



MEADOWS AFTER-SCHOOL PROGRAMS



2022-2023 Spring Course Catalog



MEADOWS AFTER-SCHOOL PROGRAMS

Dear Parents and Guardians,

It's hard to believe that the Meadows After-School ProgramS (MAPS) Spring trimester is already upon us. I'm excited for the brighter, warmer days that Spring will bring and the inevitable excitement that comes as Summer nears. Undoubtedly, MAPS will be inspired by this energy, creating an even richer opportunity for students to socialize in a safe environment and be surrounded by caring instructors who value their individual growth and self-expression.

Important dates for the MAPS Spring trimester:

Registration opens: February 6 @ 6:00 p.m.

Registration closes: February 17 @ 6:00 p.m.

Spring session: March 6 - May 24

MAPS registration takes place within the myMeadows Parent Portal. Please use your existing account, along with VC Pay, to complete registration. Please note, registration for a course is not complete until payment is received.

In the Spring trimester, we will continue to have two courses each day for Beginning School students. On Fridays, there will be a new course, Music and Movement, for our littlest learners to end the week on a high note!

For Lower School students, we will continue to have many of the same offerings, with the additions of Painting, Yoga Flow, Golf, Spanish, Multicultural Explorations, S.T.E.A.M. & Robots, Long Distance Running, Board Game Wizards, Baseball Academy, Volleyball, Cheer, Creative Writing, and Gaga Ball & Team Building.

As you review the catalog, please keep in mind that we have a **MAPS Gear Exchange** to help facilitate parents and guardians sharing gear that their child(ren) may have outgrown or no longer need. Everyone is welcome to use it to either offer gear to others or request gear that they need for a course.

If you need assistance, please reach out to support@themeadowsschool.org.

I look forward to seeing you and your child(ren) in the Meadows After-school ProgramS!

Sincerely,
Monica Gehrig
Manager of Auxiliary Programs



Register online at [myMeadows](#)

MAPS Course Descriptions

DAILY

Early Drop-Off - 7:00 a.m.

Grades: K - 5

Instructor: TMS Faculty/Staff

Tuition: \$100 per day, per trimester

Location: Lower School

Drop-off: Between 7:00 and 7:20 a.m. at the Lower School

Students arriving at school early will receive a snack and have the opportunity to engage with educational games and activities.

Early Drop-Off - 7:30 a.m.

Grade: PreK

Instructor: TMS Faculty/Staff

Tuition: \$100 per day, per trimester

Location: Lower School

Drop-off: Between 7:30 and 7:55 a.m. at the Lower School

Students arriving at school early will receive a snack and enjoy discovery learning centers until they are walked to the Beginning School.

Extended Day - 4:30 p.m.

Grades: K - 5

Instructor: TMS Faculty/Staff

Tuition: \$150 per day, per trimester

Location: Lower School

Pick-up: By 4:30 p.m. at the Lower School

After dismissal, students will have time to play, eat a snack, and then work on completing his/her homework for the evening. If time allows, your child will enjoy activities such as board and card games, painting and crafts, or building activities with their friends.

Late Pick-Up - 6:00 p.m.

Grades: K - 5

Instructor: TMS Faculty/Staff

Tuition: \$115 per day, per trimester

Location: Lower School

Pick-up: By 6:00 p.m. at the Lower School, 702-283-0683

Students coming from MAPS or Extended Day will have time to eat a snack and finish their homework. Then, students will enjoy activities such as board and card games, painting and crafts, or building activities with their friends until they are picked up.

Drop-in (3:30-4:30 p.m. for both Lower and Beginning School) is available in urgent circumstances at \$25/day/child. The charge will be billed through the Business Office.

MONDAYS

BEGINNING SCHOOL

Creating with Ms. Smilow
TMS Instructor: Alix Smilow
Location: Beginning School

Grades: PreK
Tuition: \$225
Pick-up: 4:30 p.m.

