



May 18, 2021

FERRIS ISD

SHAC/ WELLNESS POLICY

SCHOOL YEAR 2020-2021

THIS POLICY AND ASSESSMENT IS APPROVED BY THE FERRIS ISD BOARD
OF DIRECTORS ON MAY, 18, 2021.

RICO RODRIGUEZ
SCHOOL BOARD PRESIDENT

A handwritten signature in black ink, appearing to read "Rico Rodriguez", written over a horizontal line.

RICHARD SASSER
SCHOOL BOARD VICE PRESIDENT

A handwritten signature in black ink, appearing to read "Richard Sasser", written over a horizontal line.



Assessments



How healthy is your organization?

How healthy is your organization? Use our Assessments below to identify the strengths and opportunities for improvement.

Planning for action

These Assessments are key to equipping your organization with action steps to prioritize with your team this school year.

Learn more about the Action Plan

Available Assessments

Quick Start Health Assessment: School Edition

As schools return to learning in the 2020-2021 school year, this quick, 15-question assessment supports them in prioritizing and implementing key mental, physical and social health practices within the context of COVID-19. It covers:

- Teaming and implementation
- Staff health
- Mental health and wellness
- Physical activity and physical education
- Food access and other social health considerations

In partnership with KAISER PERMANENTE.

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Healthy Schools Assessment

The Healthy Schools Assessment is our version of the School Health Index (SHI). It covers:

- Physical activity
- Nutrition
- Employee wellness
- Other health topics

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RISE Index

The RISE Index is the tool to help schools assess, prioritize, and plan key activities that promote the social-emotional health of staff and students.

- Staff well-being
- Social-emotional health policies and practices
- Discipline practices
- Other social-emotional health topics

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Quick Start Health Assessment: School Edition

In partnership with KAISER PERMANENTE.

For Ferris High School in Quick Start.



Way to go!

You have answered all the criteria!

100%

Nice going!

Updated 8 days ago by Patty M

Quick Start Health Assessment:
School Edition Guide

Quick Start Health Assessment:
School Edition Glossary

Quick Start Health Assessment:
School Edition Report

Invite a Team Member

TOPIC

EXPAND ALL ▾

Teaming & Implementation

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Staff Health

100% ▾

Mental Health & Wellness

100% ▾

Physical Activity & Physical Education

100% ▾

Food Access & Other Social Health Considerations

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Reporting

Quick Start Health Assessment: School Edition report for Ferris High School.

Teaming & Implementation

QUESTION	STATUS	ACTION ITEM	COLUMN
STE-1 Presence of a representative team	Fully in place	No	-
STE-2 Use of continuous improvement process to coordinate school health	Fully in place	No	-
STE-3 Staff input on school health and safety policies and programs	Mostly in place	No	-

Staff Health

QUESTION	STATUS	ACTION ITEM	COLUMN
SSH-1 Opportunities for staff to build relationships with each other, including virtually	Mostly in place	No	-
SSH-2 Expectations related to work-life balance	Fully in place	No	-
SSH-3 Approach for staff to take breaks	Partially in place	No	-
SSH-4 Opportunities for staff to display gratitude	Not in place	No	-

Mental Health & Wellness

QUESTION	STATUS	ACTION ITEM	COLUMN
SMH-1 Cultivating positive classroom culture	Fully in place	No	-
SMH-2 Adjusting environments to reduce triggers	Fully in place	No	-
SMH-3 Motivating class participation	Fully in place	No	-

Physical Activity & Physical Education

QUESTION		STATUS	ACTION ITEM	COLUMN
SPA-1	Opportunities for student physical activity	Fully in place	No	-
SPA-2	Student access to physical education	Fully in place	No	-

Food Access & Other Social Health Considerations

QUESTION		STATUS	ACTION ITEM	COLUMN
SFA-1	Participation in school meal programs	Fully in place	No	-
SFA-2	Use of referral pathway for social-emotional, behavioral, and social support needs	Fully in place	No	-
SFA-3	Student lunch time	Fully in place	No	-

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Quick Start Health Assessment: School Edition

In partnership with KAISER PERMANENTE.

For Ferris Junior High School in Quick Start.



Way to go!

You have answered all the criteria!



Nice going!

Updated 20 days ago by Valerie F



Quick Start Health Assessment:
School Edition Guide



Quick Start Health Assessment:
School Edition Glossary



Quick Start Health Assessment:
School Edition Report



Invite a Team Member

TOPIC

EXPAND ALL ▾

Teaming & Implementation



Staff Health



Mental Health & Wellness



Physical Activity & Physical Education



Food Access & Other Social Health Considerations



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Reporting

Quick Start Health Assessment: School Edition report for Ferris Junior High School.

Teaming & Implementation

QUESTION	STATUS	ACTION ITEM	COLUMN
STE-1 Presence of a representative team	Partially in place	No	-
STE-2 Use of continuous improvement process to coordinate school health	Partially in place	No	-
STE-3 Staff input on school health and safety policies and programs	Not in place	No	-

Staff Health

QUESTION	STATUS	ACTION ITEM	COLUMN
SSH-1 Opportunities for staff to build relationships with each other, including virtually	Mostly in place	No	-
SSH-2 Expectations related to work-life balance	Mostly in place	No	-
SSH-3 Approach for staff to take breaks	Mostly in place	No	-
SSH-4 Opportunities for staff to display gratitude	Partially in place	No	-

Mental Health & Wellness

QUESTION	STATUS	ACTION ITEM	COLUMN
SMH-1 Cultivating positive classroom culture	Fully in place	No	-
SMH-2 Adjusting environments to reduce triggers	Fully in place	No	-
SMH-3 Motivating class participation	Mostly in place	No	-

Physical Activity & Physical Education

QUESTION	STATUS	ACTION ITEM	COLUMN
SPA-1 Opportunities for student physical activity	Fully in place	No	-
SPA-2 Student access to physical education	Fully in place	No	-

Food Access & Other Social Health Considerations

QUESTION	STATUS	ACTION ITEM	COLUMN
SFA-1 Participation in school meal programs	Partially in place	No	-
SFA-2 Use of referral pathway for social-emotional, behavioral, and social support needs	Fully in place	No	-
SFA-3 Student lunch time	Fully in place	No	-

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Healthy Schools Assessment

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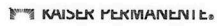
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RISE Index

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- Staff well-being
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Reporting

Quick Start Health Assessment: School Edition report for Ferris Intermediate School.

