

Medford Public Schools

**Monday**      **Tuesday**      **Wednesday**      **Thursday**      **Friday**



6

WG Macaroni & Cheese  
Carrots  
Pears



7

BBQ Beef Sandwich  
On WG Bun  
Sweet Potato Fries  
Apples

All Beef Hot Dog  
On WG Roll  
Veg Baked Beans  
Apples

1

WG Chicken Nuggets  
WG Roll  
Roasted Carrots  
Peaches

2

Sloppy Joe Sandwich  
On WG Bun  
Potato Wedges  
Orange

3

Early Release  
Cheesy Chicken  
Whole  
Grain Ziti  
With Broccoli  
Peaches

8

WG Mozzarella Sticks  
Marinara Sauce  
WG Roll  
Green Beans  
Mixed Fruit

9

Chicken Patty  
Sandwich On WG Bun  
Mixed Vegetable  
Oranges

10

Grilled Cheese  
Sandwich  
On WG Bread  
Roasted Carrots  
Pears

13

Beef Nacho Plate  
Black Beans  
Corn  
Salsa  
Oranges

14

Meatball Marinara  
WG Penne Pasta  
Italian Green Beans  
Apples

15

WG French Toast  
Sticks With Syrup  
V Blend 100% Juice  
Mixed Fruit

16

WG Chicken Nuggets  
WG Roll  
Broccoli  
Peaches

17

20

21

22

23

24

February Vacation

WG Macaroni & Cheese  
Steamed Broccoli  
Pears

27

Hamburger or  
Cheeseburger  
On WG Bun  
Sweet Potato Fries  
Mixed Fruit

28



All lunches include choice of milk: low fat white, fat-free white, chocolate, or lactose-free milk on request. This school lunch menu is subject to change.

This institution is an equal opportunity employer.