

- 2023 -

FEBRUARY

Forest Park Jr/Sr High School

Breakfast Available Daily

7:30 - 8:00

Daily Alternate Breakfast Choices

Assorted Muffins
Uncrustable
Cereal

MONDAY

6 Assorted Muffins
Fruit
Juice

13 Assorted Cereal
Yogurt
Fruit
Juice

20 NO SCHOOL

SNOW MAKE-UP DAY

27 Assorted Cereal
Yogurt
Fruit
Juice

TUESDAY

7 Pancakes &
Sausage w/syrup
Fruit
Juice

14 Sausage, Egg,
Cheese
Biscuit
Fruit
Juice

21 Assorted Muffins
Fruit
Juice

28 Biscuits & Gravy
Fruit
Juice

WEDNESDAY

1 Fruit & Yogurt
Parfait
Fruit
Juice

8 Warm Cinnamon
Oatmeal Round
Fruit
Juice

15 Cinnamon Roll
Yogurt
Fruit
Juice

22 Fruit & Yogurt
Parfait
w/granola
Juice

THURSDAY

2 Cinnamon Scone
Yogurt
Fruit
Juice

9 Biscuits & Gravy
Fruit
Juice

16 Muffin Top
Yogurt
Fruit
Juice

23 French Toast
Sticks
w/syrup
Fruit
Juice

FRIDAY

3 Muffin Top
Yogurt
Fruit
Juice

10 French Toast Sticks
w/syrup
Fruit
Juice

17 NO SCHOOL

TEACHER P.D. DAY

24 Cinni Mini Frudel
Fruit
Juice