Our youngest Mustangs will tap into their imagination through play. Students will work together to make creations, discover their interests, and have some fun!

Tennis - Beginner Skills Clinic
TMS Instructors: Meadows Tennis Staff
Location: TMS Tennis Complex

Grades: PreK
Tuition: \$225
Pick-up: 4:30 p.m.

This course is for students having varying levels of experience or no formal experience at all. This course will concentrate on giving students a set of basic tennis skills while having fun! Ideas about sportsmanship and effort will be emphasized. Students will be divided into small groups for instruction. Students may wear school uniforms with tennis shoes and should bring their own tennis rackets for this class.

LOWER SCHOOL

Archery
TMS Instructor: Ginnae Stamanis
Location: Lower School

Grades: 4 - 5
Tuition: \$225
Pick-up: 4:30 p.m.

Join us and learn the basics of archery! We provide the equipment: Genesis beginner compound bows. Students will learn safety, form, aiming, scoring, and courtesy.



Basketball - Primary Grades
Instructor: Erin Thorn
Location: Lower School Court

Grades: K - 2
Tuition: \$225
Pick-Up: 4:30 p.m.

This course is also offered Wednesdays. Students may register for one or both days.

Coached by retired WNBA player Erin Thorn, students will learn the fundamental skills and drills that helped Coach Thorn achieve the highest levels of success during her basketball career, including ball-handling, shooting, defense, footwork, game concepts, and more. Grades K-2 will participate in an in-house league at The Meadows School where staff will incorporate game coaching in a controlled environment.

Basketball - Boys Competitive**Instructor: Erik Brewer****Location: Lower School Court****Grades: 3 - 5****Tuition: \$450 (includes Monday & Wednesday)****Pick-Up: 4:30 p.m.**

Coached by Erik Brewer from Erin Thorn's Center Sports, students will learn the fundamental skills and drills required for a competitive basketball team, including ball-handling, shooting, defense, footwork, game concepts, and more. Grades 3-5 will participate in an elementary competitive league on various weekdays and weekends throughout the trimester. By registering for this program, there is a commitment to attend practice (Mondays and Wednesdays) as well as games (dates to be provided). The Meadows School will facilitate league registration.

Basketball - Girls Competitive**TMS Instructor: Jack Concannon****Location: Lower School Court****Grades: 3 - 5****Tuition: \$450 (includes Monday & Wednesday)****Pick-Up: 4:30 p.m.**

Coached by Meadows' coach Jack Concannon, students will learn the fundamental skills and drills required for a competitive basketball team, including ball-handling, shooting, defense, footwork, game concepts, and more. Grades 3-5 will participate in an elementary competitive league on various weekdays and weekends throughout the trimester. By registering for this program, there is a commitment to attend practice (Mondays and Wednesdays) as well as games (dates to be provided). The Meadows School will facilitate league registration.

**Beginning Golf****Instructor: Bob Lewis****Location: LS Field****Grades: K - 5****Tuition: \$225****Pick-up: 4:30 p.m.**

In this beginning course, students will learn how to hold and grip a golf club. They will also learn a basic stance such as how to balance weight on both feet and be the proper distance from the ball. Once they've mastered these techniques, they will learn how to properly swing a golf club, including how to keep the head down, left arm straight, and eye on the ball. They will practice hitting balls off tees and how to putt.

Board Game Wizards**Instructors: Meghan Johnson & Catherine Heath****Location: Lower School****Grades: K - 5****Tuition: \$225****Pick-up: 4:30 p.m.**

What skills can help students learn? Higher-order critical thinking skills. What better way to learn these skills than through board games. We want students to explore learning in a creative, fun, and engaging way. Let's learn through play!

