

Artificial
Ingredients, Additives, Preservatives



**February
2023. Lunch.**



MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY

		CHEF'S CHOICE 1	Beef Hot Dogs Kettle Chips Fresh Fruit Cold Milk 2	Cheese Pizza Garden Salad Fresh Fruit Cold Milk 3
Macaroni & Cheese Steamed Veggies Fresh Fruit Cold Milk 6	Beef Nachos Garden Salad Fresh Fruit 7	Grilled Cheese Kettle Chips Fresh Fruit Cold Milk 8	Chicken Nuggets Mashed Potato Fresh Fruit Cold Milk 9	Bosco Sticks w/marinara sauce Garden Salad Fresh Fruit Cold Milk Early Release!! 10
Meatball Sub Steamed Veggies Fresh Fruit Cold Milk 13	Cheese Quesadillas Mexican Rice & Sweet Corn Fresh Fruit Cold Milk 14	French Toast Sticks Hash Browns Fresh Fruit/Yogurt Cold Milk 15	Mini Corn Dogs Tater Tots Fresh Vegetables Fresh Fruit Cold Milk 16	Cheese Pizza Garden Salad Fresh Fruit Cold Milk Early Release!! 17
President's Day!! NO SCHOOL 20	INSTITUTE DAY!! NO SCHOOL 21	Crispy Chicken Sandwich Curly Fries Fresh Fruit Cold Milk 22	Grilled Cheese Kettle Chips Fresh Fruit Cold Milk 23	Mini Calzones Caesar Salad Fresh Fruit Cold Milk 24
Cheese Ravioli Steamed Veggies Fresh Fruit 27	Pancakes Hash Browns Fresh Fruit/Yogurt Cold Milk 28			

Available at:

**Northwood
A la Carte
item's offered
for purchase**

Oak Terrace

Red Oak

**Milk is Offered
with each meal
Student Paid
Lunch: \$3.30
Milk: \$0.75
Adult: \$4.00**

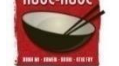
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High Fructose  
Corn Syrup

Fried Foods  
Mystery Meats

ALWAYS fresh  
NEVER frozen

\*\*\*\*  
4-Star School  
Lunch Provider!



In accordance with Federal law and United States Department of Agriculture Policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, and disability.

It's time to get your GREEN on!

Questions,

Comments, Brilliant Ideas? We want to hear from you!