



### **Statistics of our**

problem

# 1 in 3 people in **D.C face food** insecurity.

**30-50% of people** experiencing homelessness have a mental health issue.





#### 4,410 people were homeless in D.C in 2022.

### <u>Our Problem Statement</u>

How might we help unhoused people of color in Washington D.C. by providing quality mental health care and access to a reliable meal?



### Snack Chats



### Pop-ups!

- 3 mental health providers
- Every Sat and Sunday in Ward 2
- Donated meals
- Other Services
  - Connect with Social Services Available in DC

#### Who Will We Partner With?

- George Washington University
  - School of Psychology and
  - Psychiatry
- DC Food Kitchens



#### Results

- We aim to serve 25 people per day, 15 of those would utilize therapy.
- In 6 months we want to have served **1200 visitors**, 720 with therapy

- Who is funding this?
  - Donations
    - Go Fund Me
    - Grassroots
  - Grants





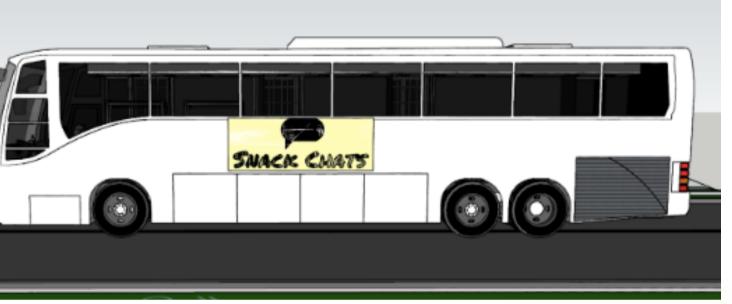
#### What our workers will wear

#### Our logo









#### Our bus



#### Apprx. \$120,000-160,000

### Our website!

#### Locations

Therapy and Food on wheels

| -00-          |  |
|---------------|--|
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Fridays, Saturdays and Sundays 23 St NW, Foggy Bottom

From 12-5 PM

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Tuesdays and Thursdays

Silver Spring Metro Station

From 12-5 PM

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Mondays and Wednesdays

3001 connectiuit ave NW

From 12-5 PM

Sundays

Tuesdays and Thursday



#### Welcome to Snack Chats

Quality mental health care, and soul food for the unhoused

| Fridays, Saturdays and<br>Sundays | Main Street  | Main Street is one of the hottest neighborhoods in San<br>Francisco, and our truck is parked there all day long on<br>Fridays, Saturdays and Sundays. Check our schedule<br>and preview our menu online. Our specials are<br>seasonal, so stop by Snack Chats for a fresh and tasty<br>bite. |
|-----------------------------------|--------------|--|
| Tuesdays and Thursdays            | Jones Market | If you're in the area, come over to Jones Market, the<br>place where it all began. Our standard menu items are<br>always available, but we totally recommend trying the<br>daily specials. See you soon!   |
| Mondays and<br>Wednesdays         | Dover Avenue | There are lots of food trucks to choose from at Dover<br>Avenue, but there's only one Snack Chats. We love that<br>you're browsing our site, but if you want the full<br>experience, you'll have to come and say hi in person.<br>We're waiting for you!                                     |

# How will this help?

- Food helps break the stigma of therapy for the unhoused community of color. Providing free mental health care Therapists providing resources for the unhoused people
- Giving unhoused people a safe place to be and eat



## Sources

urbandesignmentalhealth.com learninglife.info dchealthmatters.org washingtonpost.com lgbtcenters.org thetrevorproject.org alternativetomeds.com abc7.com **Probonocounseling.org** storymaps.arcgis.com page/behavioral-mental-health-services capitalareafoodbank.org dccentralkitchen.org Miriamskitchen.org

