



# February

**Arvin Union School District  
2023  
Breakfast & Lunch Menu**

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
		<u>2-1-23</u> Cinnamon Crumb Square WG Dried Fruit	<u>2-2-23</u> Chicken Sausage & Maple Pancake Sandwich WG Fruit Cup	<u>2-3-23</u> Donut Bar WG Dried Fruit
Meals from around the world begins this month 😊 Each month we will highlight a different meal from a different country.		Mac & Cheese Fresh Baby Carrots Fresh Fruit	Orange Chicken Cooked Broccoli Rice Fresh Fruit	Pizza Mixed Salad Fruit Mix
<u>2-6-23</u> Pop Tart WG Applesauce Cup	<u>2-7-23</u> Strawberry Cream Cheese Bagel WG Fruit Cup	<u>2-8-23</u> Breakfast Cluster WG Dried Fruit	<u>2-9-23</u> Breakfast Burrito WG Fruit Cup	<u>2-10-23</u> Cinnamon Toast Crunch Cereal WG Dried Fruit
Frito Boat Fresh Baby Carrots Fruit Cup	Bean & Cheese Burrito Street Corn Fresh Fruit	Posole Cabbage & Lemon Fresh Fruit	Corn Dog French Fries Fresh Fruit	Fiestada Pocket Refried Beans Juicy Peaches
<u>2-13-23</u>	<u>2-14-23</u> French Toast WG Fruit Cup	<u>2-15-23</u> Pan Dulce WG Dried Fruit	<u>2-16-23</u> Breakfast Turkey Chorizo Pizza WG Fruit Cup	<u>2-17-23</u> Donut Bar WG Dried Fruit
No School Today	Heart Shaped Nuggets Mashed Potatoes Fruit Cup	Cheeseburger French Fries Fresh Fruit	Chicken Drumstick Fresh Broccoli & Dip Fresh Fruit	Pizza Pocket Fresh Baby Carrots Diced Pears
<u>2-20-23</u>	<u>2-21-23</u> Warm Cocoa Puff Pastry WG Fruit Cup	<u>2-22-23</u> Breakfast Cluster Dried Fruit	<u>2-23-23</u> Egg Wrap WG Fruit Cup	<u>2-24-23</u> Cheerios Cereal WG Dried Fruit
No School Today	Chili Dogs French Fries Fresh Fruit	Spaghetti & Meat Sauce Dinner Roll Mixed Salad Fresh Fruit	<b>African Inspired</b>  Chicken With Vegetable Sauce Sweet Potato Fries Dates	Pizza Fresh Broccoli & Dip Juicy Peaches
<u>2-27-23</u> Graham Crackers WG String Cheese Applesauce Cup	<u>2-28-23</u> Beef Sausage Biscuit Sandwich WG Fruit Cup			
Grilled Cheese Mixed Salad Fruit Cup	Deluxe Nachos Fresh Fruit	<b>Eat Breakfast</b> The most important meal of your day. Make it a habit to eat breakfast and then leave the house.	Do not go around with an empty stomach, it will impact your physical and mental energy.	In accordance with Federal Law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability

**\*Menu Subject to change at anytime**

\*\*Offered daily

- Breakfast- Juice, and Milk
- Lunch – Choice of milk.

AUSD Does Not Serve Pork Meat

\*WG= Whole Grain item

Menu also available on the AUSD website