Guitar - Beginner**TMS Instructor: Edward Judd****Location: Peccole CFA****Grades: 1 - 5****Tuition: \$225****Pick-up: 4:30 p.m.**

This course is for students with little or no guitar experience. Instruction will include everything from the basics of playing to performing as an ensemble. Students will learn how to read music, technique, team work, and preparation in performance. **Students must provide their own instruments.**

Odyssey of the Mind (OOTM)**TMS Instructor: Dr. Tom Garvey****Location: Middle School****Grades: 4 - 5****Tuition: \$225****Pick-up: 4:30 p.m.**

Come on a multi-disciplinary journey of discovery—an Odyssey of the Mind (OOTM)! This internationally acclaimed program invites students to work together over a year-long period building meaningful relationships, increasing their problem-solving abilities, expressing their creativity, applying skills learned in the classroom, and building self-confidence.

Over 3 trimesters, Dr. Garvey will assist students as they put their spin on the popular concept of the "Trojan Horse" by creating one of their own! It will be used to get past a wall in a performance that also includes a character from *The Iliad*, an original Greek chorus, and an unusual statue.

Participants for OOTM must understand they are part of the team and that they must enroll in all 3 trimesters (fall, winter, and spring). By attending the sessions consecutively, students will be able to build on the multifaceted solutions they've developed as a team in the previous sessions and prepare for an end-of-the-year-celebration!

S.T.E.A.M. & Robots**TMS Instructor: Caroline Trunoske****Location: Lower School****Grades: K - 2****Tuition: \$225****Pick-up: 4:30 p.m.**

Let's have fun and explore the vast unknowns in the world! Your student can explore different types of experiments and have fun with robots. They will be able to learn about different science, technology, and engineering through fun, hands-on experiments and get creative with different art experiments. We will cover art science experiments, engineering experiments, and different fields of science!

Violin - Beginner**TMS Instructor: Denitza Larsen****Location: Peccole CFA Orchestra Room****Grades: PreK - 2 (PreK students must be 5+ years old)****Tuition: \$225****Pick-up: 4:30 p.m.**

This exciting course is designed to give students the opportunity to begin their musical journey on the violin in a fun, supportive group setting. The Strings program is one of the fastest growing music programs at The Meadows School. An adult must be in attendance for all class sessions. Parent involvement in early instrument training is crucial. Students must provide their own instrument by the third week of class. Instructions on acquiring an instrument will be given at the first class.

TUESDAYS

BEGINNING SCHOOL

Budding Builders

TMS Instructor: Kaylyn Fong

Location: Beginning School

Grades: PreK

Tuition: \$225

Pick-up: 4:30 p.m.

Construct castles, build the tallest tower, and solve puzzles in this hands-on engineering class. Students will have the opportunity to work on their own or with others as they practice their building and problem solving skills. They will fine-tune their abilities through building with LEGOs, blocks, magnetic tiles, puzzles, and more!

Fun and Games

TMS Instructor: Lynda Newman

Location: Beginning School

Grades: PreK

Tuition: \$225

Pick-up: 4:30 p.m.

Let's get our playtime on! Students will play simple games with easy directions, and practice basic skills like hopping, jumping, throwing, catching and balancing. Enjoy time outside with friends and learn new games!

LOWER SCHOOL

Art - Primary Grades

TMS Instructor: Rachel Martin

Location: Peccole CFA

Grades: K - 2

Tuition: \$225

Pick-up: 4:30 p.m.

This course is project based. Students will explore a variety of art mediums including watercolors, oil pastels, chalk pastels, acrylic painting, ceramics, and sculpture while learning about artists and various art techniques.



Baseball Academy

TMS Instructor: Brandon Kotake

Location: LS Field

Grades 3 - 5

Tuition: \$225

Pick-up: 4:30 p.m.

