

JANUARY 29 • 2023

# 4TH SUNDAY IN ORDINARY TIME



8601 Wolfrap Rd., Vienna, VA 22182-5026  
P: 703.938.2828 • F: 703.938.2829  
[www.olgcva.org](http://www.olgcva.org) • [www.olgcschool.org](http://www.olgcschool.org)  
*Administered by the Oblates of  
St. Francis de Sales*

## Mass Schedule

Mon-Sat - 8:30am; 9am on holidays

Saturday Vigil 4pm

Sunday 8am, 10am (online),

12pm (en español), 5pm

## View Mass Online

[www.youtube.com/c/StreamingOLGC](http://www.youtube.com/c/StreamingOLGC)

## Chapel open for prayer

Mon - Fri, 9am - 5pm

**Confessions** Saturdays 9:00am

or by appointment

## Office Hours

Mon - Fri 9am - 4:30pm,

Closed 12-12:30pm for lunch

“... The saints... assure  
you that the way of  
virtue is not so difficult  
as the world says it is.”

— St. Francis de Sales

“... Los santos... nos  
aseguran que el camino  
de la virtud nos es tan  
difícil como el mundo nos  
lo dice que es.”

— St. Francis de Sales

## Support the Church in Latin America

**H**ave you ever wondered how Eucharistic hosts for Mass are made, and who makes them? Orders of religious sisters and nuns commonly manufacture hosts as a means of supporting the work of their communities. Not only does this work offer a means of self-support for those communities, but it also forges a tangible connection between the sisters and the parishes and other diocesan ministries that use the hosts at Mass and bring the Blessed Sacrament to prisoners, seniors, and others who cannot attend Mass.

The Conceptionist Sisters of Fortaleza, Brazil, is one such community. After years of manufacturing hosts, the sisters needed new, more reliable,

*Continued on page 3*



## Apoye la Colecta para la Iglesia en América Latina

**¿**Alguna vez se han preguntado cómo se elaboran las hostias Eucarísticas para la Misa y quiénes las hacen? Por lo general, las órdenes de hermanas religiosas y monjas elaboran las hostias como un medio para apoyar la labor de sus comunidades. Esta labor, no solo les ofrece a estas comunidades un medio para contar con sus propios recursos económicos, sino que también forja una conexión tangible entre las hermanas y las parroquias y demás ministerios diocesanos que utilizan las hostias en la Misa y llevan el Santísimo Sacramento a los presos, a los ancianos y a otras personas a quienes no les es posible asistir a la Misa.

Las Hermanas Concepcionistas de Fortaleza, Brasil, es una comunidad que elabora las hostias para las Misas en sus diócesis. Después de años de elaborar hostias, las hermanas necesitaban equipos nuevos, más confiables. Con una subvención del programa para la Iglesia en América Latina de la Conferencia de Obispos Católicos de los Estados Unidos, las hermanas

*Continúa en la página 7*



## Mass Intentions/ Intenciones de la Misa

Presider schedule available at:

[bit.ly/PresiderSchedule](http://bit.ly/PresiderSchedule)

**Sat. / Sun. January 28-29, 2023**

+ Mrs. Mai Bui

+ Saul Martinez

+ Amelia Vinciguerra

+ Paul & Lynn Kowal

The OLG Community

**Monday, January 30, 2023**

8:30am + James A Hathaway Sr.

**Tuesday, January 31, 2023**

8:30am for the Bernabe & Ledesma families

**Wednesday, February 1, 2023**

8:30am + Richard L. Winslow

**Thursday, February 2, 2023**

8:30am for Antonio and Veronica Samson

**Friday, February 3, 2023**

8:30am + Gladys Del Carmen Lopez

**Saturday, February 4, 2023**

8:30am For All Souls In Purgatory

**Sat. / Sun. February 4-5, 2023**

+ Frank Van Lierde

+ Paul Owens

+ Francisco Recio

+ Aurthur Hathaway

+ Carmilita Hathaway

**Please keep those listed in the prayer intention book and the recently deceased in your prayers:**

+ Charles Wood

+ Patricia Murray

+ Cynthia Lynn Cottrell Sitko

**Please pray for those for whom candles are lit:**

Church In Loving Memory of  
+Yvonne Keamy

Chapel For the all suffering from  
mental illness

Our Lady Prayers for A.P.

