



LWSD Middle & High School Breakfast Menu

FEB

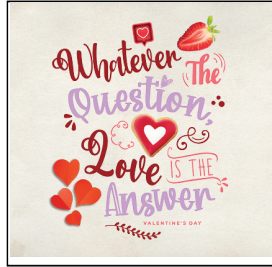
MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



1

BREAKFAST
Ultimate Breakfast Round(v)
Cereal Bar or Bowl w/Toast(v)

2

BREAKFAST
Fruit Muffin w/Toast(v)
Cereal Bar or Bowl w/Toast(v)

3

BREAKFAST
WG Bagel w/CC(v)
Cereal Bar or Bowl w/Toast(v)



6

BREAKFAST
French Toast Mini(v)
Cereal Bar or Bowl w/Toast(v)

7

BREAKFAST
Ultimate Breakfast Round()
Cereal Bar or Bowl w/Toast(v)

8

BREAKFAST
Mini Maple Pancake Bites(v)
Cereal Bar or Bowl w/Toast(v)

9

BREAKFAST
Apple Frudel(v)
Cereal Bar or Bowl w/Toast(v)

10

BREAKFAST
Mini Cinnis(v)
Cereal Bar or Bowl w/Toast(v)

(v) = Meatless Option

13

BREAKFAST
Mini Blueberry Pancake Bites(v)
Cereal Bar or Bowl w/Toast(v)

14

BREAKFAST
Sausage Breakfast Pizza
Cereal Bar or Bowl w/Toast(v)

15

BREAKFAST
Turkey Ham & Cheese on English
Cereal Bar or Bowl w/Toast(v)

16

NO SCHOOL
MID WINTER BREAK

17

NO SCHOOL
MID WINTER BREAK

Mid Winter Break TH, F, M

20

NO SCHOOL
MID WINTER BREAK

21

BREAKFAST
Yogurt & Graham Crackers(v)
Cereal Bar or Bowl w/Toast(v)

22

BREAKFAST
Ultimate Breakfast Round(v)
Cereal Bar or Bowl w/Toast(v)

23

BREAKFAST
WG Blueberry Bagel w/CC(v)
Cereal Bar or Bowl w/Toast(v)

24

BREAKFAST
Mini Cinnis(v)
Cereal Bar or Bowl w/Toast(v)

Menu Subject To Change Without Notice

27

BREAKFAST
Apple Cinnamon Muffin w/Toast(v)
Cereal Bar or Bowl w/Toast(v)

28

BREAKFAST
Apple Frudel(v)
Cereal Bar or Bowl w/Toast(v)

BREAKFAST MAR 1
Mini Maple Waffles(v)
Cereal Bar or Bowl w/Toast(v)

BREAKFAST MAR 2
Mini Blueberry Pancake Bites(v)
Cereal Bar or Bowl w/Toast(v)

BREAKFAST MAR 3
Ultimate Breakfast Round(v)
Cereal Bar or Bowl w/Toast