Resource Name	Contact Information	Additional Information
Community Action Partnership	817 Monterey 816-233-8281	Community Action Partnership of Greater St. Joseph - Engaging Communities To End Poverty (capstjoe.org)
Energy Assistance		Help with Energy Bills mydss.mo.gov
Head Start English		Apply Online (childplus.net)
Head Start Spanish		Aplique sobre la internet (childplus.net)
AFL-CIO	1203 N 6 th 816-364-1131	AFL-CIO Community Services St. Joseph, MO (helpmenow.org)
St Joseph Area Support Group		Support-Groups.pdf (helpmenow.org)
Smiles Change Lives		Smiles Change Lives Discounted Braces Program For Kids
YWCA	816-232-4481 Programs - YWCA St. Joseph (ywcasj.org)	Healthy Teen Parents and Babies Choices and Decisions 8 week life skills program for 7th grade boys and girls Parenting Classes The GRIT Center: Growing Resilient Independent Teens
Immigrant Services Program	4500 King Hill Ave Donna Salcido 816-238-4511 ext 228	Immigration Programs (faithfullyserving.org)
St. Joseph Animal Shelter	701 Lower Lake Rd, Saint Joseph, MO 64504 (816) 271-4877	Will assist with pet food one time per 12 months, no application family just needs to contact the

		shelter during normal business hours to request
Pet Food Pantry		Great Plains SPCA - Pet Food Pantry Pet Resource Center of Kansas City Pet Food Pantry Program (prckc.org)
Reporting Child Abuse	1-800-392-3738 Children's Division Missouri Department of Social Services (mo.gov)	
Missouri Department of Social Services	Blind Services Children's Division Missouri Department of Social Services (mo.gov) Mo Healthnet Apply for Healthcare mydss.mo.gov Apply for Temporary Assistance Apply for Temporary Assistance mydss.mo.gov Child Care Assistance Apply for Child Care (mo.gov) Child Support Child Support Child Support (mo.gov) Employment and Training Employment & Training Programs mydss.mo.gov Help with Energy Bills Help with Energy Bills mydss.mo.gov Healthcare Healthcare mydss.mo.gov Mo Health Net MO HealthNet	

Community Health Line	816-271-4000 877-432-7800 Community Nurse Line (mymlc.com)	
Pregnancy Resource Clinic	1502 N 36 th Suite D 816-387-8090	Welcome to St. Joseph PRC St. Joseph PRC (stjosephprc.org)
United Way of Greater St. Joseph	118 S 5 th 816-364-2381 211 United Way of Greater St. Joseph (stjosephunitedway.org)	Success By 6 Success By 6® United Way of Greater St. Joseph (stjosephunitedway.org) Singlecare Prescription Assistance UNITED WAY INITIATIVES United Way of Greater St. Joseph (stjosephunitedway.org) Unmet Needs UNITED WAY INITIATIVES United Way of Greater St. Joseph (stjosephunitedway.org) Resource Guide 211 https://uwgkc.myresourcedirector y.com/
City of St Joseph Health Department	904 S 10 th St Joseph Mo 816-271-4636	Birth/Death Certificates Birth & Death Certificates St. Joseph, MO - Official Website (stjoemo.info) Microsoft Word - Birth Certificate App - Revised 5-15 (stjoemo.info) Death-Certificate-Application (stjoemo.info)

Social Welfare Board	904 S 10 th Street Suite A St. Joseph, MO 64503 816-233-5188	Monday- Friday 8:00 am – 4:30 pm Home - Social Welfare Board
Missouri First Steps	866-583-2392	First Steps Missouri Department of Elementary and Secondary Education (mo.gov)
UCP	3303 Frederick Ave 816-364-3836	Meet the Staff – UCP of Northwest Missouri (ucpnwmo.org)
St Joseph Youth Alliance	5223 Mitchell Avenue St Joseph Mo 64507 816-232-0050	Youth Alliance Engaging community partners to improve the lives of children and families. (youth-alliance.org) JUMP Young parents program parents who are 25 or younger Safe Sleep
AFL-CIO Community Services	https://helpmenow.org/resources/	offers a comprehensive list of services to meet a wide variety of needs within the area.
CDC freebooks	CDC's Amazing Books for Children CDC	
Missouri Family to Family	https://mofamilytofamily.org/	Basic information and referral services We can share immediate information from someone with a lived experience on what types and varieties of services, support and benefits that blanket our state. They will share what is in your community and how to access those services. Help with advanced problemsolving We provide interaction between a MOF2F Information Specialist and

