

Elementary

FEBRUARY LUNCH MENU
2022-2023

MEAL PRICING:
Students: FREE
Guest / Staff:
 B \$ 3.00 L \$ 4.50

Students MUST select 3 food groups and one MUST be a 1/2 cup fruit or veggie. Students may choose an entrée item, all veggies, a fruit, choice of milk and any extra items offered.



Pre-Kindergarten - A lunch meal includes a whole grain, protein, vegetable, fruit and milk.


1% White Milk and FF Chocolate Milk Offered with Every Meal

MENU SUBJECT TO CHANGE

	MON-30	TUE	WED-1	THU	FRI
JAN/FEB	Breaded Drumstick OR Graham & Go Mac & Cheese V: Steamed Broccoli, Cooked Carrots Condiments	2 Soft Tacos OR Classic Lunch Pack V: Refried Beans, Fiesta Salad Salsa, Sour Cream, & Taco Sauce	Cheeseburger OR Fiesta Lunch Pack V: Sweet Potato Fries, Hamburger Fixin's Assorted Fruit Condiments	Pupusas con Frijoles OR Pizza Pal Lunch Pack V: Cabbage Slaw, Jicama & Tajin Assorted Fruit Salsa	Crispy Chicken Chunks OR Brunch Lunch Pack Whole Grain Roll V: French Fries, Romain Salad w/ Tomatoes Condiments

	MON-6	TUE	WED	THU	FRI
FEBRUARY	Chicken Alfredo w/Roll OR Graham & Go Lunch Pack V: Green Garden Salad, Tuscan Veggies Assorted Fruit Condiments	Walking Taco OR Classic Lunch Pack V: Ranchero Beans, Fiesta Salad Assorted Fruit Condiments	Thin Crust Pizza OR Fiesta Lunch Pack V: Green Beans, Cucumber & Tajin Assorted Fruit Ranch	Cheese Enchiladas OR Pizza Pal Lunch Pack V: Chile Lime Carrots, Red Pepper Strips Assorted Fruit Ranch	Chicken & Waffle with Syrup OR Brunch Lunch Pack V: Emoji Potatoes, Steamed Veggie Mix Assorted Fruit Emoji Fruit Cup Condiments

	MON-13	TUE	WED	THU	FRI
FEBRUARY	Popcorn Chicken Bowl OR Graham & Go Lunch Pack V: Texas Salad, Celery Sticks Assorted Fruit Ranch	Crispy Tacos OR Classic Lunch Pack V: Refried Beans, Fiesta Salad Assorted Fruit Condiments	Pepperoni or Cheese Pizza OR Fiesta Lunch Pack V: Romain Salad w/ Tomatoes Assorted Fruit Ranch	Totchos OR  No School Condiments	 No School

	MON-20	TUE	WED	THU	FRI
FEBRUARY	 No School	2 Soft Tacos OR Classic Lunch Pack V: Refried Beans, Fiesta Salad Salsa, Sour Cream, & Taco Sauce	Cheeseburger OR Fiesta Lunch Pack V: Sweet Potato Fries, Hamburger Fixin's Assorted Fruit Condiments	Pupusas con Frijoles OR Pizza Pal Lunch Pack V: Cabbage Slaw, Jicama & Tajin Assorted Fruit Salsa	Crispy Chicken Chunks OR Brunch Lunch Pack Whole Grain Roll V: French Fries, Romain Salad w/ Tomatoes Condiments

School Nutrition Policy: The Texas Department of Agriculture does not regulate what parents send with their child for lunch. Students may not share their food with others. In addition, an adult is not allowed to consume all or part of a meal served to a student. For more detailed information, visit squaremeals.org or the district web page for our district Wellness Policy, Smart Snacks in Schools and other department information. This institution is an equal opportunity provider.