

Notice of School Health Advisory Council (SHAC) Meeting

Tomball ISD (Minutes)

The Tomball ISD School Health Advisory Council (SHAC) will host its first regular meeting of the year on Tuesday, January 10, 2023, beginning at 2:30 PM in the Board Room of the John P. Neubauer Administration Building, 310 S. Cherry St., Tomball, TX 77375.

The subjects to be discussed or considered are listed below. Items do not have to be taken in the order shown on this meeting notice:

1. Introductions – Karen Graves

Everyone introduced themselves and stated their district/campus affiliation and staff position if an employee.

2. Elect SHAC Officers

Karen Graves reviewed the nominated officer positions and introduced the candidates. The officers were elected unanimously as follows:

President: Rebecca Masciola

Vice President: Beth Isernhagen

Secretary: Lorrie Goudeket.

3. Review Curriculum Modules for Restricted Health Topics

Mrs. Graves introduced Bob Thompson, Dean of Student Advancement, and Kimm Carter Montgomery, Tomball Success Academy. Mr. Thompson explained the method of opting in for parents relating to student instruction on restricted health topics. He also explained APEX, an online learning module used at Connections Academy, which is mostly used for credit recovery, but also can be used for the restricted health topics. Ms. Montgomery gave the background on APEX uses and then connected the committee members to this system and explained the review of the module. Committee members were allotted 45 minutes – 1 hour for review of the material.

Mrs. Graves reconvened the meeting for discussion regarding the module. Most committee members had favorable comments, stating that the content is age-appropriate and offered awareness of certain topics. One parent suggested adding relevant website information to the

content about “telling a trusted adult.” A question was asked whether phone numbers are posted for hotlines addressing student concerns; the answer was that this information is posted in or near the counselor’s office, and the Suicide Prevention Hotline number is on the back of student badges. A suggestion was made to give expanded options to the term “other” when students are describing their friendships. The term “mature” to describe being capable of having a baby is unclear and should be clarified.

Mrs. Graves stated that if more time to complete the review is needed, the district would set up a time and place for continued review by the committee members.

4. Discuss Proposals for Objectives for 2022-2023 School Year

Mark Segaloff suggested two items for proposals:

- 1) Implementing individualized attendance incentive programs or reward options. He feels the perfect attendance incentives such as parties are not beneficial and could be detrimental to student health.*
- 2) Provide additional athletic resources at games, etc.*

Monique Bennett requested having additional AED’s at all campuses.

David Grimm suggested more rigorous discussions on the school start times and the impact on student health, as well as the mental health of district employees.

5. Vote on Objectives: SHAC Chair and Co-Chair

This vote was tabled until the next meeting.

6. Volunteers for Subcommittees

This discussion was tabled until the next meeting.

The committee agreed to begin the next meeting at 3:00 pm to allow more time for discussion.

The next meeting will be held on February 7. The meeting was adjourned at 4:25 pm.