



# Elementary School Lunch Menu ♥ Harrison CSD

# FEBRUARY 2023

**Daily Cold Options**  
**Monday** – Chicken Caesar Salad  
**Tuesday** – Mini Bagel with Assorted Vegetable, Cheeses, Yogurt and/or egg  
**Wednesday** – Ham and Cheese on Roll  
**Thursday** – Mini Bagel with Assorted Vegetable, Cheeses, Yogurt and/or egg  
**Friday** – Chef Salad  
*All daily fruits & vegetables are available to take with the above cold meals*

**\$2.00 - Daily Menu**  
**All Lunches Include:**  
 Entrée, Bread/Grain, Vegetable, Fruit/Juice and Choice of 1% White or Fat-Free White or Chocolate Milk.

*All daily fruits & vegetables are available to take with the above cold meals*

**Food Allergies?**  
**Please Speak to Your Server, Chef or Manager.**

**If you have any questions or comments, please call the Food Service Department at 914-630-3114.**

**Christine Clementz RD,CDN**  
**Food Service Director**

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Oven Toasted Waffles Fruit Topping Sausage Patty Potato Puffs Baby Carrots Orange Wedges Fresh Pear	2 Oven Baked Fish Sticks Whole Grain Roll Oven Baked French Fries Baby Tomatoes Cinnamon Applesauce Berry Cup 	3 Cheese or Pepperoni Pizza Broccoli Trees Baby Carrots Pear Cup Fresh Pear
6 Popcorn Chicken Whole Grain Roll Steamed Corn Spinach Salad Pear Cup Applesauce Cup	7 Macaroni and Cheese French Bread Steamed Broccoli Red Pepper Slices Fresh Apple Berry Cup  <span style="color: red;">♥</span> <b>Lucky Tray Day!</b>	8 Mini Confetti Pancakes with Warm Fruit Topping Sausage Patty Potato Puffs Baby Carrots Peaches Orange Wedges	9 Cheese or Pepperoni Pizza Bagel Baby Carrots Green Beans Fresh Banana Mixed Fruit Cup	10 <b>Superintendent's Conference Day</b>  <b>No School</b>
13 Chicken Nuggets Sweet Potato Fries Dinner Roll Steamed Broccoli Mixed Berry Cup Cinnamon Applesauce	14 Spaghetti with Meat Sauce Garlic Bread Spinach Salad Green Beans Fresh Melon Mixed Fruit Cup	15 Oven Toasted Waffles Fruit Topping Sausage Patty Potato Puffs Baby Carrots Orange Wedges Fresh Pear	16 Grilled Cheese on Whole Wheat Chick Pea Salad Baby Tomatoes Fresh Pear Berry Cup  <span style="color: red;">♥</span> <b>Lucky Tray Day!</b>	17 Cheese or Pepperoni Pizza Broccoli Trees Red Pepper Strips Pear Cup Fresh Apple
20	21	22	23	24
<h2 style="color: red; font-family: cursive;">Winter Reces</h2>				
27 Chicken Tenders Mashed Potato Steamed Broccoli Chick Pea Salad Mixed Berry Cup Fresh Apple	28 Nachos Seasoned Beef Shredded Cheddar Black Beans Spinach Salad Sliced Apples Peach Cup  <span style="color: red;">♥</span> <b>Lucky Tray Day!</b>			



Menu is subject to change without notice. Regardless of portion size, the FSMC is responsible for meeting all requirements under the Final Rule Nutrition Standards in the National School Lunch and School Breakfast Programs. This includes min-max calories, saturated fat and sodium along with specific component offerings for all fruits, vegetables, grains, meat/meat alternates and milk. This institution is an equal opportunity provider and employer.