



# Elementary School Breakfast Menu Harrison CSD

## FEBRUARY 2023

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Cheerios with Milk Graham Cracker Applesauce Blueberries	2 Apple Cinnamon Muffin Cheese Stick Apple Juice Fresh Melon	3 Waffles with Warm Fruit Topping Pear Cup Orange Smiles
6 Chocolate Chip Muffin Orange Wedges Banana	7 Pancake Bites with Warm Fruit Topping Pear Cup Orange Wedges	8 Warm Whole Grain Bagel With Melted Cheese Cinnamon Apples Fresh Apple	9 Waffles with Warm Fruit Topping Banana Berry Cup	10 <b>Superintendent's Conference Day</b>  <b>No School</b>
13 Pancakes with Warm Fruit Syrup Grapes Orange Juice	14 Egg & Cheese On a Roll Tater Tots Orange Juice Peach Cup	15 Cheerios with Milk Graham Cracker Applesauce Blueberries	16 Apple Cinnamon Muffin Cheese Stick Apple Juice Fresh Melon	17 Waffles with Warm Fruit Topping Pear Cup Orange Smiles
20	21	22	23	24
27 Warm Whole Grain Bagel Hard Cooked Egg Cinnamon Apples Banana	28 Egg & Cheese On a Roll Tater Tots Orange Juice Peach Cup			

Breakfast Served from  
8:15AM-8:50AM

Student Breakfast

**\$1.50 Daily Menu**

Breakfast Includes:

Entrée, Fruit, Juice and Choice of 1% or Fat-Free White or Chocolate Milk.

AVAILABLE DAILY

Assorted Muffins, Cold Cereals, Assorted Yogurt & Whole Grain Bagels\*\*

**\$2.71+ Tax – Adult Breakfast**

\*\*\*The Breakfast Fare is Prepared with Little or No Added Fat, Sugar or Salt.\*\*\*

\* Students Must Choose Three of the Four Food Items Offered at Breakfast to Receive the Special Meal Price (Note: One Must Be Fruit). All meals come with half pint of milk.

**If you have any questions or comments, please call the Food Service Department at 914-630-3114. All meals come with half pint of milk**

Christine Clementz RD,CDN



Regardless of portion size, the FSMC is responsible for meeting all requirements under the Final Rule Nutrition Standards in the National School Lunch and School Breakfast Programs. This includes min-max calories, saturated fat and sodium along with specific component offerings for all fruits, vegetables, grains, meat/meat alternates and milk. This institution is an equal opportunity provider and employer. Menu subject to change.