

February Teen Dating Violence Awareness Month

FEBRUARY IS

*Teen Dating Violence
Awareness Month*



The Resource Center for Domestic Violence defines teen dating violence as a pattern of abuse against teenagers who are dating or involved in any kind of romantic capacity. Violence can occur across all varieties of groups, cultures, orientations, identities, and religions.

- One in three teens in the U.S. experiences some kind of abuse (physical, sexual, emotional) from someone they're romantically involved with
- About 43% of college women reported experiencing abusive dating behaviors.
- Teens need to be encouraged to talk openly. The earlier they are exposed to what healthy relationships look like, the better it is for them.

Healthy Relationships Consist Of:	Main Types of Abuse
Respect	Verbal
Trust	Physical
Honesty	Sexual
Effort	Emotional (hard to detect)
Communication	Stalking
Compromise	

Warning Signs of Teen Dating Violence
Extreme Jealousy
Temper Outbursts
Controlling behavior (such as controlling where your teen can go)
Pressure to have sex
Any kind of physical harm

<https://stepsforchange.us/teen-dating-violence-awareness-month/>
[www.tupeloschools.com /Mental Health](http://www.tupeloschools.com/MentalHealth)