Baseball instruction for intermediate level baseball players and up, perfect for those playing little league and/or club baseball. Throughout the trimester, students will have the opportunity to focus on offensive and defensive fundamentals including, but not limited to: footwork, proper biomechanics, glove presentation, proper throwing mechanics in different arm slots, arm care, hitting mechanics, mental approach, offensive/defensive situations, base running, and monthly wiffle ball games! **Prerequisite: Students must be able to consistently catch baseballs.**

Budding Builders**TMS Instructor: Marilyn Smilow****Location: Lower School****Grades: K - 5****Tuition: \$225****Pick-up: 4:30 p.m.**

Construct castles, build skyscrapers, and solve puzzles in this hands-on engineering class. Students will have the opportunity to work on their own or with others as they practice their building and problem solving skills. They will fine-tune their abilities through building with LEGOs, K'NEX, marble runs, puzzles, and more!

Cheer**Instructor: Cristal Gutierrez****Location: Lower School****Grades K - 2****Tuition: \$225****Pick-up: 4:30 p.m.**

Learn all the fundamentals of cheerleading! Sideline cheers, motions, dance, jumps, kicks, and voice projection. This course will be a great opportunity for students to develop fundamental cheer skills and have fun!

Chess**Instructor: Ryan Phillips****Location: Lower School****Grades: 2 - 5****Tuition: \$225****Pick-up: 4:30 p.m.**

Welcome to the journey of the 64 squares! This course will teach students tactical motifs such as back rank checkmates, double attacks, deflections and much more. Taught by USCF expert Ryan Phillips, the kids will develop pattern recognition skills, learn opening principles and be able to evaluate their decision making process. This course will be perfect for players new to chess and also players looking to take their game to the next level. Let's get started on this exciting journey!

Creative Writing**Instructor: Colette Fahning****Location: Lower School****Grades: 2 - 5****Tuition: \$225****Pick-up: 4:30 p.m.**

In this course, students will review the steps of the creative writing process, analyze creative writing texts, and create their own creative writing pieces to share with their peers. They will go through the brainstorming, editing, and finalizing stages of writing a creative piece before presenting a final draft within the course. Lastly, they will work to understand and define a creative writing piece.

Drama - Primary Grades**TMS Instructor: Tim Burris****Location: Peccole CFA****Grades: K - 2****Tuition: \$225****Pick-up: 4:30 p.m.**

Students will explore movement, improvisation, proper vocal production, and stretch their creativity. There will be a demonstration that parents can attend and participate in at the end of the trimester.



Early Buzzers**TMS Instructor: Matthew Albert****Location: Middle School****Grade: 5****Tuition: \$225****Pick-up: 4:30 p.m.**

Quick! What's the capital of Nevada? If you knew it was Carson City, hit that buzzer for 10 points and join the next generation of Meadows Quiz Bowl.

Our Middle School program is in the midst of a very successful season, having recently wrapped up a regular season championship in December and a conference tournament championship in January. However, we are ALWAYS looking for the next generation to keep our tradition of excellence going! This course is your child's opportunity to get some early practice on the buzzer and learn what it's like to be a Meadows Quiz Bowler. Sessions will cover basics of the game and some deeper study on topics that come up frequently in matches. Students who take this course will be well prepared to join the team at the start of Middle School next year, and they'll have already gained some experience with the coach who will be guiding them for the next three years.

Mixed Martial Arts**Instructor: Destiny Health & Mixed Martial Arts****Location: Lower School****Grades: K - 5****Tuition: \$225****Pick-up: 4:30 p.m.**

This course will teach the basic fundamentals of mixed martial arts such as Brazilian jiu jitsu, boxing, and muay Thai kickboxing. It is geared to strengthen the students' physically and mentally as well as help them develop leadership and confidence skills. The course will consist of a warm-up of basic fundamentals, followed by drills of fundamentals, partner exercises, and finally a section of cardio. Students will be grouped by age and skill level. The course also focuses on students' ability to identify bullying and be prepared to control situations instead of reacting.

Ready, Set, Grow!**Instructor: Rosalie Lavertu****Location: Lower School Garden****Grades: K - 2****Tuition: \$225****Pick-up: 4:30 p.m.**

Be a part of building the new Meadows Garden! In this course students will learn to raise plants, especially food producing varieties, while we build and grow the new Meadows Garden. Students will get their hands dirty planting seeds, tending to plants, and finally learning to harvest, all while exploring the garden ecosystem. Gardeners also get to share the extra bounty!

