



FEBRUARY | 2023

JMES BREAKFAST MENU

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

30	31	1 French Toast Fruit or Juice Milk	2 Cinnamon Sugar Donut Fruit or Juice Milk	3 Pancake Sausage Wrap Fruit or Juice Milk
6 Assorted Muffins Fruit or Juice Milk	7 Waffles w/ Syrup Fruit or Juice Milk	8 Biscuit & Gravy Fruit or Juice Milk	9 Egg, Cheese, Sausage Breakfast Sandwich Fruit or Juice Milk	10 Cinnamon Sugar Donut Fruit or Juice Milk
13 Apple Frudel Fruit or Juice Milk	14 French Toast Fruit or Juice Milk	15 Cinnamon Roll Fruit or Juice Milk	16 Pancakes w/ Syrup Fruit or Juice Milk	17 NO CLASSES
20 Presidents' Day No Classes	21 Biscuit & Gravy Fruit or Juice Milk	22 Waffles w/ Syrup Fruit or Juice Milk	23 Chocolate Donut Fruit or Juice Milk	24 Assorted Muffins Fruit or Juice Milk
27 Cinnamon Roll Fruit or Juice Milk	28 Pancake Sausage Wrap Fruit or Juice Milk	1	2	3

Breakfast - \$1.50
Reduced - .30

Lunch - \$2.60
Reduced - .30

Milk - .50
(served with every meal)

Extra Milk, Water Bottles,
and Snacks available to
purchase.

Entrée Substitutions
PB&J Uncrustables,
Yogurt and String Cheese,
or Salad.

No Charging Allowed for
JMES Students.

This Institution is an Equal
Opportunity Provider.

Breakfast
Substitutions
Are Available Daily

Menu subject to change