

# Minnehaha Academy Redhawks Cafe

Lower & Middle School Lunch Menu  
Fresh Fruit & Seasonal Vegetable Bar  
Made To Order Sandwich Bar

March  
2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<p>1 Crispy Corn Dog Basket Baked Beans</p> <p>Choice of Wrap or Sandwich</p>	<p>2 Cubano Sandwich Roasted Sweet Potatoes</p> <p>Choice of Wrap or Sandwich</p>	<p>3 Italian Dunkers California Blend</p> <p>Choice of Wrap or Sandwich</p>
<p>6 Three Cheese Tortellini Caesar Salad</p> <p>Dinner Roll Choice of Wrap or Sandwich</p>	<p>7 Italian Meatball Sub Roasted Brussel Sprouts</p> <p>Dinner Roll Choice of Wrap or Sandwich</p>	<p>8 Country Chicken Bowl Roasted Broccoli</p> <p>Dinner Roll Choice of Wrap or Sandwich</p>	<p>9 No School</p>	<p>10 No School</p>
<p>13 All Beef Hot Dog French Fries Baked Beans</p> <p>Choice of Wrap or Sandwich</p>	<p>14 Build Your Own Macaroni &amp; Cheese Bar Roasted Broccoli</p> <p>Dinner Roll Choice of Wrap or Sandwich</p>	<p>15 General Tso's Chicken Brown Rice Sauteed Snow Peas</p> <p>Choice of Wrap or Sandwich</p>	<p>16 Buttermilk Pancakes Easy Egg Bake Roasted Potato Wedges</p> <p>Choice of Wrap or Sandwich</p>	<p>17 Italian Stromboli Green Beans</p> <p>Choice of Wrap or Sandwich</p>
<p>20 Spring Break No School</p>	<p>21 Spring Break No School</p>	<p>22 Spring Break No School</p>	<p>23 Spring Break No School</p>	<p>24 Spring Break No School</p>
<p>27 BBQ Chicken Drumsticks Basic Rice Black Beans</p> <p>Choice of Wrap or Sandwich</p>	<p>28 Chicken Spaghetti Roasted Carrots</p> <p>Dinner Roll Choice of Wrap or Sandwich</p>	<p>29 Sloppy Joe on Whole Grain Bun Roasted Corn</p> <p>Choice of Wrap or Sandwich</p>	<p>30 Sante Fe Chicken Rice</p> <p>Choice of Wrap or Sandwich</p>	<p>31 Choice of Pizza</p> <p>Chicken Caesar Salad Choice of Wrap or Sandwich</p>

PRICES

K-5 Main Entree	\$4.75
6-8 Main Entree	\$5.50
Extra Entree	\$2.25
Sandwich Bar	\$5.50
Bowl of Soup	\$2.50

EXTRA INFO

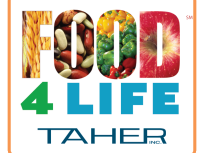
For comments or questions contact  
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HARVEST OF



THE MONTH

Menus and nutrition  
our app  
Taher Food4Life®



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