Tennis - Intermediate Skills Clinic**TMS Instructor: Meadows Tennis Staff****Location: TMS Tennis Complex****Grades: K - 5****Tuition: \$225****Pick-up: 4:30 p.m.**

This course is also offered Thursdays. Students may register for one or both days.

This course is for students having varying levels of experience. This course will concentrate on giving students a set of basic tennis skills while having fun! Ideas about sportsmanship and effort will be emphasized. Students will be divided into small groups for instruction. Students may wear school uniforms with tennis shoes and should bring their own tennis rackets for this class.



WEDNESDAYS

BEGINNING SCHOOL

Bookworms**Instructor: Shyla McCrossan****Location: Beginning School****Grades: PreK****Tuition: \$225****Pick-up: 4:30 p.m.**

Dive into the magic world of imagination through stories and art! This course will begin with students listening to a story read by the teacher followed by a hands-on craft related to the story.

Fun Academy**TMS Instructor: Kaylyn Fong****Location: Beginning School****Grades: PreK****Tuition: \$225****Pick-up: 4:30 p.m.**

Singing, dancing, games, art, relay races, magic, and cooking—this course has it all! Students will enjoy a fun-filled afternoon with Ms. Fong as their guide.



LOWER SCHOOL

Basketball - Primary Grades**Instructor: Erin Thorn****Location: Lower School Court****Grades: K - 2****Tuition: \$225****Pick-Up: 4:30 p.m.**

This course is also offered Mondays. Students may register for one or both days.

Coached by retired WNBA player Erin Thorn, students will learn the fundamental skills and drills that helped Coach Thorn achieve the highest levels of success during her basketball career, including ball-handling, shooting, defense, footwork, game concepts, and more. Grades K-2 will participate in an in-house league at The Meadows School where staff will incorporate game coaching in a controlled environment.

Basketball - Boys Competitive**Instructor: Erik Brewer****Location: Lower School Court****Grades: 3 - 5****Tuition: \$450 (includes Monday & Wednesday)****Pick-Up: 4:30 p.m.**

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Debate
Instructor: Dana Randall
Location: Lower School

Grades: 4 - 5
Tuition: \$225
Pick-up: 4:30 p.m.

Students will learn to think critically about all sides of a discussion in addition to getting the opportunity to develop public speaking skills and confidence.

Long Distance Running
TMS Instructor: Bryan Astudillo
Location: LS Field

Grades: 3 - 5
Tuition: \$225
Pick-up: 4:30 p.m.

This course is also offered Fridays. Students may register for one or both days.

Students will work on proper running form, arm carriage, and upright posture in order to maintain a jogging pace and a race pace. Students will use the course to train for competition.

Mandarin Chinese Language and Culture
TMS Instructor: Eva Wang
Location: Beginning School

Grades: K - 5
Tuition: \$225
Pick-up: 4:30 p.m.

Write, listen, speak, and sing in Mandarin Chinese! In this introductory class, students will learn about the Chinese language and culture. They will practice basic Chinese language skills while enjoying a rich cultural experience. All levels are welcome.

Painting**Instructors: Meghan Johnson & Catherine Heath****Location: Lower School****Grades: K - 5****Tuition: \$225****Pick-up: 4:30 p.m.**

Take your art to the next level and learn how to paint fun and colorful pictures. In this class, we will work together to create many different paintings including animals, plants, characters, and more!

Ready, Set, Grow!**Instructor: Rosalie Lavertu****Location: Lower School Garden****Grades: 2 - 5****Tuition: \$225****Pick-up: 4:30 p.m.**

Be a part of building the new Meadows Garden! In this course students will learn to raise plants, especially food producing varieties, while we build and grow the new Meadows Garden. Students will get their hands dirty planting seeds, tending to plants, and finally learning to harvest, all while exploring the garden ecosystem. Gardeners also get to share the extra bounty!