Teaming & Implementation

QUESTION	STATUS	ACTION ITEM	COLUMN
STE-1 Presence of a representative team	Fully in place	No	-
STE-2 Use of continuous improvement process to coordinate school health	Fully in place	No	-
STE-3 Staff input on school health and safety policies and programs	Fully in place	No	-

Staff Health

QUESTION	STATUS	ACTION ITEM	COLUMN
SSH-1 Opportunities for staff to build relationships with each other, including virtually	Fully in place	No	-
SSH-2 Expectations related to work-life balance	Fully in place	No	-
SSH-3 Approach for staff to take breaks	Mostly in place	No	-
SSH-4 Opportunities for staff to display gratitude	Fully in place	No	-

Mental Health & Wellness

QUESTION	STATUS	ACTION ITEM	COLUMN
SMH-1 Cultivating positive classroom culture	Fully in place	No	-
SMH-2 Adjusting environments to reduce triggers	Fully in place	No	-
SMH-3 Motivating class participation	Fully in place	No	-

Physical Activity & Physical Education

QUESTION		STATUS	ACTION ITEM	COLUMN
SPA-1	Opportunities for student physical activity	Fully in place	No	-
SPA-2	Student access to physical education	Fully in place	No	-

Food Access & Other Social Health Considerations

QUESTION		STATUS	ACTION ITEM	COLUMN
SFA-1	Participation in school meal programs	Fully in place	No	-
SFA-2	Use of referral pathway for social-emotional, behavioral, and social support needs	Fully in place	No	-
SFA-3	Student lunch time	Fully in place	No	-

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Reporting

Quick Start Health Assessment: School Edition report for Lucy Mae McDonald Elem School.

Teaming & Implementation

QUESTION	STATUS	ACTION ITEM	COLUMN
STE-1 Presence of a representative team	Fully in place	No	-
STE-2 Use of continuous improvement process to coordinate school health	Fully in place	No	-
STE-3 Staff input on school health and safety policies and programs	Fully in place	No	-

Staff Health

QUESTION	STATUS	ACTION ITEM	COLUMN
SSH-1 Opportunities for staff to build relationships with each other, including virtually	Fully in place	No	-
SSH-2 Expectations related to work-life balance	Fully in place	No	-
SSH-3 Approach for staff to take breaks	Fully in place	No	-
SSH-4 Opportunities for staff to display gratitude	Fully in place	No	-

Mental Health & Wellness

QUESTION	STATUS	ACTION ITEM	COLUMN
SMH-1 Cultivating positive classroom culture	Mostly in place	No	-
SMH-2 Adjusting environments to reduce triggers	Fully in place	No	-
SMH-3 Motivating class participation	Fully in place	No	-

Physical Activity & Physical Education

QUESTION		STATUS	ACTION ITEM	COLUMN
SPA-1	Opportunities for student physical activity	Fully in place	No	-
SPA-2	Student access to physical education	Fully in place	No	-

Food Access & Other Social Health Considerations

QUESTION		STATUS	ACTION ITEM	COLUMN
SFA-1	Participation in school meal programs	Fully in place	No	-
SFA-2	Use of referral pathway for social-emotional, behavioral, and social support needs	Fully in place	No	-
SFA-3	Student lunch time	Fully in place	No	-

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Reporting

Quick Start Health Assessment: School Edition report for Hazel Ingram Elementary School.

Teaming & Implementation

QUESTION	STATUS	ACTION ITEM	COLUMN
STE-1 Presence of a representative team	Fully in place	No	-
STE-2 Use of continuous improvement process to coordinate school health	Fully in place	No	-
STE-3 Staff input on school health and safety policies and programs	Fully in place	No	-

Staff Health

QUESTION	STATUS	ACTION ITEM	COLUMN
SSH-1 Opportunities for staff to build relationships with each other, including virtually	Fully in place	No	-
SSH-2 Expectations related to work-life balance	Fully in place	No	-
SSH-3 Approach for staff to take breaks	Fully in place	No	-
SSH-4 Opportunities for staff to display gratitude	Fully in place	No	-

Mental Health & Wellness

QUESTION	STATUS	ACTION ITEM	COLUMN
SMH-1 Cultivating positive classroom culture	Fully in place	No	-
SMH-2 Adjusting environments to reduce triggers	Fully in place	No	-
SMH-3 Motivating class participation	Fully in place	No	-

Physical Activity & Physical Education

QUESTION		STATUS	ACTION ITEM	COLUMN
SPA-1	Opportunities for student physical activity	Fully in place	No	-
SPA-2	Student access to physical education	Fully in place	No	-

Food Access & Other Social Health Considerations

QUESTION		STATUS	ACTION ITEM	COLUMN
SFA-1	Participation in school meal programs	Fully in place	No	-
SFA-2	Use of referral pathway for social-emotional, behavioral, and social support needs	Fully in place	No	-
SFA-3	Student lunch time	Fully in place	No	-

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