



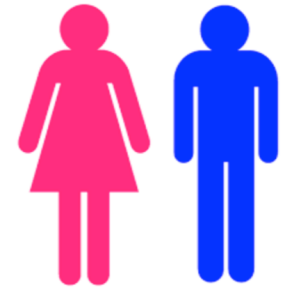
Talking with a son/daughter about sexuality can be challenging and even a bit uncomfortable. Be encouraged. Research indicates that children are overwhelmingly in favor of discussing this topic with a parent rather than any other person(s).

"When you believe you have value and worth, it changes how you feel on the inside and how you treat others on the outside."

"When you believe you have value and worth it changes how you feel on the inside and how you treat others on the outside."



Upper Adams School District



Health: Human Sexuality



Curriculum Scope and
Sequence
Grades 1-12



Scope and Sequence

Elementary

Grades 1-2

- Healthy Relationship

Grade 5

- Puberty (Growth & Development)
 - Females: Menstrual Cycle, Hygiene
 - Male: Hygiene

Grades 5 & 6

- HIV and AIDS
- Bullying (Susan Byrnes)
 - In Her Shoes: respect, empathy, sexting, relationships
 - 5 Men Up: societies definition of masculinity, respect, relationships

Secondary

Grade 7

- Reproductive Systems and Functions
- Sexually Transmitted Infections, HIV and AIDS
 - Symptoms
 - Transmission
 - Prevention
 - Treatments
- Contraceptive Choices
 - Proper application
 - Effectiveness
 - Side Effects
- Penn's Youth Initiative
 - Abstinence
 - Healthy Relationships/Dating
 - Healthy Boundaries
 - Social Media/Sexting
 - Refusal Skills

Grade 10

- Goals and The Decision Making Process
 - Recognizing Personal Values
- Reproductive Systems
 - Functions
 - Illnesses
- Sexually Transmitted Infections, HIV and AIDS
 - Symptoms
 - Transmission
 - Prevention
 - Treatments
 - Health Complications
 - Testing
- Contraceptive Choices
 - Proper Application
 - Effectiveness
 - Side Effects
 - Availability
 - Cost
- Penn's Youth Initiative
 - Dimensions of Wellness (complete person)
 - Abstinence
 - Healthy Relationships
 - Dating
 - Healthy Boundaries
 - Refusal Skills
 - Social Media