Spanish**Instructor: Cristal Gutierrez****Location: Lower School****Grades: K - 2****Tuition: \$225****Pick-up: 4:30 p.m.**

In this introductory K-2 course, students will learn about the Spanish language and Latin/Spanish culture. Students will receive instruction that encourages student-student interaction in Spanish. They will practice writing, listening, speaking, and singing. This will be a fun and interactive experience for a student's first exposure to the Spanish language!

Tennis - Beginning Skills Clinic**TMS Instructor: Meadows Tennis Staff****Location: TMS Tennis Complex****Grades: K - 5****Tuition: \$225****Pick-up: 4:30 p.m.**

This course is also offered Fridays. Students may register for one or both days.

This course is for students having varying levels of experience or no formal experience at all. This course will concentrate on giving students a set of basic tennis skills while having fun! Ideas about sportsmanship and effort will be emphasized. Students will be divided into small groups for instruction. Students may wear school uniforms with tennis shoes and should bring their own tennis rackets for this class.



THURSDAYS

BEGINNING SCHOOL

Little Scientists

Instructor: Shyla McCrossan

Location: Beginning School

Grades: PreK

Tuition: \$225

Pick-up: 4:30 p.m.

Harness curiosity and wonder through simple science experiments! In this course, students will learn how to observe, investigate, and explore the world around them. All of the experiments will involve common items that can be found at home so students can share their learning with others.

Character Strong

TMS Instructor: Briana Marino

Location: Beginning School

Grades: PreK

Tuition: \$225

Pick-up: 4:30 p.m.

Utilizing the campus-wide adopted Character Strong curriculum, in this course, students will learn how to identify their emotions and feelings while gaining a better understanding of themselves. Students will participate in a variety of activities that encourage the development of their social/emotional learning (SEL) and character development, including dance/movement, mindfulness and yoga, art (creative/unstructured), and drama (role play and acting).

LOWER SCHOOL

Bookworms

TMS Instructor: Marilyn Smilow

Location: Lower School

Grades: K - 2

Tuition: \$225

Pick-Up: 4:30 p.m.

Dive into the magic world of imagination through stories and art! This course will begin with students listening to a story read by the teacher. Followed by a hands-on craft related to the story.



Dance

TMS Instructor: E'Dawn Severance

Location: Peccole CFA

Grades: K - 2

Tuition: \$225

Pick-up: 4:30 p.m.

Come out and move to the music! In this course, students will explore different styles and types of dance moves. From everyday dances to those with a more modern feel, students will discover the joy of moving to music.

Drama - Intermediate Grades**TMS Instructor: Tim Burris****Location: Peccole CFA****Grades: 3 - 5****Tuition: \$225****Pick-up: 4:30 p.m.**

Students will explore movement, improvisation, proper vocal production, and stretch their creativity. There will be a demonstration that parents can attend and participate in at the end of the session.

Gaga Ball & Team Building**TMS Instructor: Caroline Trunoske****Location: Lower School/Middle School****Grades: 2 - 5****Tuition: \$225****Pick-up: 4:30 p.m.**

Let's get our gaga ball on! Students will enjoy a trimester of fun and athletics with the beloved game, Gaga Ball. Each class will start off with a team building exercise to share the importance of good sportsmanship. Students will practice the concepts while playing Gaga Ball.

LEGO Discovery**TMS Instructor: Mary Pap****Location: Lower School Field****Grades: 1 - 5****Tuition: \$225****Pick-up: 4:30 p.m.**

Learn about structure and design through LEGOs. Students will be given challenges to create LEGO projects that have specific requirements or must have a particular feature. By working independently as well as collaboratively, students will develop building techniques and strategies that align with engineering skills. Students will become problem solvers and learn about teamwork through the construction and design of LEGO projects.

