

GENERAL ELECTIVES

250000 Freshman Seminar

Grade(s): 9

Credit: .5 per semester

Term(s): 1 or 2

This course will provide students with tools to ease the transition into high school and beyond with an orientation to the building, staff, policies, an examination of learning styles and study skills, and integrated technology skill-building in various computer skills including frequently used software and internet safety. A career exploration unit will include help in high school course

selections. Reading and writing assignments will be integrated throughout the course to help prepare students to pass state tests required for graduation. Weekly "I-Time" lessons geared to parent/peer/teacher relationship-building, effective communication skills, problem-solving, and teamwork will be provided. Use of the text "The 6 Most Important Decisions You'll Ever Make" by Sean Covey, and other resources will address the six major social factors facing teens: school, friends, parents, dating and sex, addictions, and self-image/worth.