server, Chef or Manager.



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 *À la carte only.

All meals come with half pint of milk.

Hormone and Antibiotic-Free Milk Offered with all Lunch Meals.



Please note: School lunch is free for all students this year!



Regardless of portion size, the FSMC is responsible for meeting all requirements under the Final Rule Nutrition Standards in the National School Lunch and School Breakfast Programs. This includes min-max calories, saturated fat and sodium along with specific component offerings for all fruits, vegetables, grains, meat/meat alternates and milk. This institution is an equal opportunity provider and employer.

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MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

27

28

Hot Food Station, First Meal Free; Second Meal \$2.75 Lunch Adults \$4.78 + Tax
Enjoy the taste of homemade-quality meals from our daily hot food station!

Brunch For Lunch
 French Toast Sticks
 Fruit Topping

Chicken Francese
 Corn Bread

Hot Food Station, First Meal Free; Second Meal \$2.75 Lunch Adults \$4.78 + Tax
Enjoy the taste of homemade-quality meals from our daily hot food station!

Omelet Bar
 3 Cheeses, Spinach
 Tomato, Ham, Bacon
 Biscuit

Pasta Bar: Penne Or
 Spaghetti
 Marinara, Meat Sauce or
 Chicken Broccoli Alfredo

Deli/Salad Bar Station, First Meal Free; Second Meal \$2.75 Lunch Adults \$5.78 + Tax
Customize any of our sandwiches or salads to your exact liking! We will feature daily specials.*
 *Served with Bread/Grain.

Honey Mustard Chicken

Egg Salad Red
 Onion Wrap

Pizza Station, First Meal Free; Second Meal \$2.75 Lunch Adults \$4.78 + Tax
In addition to regular cheese pizza, we now feature specialty pies, including:

Spinach

Mushroom

Daily Vegetable & Fruit* Selections
 *We offer a fruit of the day (see below) along with additional fresh, canned or juice selections.

Baby Carrots
 Romaine Salad
 Sautéed Green
 Beans
 Pineapple Cup
 Pear

Mashed Potatoes
 Tomato Salad
 Broccoli and Garlic
 Roast Zucchini
 Pineapple Cup
 Applesauce



Please note: School lunch is free for all students this year! (First Meal Only)

More Info...

All Lunches Include:
 Entrée, Bread/Grain, Vegetable, Fruit/Juice (Two Fruit Selections Daily) and Choice of 1% White or Fat-Free White or Chocolate Milk. *Hormone and Antibiotic-Free Milk Offered with all Lunch Meals.*

Student Meal Price
 \$2.75

Adult: \$4.78+tax
 Deli/Salad Adult: \$5.78+tax

Served Daily
 Cheese or Pepperoni
 Pizza
 Made to Order Deli Bar
 Made to Order Salad Bar

Food Allergies? Please Speak to Your Server, Chef or Manager.



We are happy to announce that the Java City kiosk is now open for business in the high school cafeteria. Delicious hot and cold beverages, along with light bites, will be offered daily*.

*À la carte items



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