Multicultural Exploration**Instructor: Colette Fahning****Location: Lower School****Grades: K - 3****Tuition: \$225****Pick-up: 4:30 p.m.**

In this course, students will learn about cultures around the world. They will do so through different modes of exploration, such as listening to music, eating different cuisines, and discussing traditions from various cultures. Additionally, students will bring their own cultural ideas and traditions to the classroom for discussion and celebration!

Volleyball**TMS Instructor: Nick DiPasquale****Location: LS Common****Grades: 3 - 5****Tuition: \$225****Pick-up: 4:30 p.m.**

Perfect pass ... great set ... what a spike! This fun course provides students the opportunity to advance their individual and team volleyball skills utilizing a variety of exciting lead-up activities and intraclass games. Lessons will address each of the 6 fundamental volleyball skills (passing, setting, hitting, serving, blocking, and defense) and help familiarize students with the rules of rotation, scoring, positions, terminology, and basic offensive/defensive strategies. Both novice and seasoned players alike will have fun and benefit from this program!

Tennis - Intermediate Skills Clinic**TMS Instructor: Meadows Tennis Staff****Location: TMS Tennis Complex****Grades: K - 5****Tuition: \$225****Pick-up: 4:30 p.m.**

This course is also offered Tuesdays. Students may register for one or two days.

This course is for students having varying levels of experience. This course will concentrate on giving students a set of basic tennis skills while having fun! Ideas about sportsmanship and effort will be emphasized. Students will be divided into small groups for instruction. Students may wear school uniforms with tennis shoes and should bring their own tennis rackets for this class.

Yoga Flow**Instructors: Meghan Johnson & Catherine Heath****Location: LS Common****Grades: K - 5****Tuition: \$225****Pick-up: 4:30 p.m.**

Come join us on a journey with creative stories and yoga. Students will learn stretching, strength, and movement as we adventure through fun stories about space, dinosaurs, magic and more. Students must provide their own yoga mat.

FRIDAYS

BEGINNING SCHOOL

Music and Movement
Instructor: Shyla McCrossan
Location: Beginning School

Grades: PreK
Tuition: \$225
Pick-up: 4:30 p.m.

Clap to the beat and wiggle to the words! This course is geared to spark students' interest in music and dance through playing simple rhythms, dancing to various types of music, and creating their own instruments.

Mandarin Chinese Language and Culture
TMS Instructor: Eva Wang
Location: Beginning School

Grades: PreK
Tuition: \$225
Pick-up: 4:30 p.m.

Write, listen, speak, and sing in Mandarin Chinese! In this introductory class, students will learn about Chinese language and culture. They will practice basic Chinese language skills while enjoying a rich cultural experience. All levels are welcome.

LOWER SCHOOL

Dance
TMS Instructor: E'Dawn Severance
Location: Peccole CFA

Grades: 2 - 5
Tuition: \$225
Pick-up: 4:30 p.m.

Come out and move to the music! In this course, students will explore different styles and types of dance moves. From everyday dances to those with a more modern feel, students will discover the joy of moving to music.

Free Play
TMS Instructor: Marilyn Smilow
Location: Lower School

Grades: K - 2
Tuition: \$225
Pick-up: 4:30 p.m.

All they want to do is play! In this course, students will have an opportunity to explore and expand their creativity and imagination through various structured and unstructured games, arts, and crafts. During the activities, there will be an emphasis on good sportsmanship and teamwork.

LEGO Discovery
TMS Instructor: Mary Pap
Location: Lower School

Grades: 1 - 5
Tuition: \$225
Pick-up: 4:30 p.m.

Learn about structure and design through LEGOs. Students will be given challenges to create LEGO projects that have specific requirements or must have a particular feature. By working independently as well as collaboratively, students will develop building techniques and strategies that align with engineering skills. Students will become problem solvers and learn about teamwork through the construction and design of LEGO projects.

Long Distance Running
TMS Instructor: Bryan Astudillo
Location: LS Field

Grades: 3 - 5
Tuition: \$225
Pick-up: 4:30 p.m.

