

BCCHS FEBRUARY 2023 Lunch Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY		
		2/1/2023	2/2/2023	2/3/2023		
		Hot dog with carolina slaw served with fries	Beef tostada	Chicken flat bread sandwich served with sunchips and capri sun		
<i>Daily Offerings: Spicy Chicken Sandwich, Spicy boneless chicken wings , Specialty: Bacon Cheeseburger</i>						
<i>Daily Offerings: Cheese Pizza and Pepperoni Pizza Specialty pizza: Pepperoni & Jalapeno</i>						
<i>Daily Offerings: Chicken Caesar Salad, PB & Jelly Fun lunch, Fruit Parfait with Granola Specialty: Ham & Cheese Sandwich</i>						
2/6/2023	2/7/2023	2/8/2023	2/9/2023	2/10/2023		
Jalapeno cheese burger served with bag of chips	Chicken Nachos <small>Vegetarian Available</small>	Chili and cheese served over rice	Chicken pesto pasta served with roasted broccoli and dinner roll <small>Vegetarian Available</small>	Orange chicken served with Lo Mein and stir fry veggies <small>Vegetarian Available</small>		
<i>Daily Offerings: Spicy Chicken Sandwich, Spicy boneless chicken wings Specialty: Cheese sticks and marinara sauce</i>						
<i>Daily Offerings: Cheese Pizza and Pepperoni Pizza Specialty pizza: BBQ chicken pizza</i>						
<i>Daily Offerings: Chicken Caesar Salad, PB & Jelly Fun lunch, Fruit Parfait with Granola Specialty: Turkey sandwich</i>						
2/13/2023	2/14/2023	2/15/2023	2/16/2023	2/17/2023		
Parmesan chicken over spaghetti served with mixed veggies <small>Vegetarian Available</small>	Beef Nachos <small>Vegetarian Available</small>	Grilled BBQ chicken served with sweet mashed potatoes, corn bread and cole slaw	Turkey and bacon sandwich served with bag of chips and capri sun	Chicken walking tacos <small>Vegetarian Available</small>		
<i>Daily Offerings: Spicy Chicken Sandwich, Spicy boneless chicken wings , Specialty: Corn dog</i>						
<i>Daily Offerings: Cheese Pizza and Pepperoni Pizza Specialty pizza: Pepperoni & Jalapeno</i>						
<i>Daily Offerings: Chicken Caesar Salad, PB & Jelly Fun lunch, Fruit Parfait with Granola Specialty: Ham & Cheese Sandwich</i>						
2/20/2023	2/21/2023	2/22/2023	2/23/2023	2/24/2023		
NO SCHOOL	Chicken Nachos <small>Vegetarian Available</small>	Breaded chicken served with Mac & cheese, seasoned corn, warm biscuit and peach cobbler <small>Vegetarian Available</small>	Meatball sandwich served with waffle fries	Bufalo chicken dip served with chips and carrot & celery sticks		
<i>Daily Offerings: Spicy Chicken Sandwich, Spicy boneless chicken wings , Specialty: Bacon Cheeseburger</i>						
<i>Daily Offerings: Cheese Pizza and Pepperoni Pizza Specialty pizza: Meatlovers Pizza</i>						
<i>Daily Offerings: Chicken Caesar Salad, PB & Jelly Fun lunch, Fruit Parfait with Granola Specialty: Turkey & cheese sandwich</i>						
2/27/2023	2/28/2023					
Orange chicken served with Lo Mein <small>Vegetarian Available</small>	Beef nachos <small>Vegetarian Available</small>					
<i>Daily Offerings: Spicy Chicken Sandwich, Spicy boneless chicken wings , Specialty: Cheese sticks and marinara sauce</i>						
<i>Daily Offerings: Cheese Pizza and Pepperoni Pizza Specialty pizza: Pepperoni & Jalapeno</i>						
<i>Daily Offerings: Chicken Caesar Salad, PB & Jelly Fun lunch, Fruit Parfait with Granola Specialty: Ham & Cheese Sandwich</i>						
<table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 50%; padding: 5px;"> FRUIT Assorted Chilled Fruit & Whole fruit MILK 1% Milk and Fat free chocolate milk </td> <td style="width: 50%; padding: 5px;"> VEGETABLES Carrot / Cucumbers Lettuce & Spinach Salad Chopped Romaine Lettuce Seasoned Black Beans / Three Bean Salad </td> </tr> </table>					FRUIT Assorted Chilled Fruit & Whole fruit MILK 1% Milk and Fat free chocolate milk	VEGETABLES Carrot / Cucumbers Lettuce & Spinach Salad Chopped Romaine Lettuce Seasoned Black Beans / Three Bean Salad
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Visit https://palhigh.nutrislice.com for monthly breakfast and lunch menus, allergens and nutritional info						
ALL STUDENTS EAT FOR FREE First lunch is FREE Second lunch \$3.50 serving up happy & healthy						
This institution is an equal opportunity provider						