

## DAILY PHYSICAL ACTIVITY

The Governor Wentworth Regional School District recognizes the importance of daily physical activity and exercise for students. Physical Education classes are offered at each school and are complemented by organized and impromptu physical activities, such as afterschool programs, intramural sports, interscholastic sports, and physical activity clubs. Physical activity is also promoted through the provisions of Policy JLCF.

Adopted: 11/15/04  
Reaffirmed: 5/18/09  
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