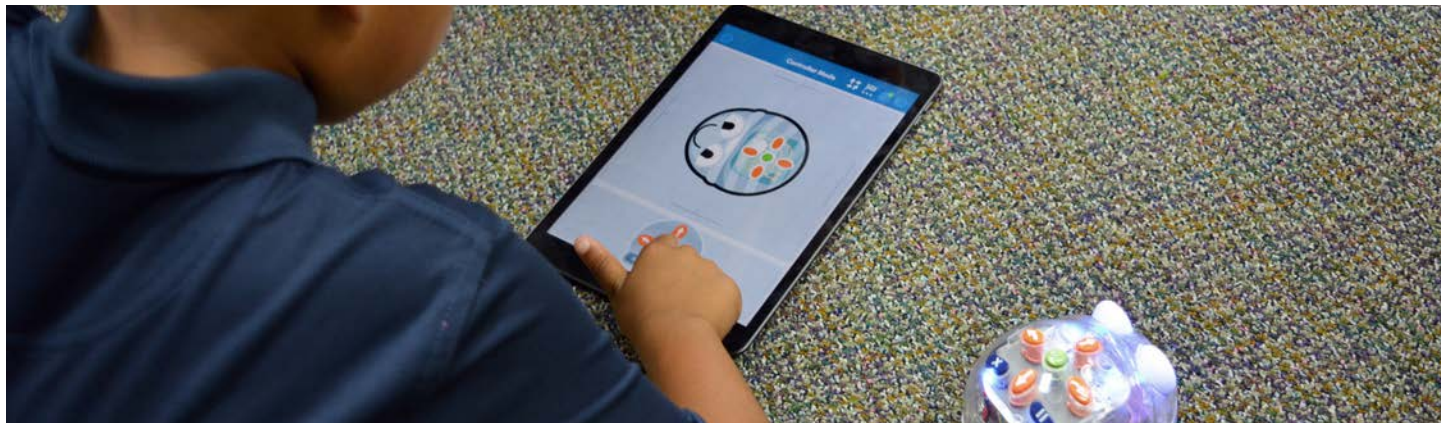
This course is also offered Wednesdays. Students may register for one or both days.

Students will work on proper running form, arm carriage, and upright posture in order to maintain a jogging pace and a race pace. Students will use the course to train for competition.

S.T.E.A.M. & Robots
TMS Instructor: Caroline Trunoske
Location: Lower School

Grades: 2 - 5
Tuition: \$225
Pick-up: 4:30 p.m.

Let's have fun and explore the vast unknowns in the world! Your student can explore different types of experiments and have fun with robots. They will be able to learn about different science, technology, and engineering through fun, hands-on experiments and get creative with different art experiments. We will cover art science experiments, engineering experiments, and different fields of science!



Superhero Training
TMS Instructor: Brandon Kotake
Location: Lower School Field

Grades: 2 - 5
Tuition: \$225
Pick-up: 4:30 p.m.

Do you want the strength of the Hulk, the speed of The Flash, the agility of Spider-Man, and the endurance of Superman? Then this class is for you! Students will increase their agility, speed, and strength, while reinforcing proper technique. Techniques will be put into practice through various games that integrate each skill.

Tennis - Beginner Skills Clinic
TMS Instructor: Meadows Tennis Staff
Location: TMS Tennis Complex

Grades: K - 5
Tuition: \$225
Pick-up: 4:30 p.m.

This course is also offered Wednesdays. Students may register for one or two days.

This course is for students having varying levels of experience or no formal experience at all. This course will concentrate on giving students a set of basic tennis skills while having fun! Ideas about sportsmanship and effort will be emphasized. Students will be divided into small groups for instruction. Students wear school uniforms with tennis shoes and should bring their own tennis rackets for this class.

MAPS Faculty Contact Information

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MEADOWS AFTER-SCHOOL PROGRAMS

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