family members to allow for system navigation, resource connection and emotional support. We help families build upon their strengths to develop action plans. Peer matching and mentoring Peer mentors joined us as trained leaders who volunteer to offer lived experiences on how to use community services and resources available to people with I/DD. Peer mentors can help guide individuals toward greater self-advocacy, empowerment, and personal responsibility for their own success. Advocacy and leadership training We support families to develop their advocacy and leadership skills and increase their understanding of how to bring about positive change in the life of their family member with I/DD, or their local, regional or national community. Educational opportunities One of our specialties is Good Life Groups: Virtual Facebook Live interactions that engage participants in learning and problem solving with peers and facilitators on specific educational and support topics.

You will also find value in our Learning Experiences/Sessions, which are educational activities created to enhance the knowledge and skills of stakeholders while providing information and instruction on how to better understand a topic or perform specific tasks.

Sadowsky Autism Services	https://sadowskyautismservices.com/Home_Page.html	Sadowsky Autism Services (SAS) provides a variety of services to children and families affected by autism spectrum disorders. Our services include early intervention program supervision and instruction, support for children in school based programs, and behavioral assessment/management
		OUR MISSION At SAS, our goal is to provide the most effective, evidence-based intervention programs for children with autism and their families.
		We use the principles of Applied Behavior Analysis to develop individualized instruction programs for each child. It is our mission to maximize each child's potential in a fun, child-friendly atmosphere.
Catholic Charities Mom's Empowerme nt	https://catholiccharities-kcsj.org/moms-empowerment-program/	 Monthly case management sessions with a family development specialist Monthly education on topics relating to pregnancy and parenting Self-determined goal setting, tracking, and achievement Support and resources

		austonais al ta acciet
		customized to assist
		with your needs
ECHO	https://echoautism.org/resources/	Here you can find behavioral,
Autism		diagnostic, educational, family
Communitie		support, and medical condition
S		resources.
Andrew	816-324-3139	Are you a Missouri resident who is
County		32 weeks pregnant or 3 months
Health		postpartum?
Department		Do you qualify for WIC, Medicaid,
Safe Cribs		or are you considered low-
Program		income?
		Are you in need of a crib for your
		baby and are willing to participate
		in Safe Sleep Education Sessions?
Birthright of	1018 N 19 th 816-279-8242	
St Joseph	1620 N Woodbine	DCC many interest allowed water and an area of the control of the
Progressive	1020 N WOOdbille	PCS provides tools and resources
Community Services	816-364-3827	to help people with
Services		intellectual/developmental
	https://progressivecommunityservices.com/	disabilities (I/DD) in Buchanan
		County and their families as they
		navigate through all life stages.
		We do this by offering Family
		Navigation, Support Coordination, HUD Housing and tax levy
		funding of community based
		programs and supports.
Text4Baby	TEXT BABY to 511411 or BEBE for Spanish	There are a lot of things to
		Ĭ
	www.text4baby.org	remember when you're pregnant
		or a new mom. Text4baby makes
		it easy to get important
		information, and it's free. Women
		who text BABY (or BEBE for
		Spanish) to 511411 receive free
		text messages three times per

week, timed to their due date or their baby's birth date, through pregnancy and up until the baby's first birthday. Text4baby sends personalized messages directly to you, and the texts have information you can trust because they are developed by experts from all over the country. There is also an app that provides additional information about baby's development, pregnancy, childcare tips, and more.

Text4baby topics include:

- Nutrition for you and your baby
- Safe sleep tips
- Baby's milestones
- Signs and symptoms of labor
- Doctor visit and appointment reminders for you and your baby
- Breastfeeding advice
- Car seat safety
- Information on health insurance
- Urgent health alerts
- Resource hotlines and websites

		Text4baby is a free service provided by Wellpass. The text messages are sent for free thanks to the CTIA Wireless Foundation and participating mobile phone companies: Alltell, Assurance Wireless, AT&T, Bluegrass Cellular, Boost Mobile, Cellcom, Cincinnati Bell, Cricket, MetroPCS, n-Telos,
Thrivergent Behavioral Services LLC	3831 Frederick #212 St Joseph Mo 64506 816-888-6226	
	behaviorservices@thrivergentbehavior.com https://thrivergentbehavior.com/	