Children's Wisconsin
Community Services

# Family Matters

**January-May 2023**

## Family Forums

**SPACE IS LIMITED FOR EVENTS**
**REGISTRATION IS REQUIRED TO ATTEND**
**Call: 715.848.1457 or**
**Email: centralwigroups@childrenswi.org**

### Is Your Child School-Ready?

**Tuesday, Jan 24th 6-7:30pm**
**Children's WI 705 S. 24th Ave Wausau**
**Presented by Kara Rakowski and Lisa Dunahee**
Here's your chance to meet with some of the Wausau School District 4K Team and find out how to prepare your little for 4K and learn about other early childhood services offered throughout Marathon County. Child development assessments ASQ-3 and ASQ:SE will be available! *Registration is required for the onsite childcare.*

### Mom (or Dad) Shaming

**Thursday, Jan 26th 6-7:30pm**
**Children's WI 705 S 24th Ave Wausau**
**Presented by Stephanie Hamann, LPC**
Parent shaming happens when people criticize a parent-for making parenting choices that differ from the choices they have made or would make themselves. But how do you cope with something you can't control? How do you handle so many negative comments about so many things? Come find strategies to make it through a world of criticism and judgment. *Registration is required for the onsite childcare.*

### Early Childhood Mental Health

**Thursday, Feb 9th 6-7:30pm**
**Children's WI 705 S 24th Ave Wausau**
**Presented by Michaella Brickner, LPC**
Are you unsure if your young child would benefit from therapy support for their challenging behaviors or emotions? Are you curious about mental health therapy for children ages 0-5 years old? Come join us to learn more about what mental health symptoms look like in young children, types of therapy and services available at Children's Wisconsin in Wausau. *Registration is required for the onsite childcare.*

### Dating Violence Awareness for Parents of Teens

**Thursday, May 25th 6-7:30pm**
**Children's WI 705 S 24th Ave Wausau**
**Presented by Lea Hegge, Violence Prevention Consultant, MPH**
As a parent it can be challenging to watch your teen navigate new relationships and experiences as their freedom grows. Learn the warning signs of dating violence and sexual assault, work through barriers to hard conversations and prepare your teen for healthy relationships.

## Family Events

### The Chocolate Shop Tour

**Sunday, Feb 19th 1pm**
**The Chocolate Shop**
**532 S 3rd Ave Wausau 54401**
**Presented by Owners Paul and Kristin Zaal**
Join us for an educational and tasty tour of The Chocolate Shop, a unique candy store located near downtown Wausau with imported treats from Holland. ***Maximum attendance for this event is 30 people. Registration is required! Call or 715-848-1457 to register.***

### Kids in the Kitchen!

**Tuesday, April 11th 5:30pm**
**Children's WI 705 S. 24th Ave Wausau**
**Presented by Penny Schmitt, FoodWIse Nutrition Educator**
Join us for this popular program! Make a healthy snack while learning from a nutritionist how to get your kids to WILLINGLY eat healthy. Bring your kids ages 1-10yo. ***Registration is required! Call 715-848-1457 to reserve a spot!***

### Polito's Pizza Field Trip

**311 N. 3rd St Wausau 54403**
**Thursday, April 27th 5pm**
Are you interested in learning about the day to day operations of a pizzeria? Come hungry and ready to learn! ***Maximum attendance for this event is 15 people. Registration is required! Call 715-848-1457 to reserve a spot!***

### Have Dinner and Support Children's Wisconsin in Marathon County!

Dine at *Milwaukee Burger Company* in Wausau on **Monday, March 20th** and 10% of everything purchased between 4pm and 9pm supports Children's Wisconsin's Prevention programs here in Marathon County!

### Find us on... facebook

**'Children's Wisconsin-Marathon County Family Resource Center'**

Stay updated on our latest programing, and get great real-world parenting tips.

**Children's Wisconsin**
705 S. 24th Ave., Suite 400
Wausau, WI 54401
715-848-1457
**centralwigroups@childrenswi.org**
**Find us on the web at childrenswi.org/wausau**

Children's Wisconsin

# Family Matters

# PROGRAMS AND SERVICES

**January—May 2023**

## Ongoing Services

### LEAP (Learning Essentials about Parenting)

Parenting is a joy but challenging too. Let's work together solving problems and strengthening relationships in your home. A 9-week series, topics include building self-esteem, child development, communication skills, media, positive discipline techniques and more. **6 –7:30pm Mondays Registration Required. Call 715-848-1457**

### LENA Start Marathon County

Jump start your 0-36 month old for success in school and in life with this FREE 10 week program that emphasizes the importance of communication. Learn more about how early talk builds babies' brains. Includes FREE books, incentives, gift cards and all materials. Virtual and in-person options. Classes begin mid-February. *Must start on class one.* **Register at LenaStartMC.org**

### Parent Aide Triple P In-Home Program

This 10 week program promotes positive parenting practices to address and prevent a range of social, emotional, and behavioral problems in children and teens. For parents of children ages 0-17. **Call 715-848-1457 for more information or to sign up.**

All programs are funded by Marathon County and Marathon County United Way and are provided free of charge.

Programs are not an Athens, Abbotsford, Edgar, DCE, Marathon, Wausau, Spencer, Stratford or Newman Catholic School District sponsored activity and the opinions expressed are not necessarily those of the school district or their personnel.

## Parent Chat

Parents can schedule private, individual sessions with a staff person who can provide parenting information and support or connect you with the right community resource. Call: 715-660-0493

## Warm Line

This is your non-emergency connection to speak with an expert on the day-to-day trials of child rearing and receive practical parenting information, tools, and advice. Call 715-660-0493

## Play and Learn

**Wednesdays 10:00-11:00 am**
Wausau Library
300 1st St, Wausau

Connect with others who have young children and enjoy early learning activities to enhance your child's development and promote school readiness. For children ages 0-6yo.

**Drop in and have some fun!**

**Coming in June!**
**End of School Extravaganza!**
Like our page on Facebook for more information

LIVE UNITED
United Way of Marathon County