### PHYSICAL EDUCATION

# M091000 Phy Ed Grade 6

### (Required - 1 Semester Equivalent)

This course fulfills the MN 6<sup>th</sup> grade state requirement for Physical Education. It is meant to introduce aspects of MN state standards. The curriculum addresses these standards through aquatics, physical fitness and individual/team indoor and outdoor activities. An emphasis is placed on positive social behaviors within class settings.

# M092000 Phy Ed Grade 7

#### (Required - 1 Semester Equivalent)

This course fulfills the MN 7<sup>th</sup> grade state requirement for Physical Education. It is meant to enhance student's knowledge of the components and concepts of MN state standards. The curriculum addresses these standards through aquatics, physical fitness and individual/team indoor and outdoor activities. An emphasis is placed on each student developing positive social behaviors within class settings.

### M093000 Phy Ed Grade 8

#### (Required - 1 Semester)

This course fulfills the MN 8<sup>th</sup> grade state requirements for Physical Education. It is meant to expand student's knowledge of the components and concepts of MN state standards. Fitness levels will be emphasized through aquatics, physical fitness, and individual/team/lifetime indoor and outdoor activities. Prior positive social behaviors emphasis will also be expanded and developed.