## Welcome to Our Lady of Good Counsel

**W**e, as members of Our Lady of Good Counsel Parish, strive to witness to the Good News of Jesus Christ by proclaiming our faith, educating ourselves and our children, sharing our persons, resources and gifts in the care and service of one another. We are called to foster an environment of hospitality in accordance with the Spirituality of St. Francis de Sales.

Please be in contact with our staff if you have questions about any matter related to the life of the church. Below is a list of the many people here to help.

**Pastor** Rev. Matthew Hillyard, OSFS..... [frhillyard@olgcv.org](mailto:frhillyard@olgcv.org)

**Parochial Vicar** Rev. Mathias Kumar, OSFS..... [mkumar@olgcv.org](mailto:mkumar@olgcv.org)

**Retired** Rev. William Metzger, OSFS..... [william.metzger@olgcv.org](mailto:william.metzger@olgcv.org)

**Retired** Rev. Lewis Fiorelli, OSFS..... [lfiorelli@oblates.org](mailto:lfiorelli@oblates.org)

**Deacon** Christopher Moore ..... [cgmoores@olgcv.org](mailto:cgmoores@olgcv.org)

**Transitional Deacon** Joe Katarsky ..... [jkatarsky@olgcv.org](mailto:jkatarsky@olgcv.org)

**School Principal** Robin Williams 703.938.3600 ..... [rwilliams@olgcv.org](mailto:rwilliams@olgcv.org)

**Liturgy/Music/Funerals** Paul Ciotti 703.896.7411..... [liturgy@olgcv.org](mailto:liturgy@olgcv.org)

**Children's Faith Formation** Amy MacKinnon 703.896.7426.. [amackinnon@olgcv.org](mailto:amackinnon@olgcv.org)

**Youth Ministry/Young Professionals** Derek Rogers 703.896.7409 [youth@olgcv.org](mailto:youth@olgcv.org)

**Communications/Bulletin** Maude Hales 703.896.7412.. [communications@olgcv.org](mailto:communications@olgcv.org)

**Director of Finance** Emilynda Clomera 703.896.7402 ..... [eclomera@olgcv.org](mailto:eclomera@olgcv.org)

**Records/Child Protection Liaison** 703.938.2828 ..... [welcome@olgcv.org](mailto:welcome@olgcv.org)

**Advancement/Annual Giving** Alison McKee & JoAnne Kinyon . [advancement@olgcv.org](mailto:advancement@olgcv.org)

**Events Manager** Frank Fletcher 703.896.7418 ..... [events@olgcv.org](mailto:events@olgcv.org)

**Reception** Maria Romero 703.896.7419 ..... [welcome@olgcv.org](mailto:welcome@olgcv.org)

**Intentions/Ministry of Care** Maria Romero 703.896.7419..... [welcome@olgcv.org](mailto:welcome@olgcv.org)

**RCIA/Adult Sacraments** Barb Steele ..... [bms.steele@outlook.com](mailto:bms.steele@outlook.com)

**Información en español** Maria Romero 703.896.7419 ..... [welcome@olgcv.org](mailto:welcome@olgcv.org)

**Pastoral Council** (Tina Wickham) ..... [PastoralCouncil@olgcv.org](mailto:PastoralCouncil@olgcv.org)

**Finance Council** (Regina Stranix) ..... [FinanceCouncil@olgcv.org](mailto:FinanceCouncil@olgcv.org)

**Society of St. Vincent DePaul** (Linea de Ayuda) 703.938.3210..... [svdp@olgcv.org](mailto:svdp@olgcv.org)

**Respect Life /Gabriel Project** Betsy Argauer 703.255.3744..... [betstim@gmail.com](mailto:betstim@gmail.com)

**Knight of Columbus Santa Maria Council #4654**..... [www.knightsvienna.org](http://www.knightsvienna.org)

**Counseling** Catholic Charities **Consejería** Caridades Catolica ..... 703.425.0109

Our website, [OLGCVA.org](http://OLGCVA.org), is a source of lots of information about our parish life. There are a number of ways you can communicate with staff for specific needs through the site. The links below provide first steps to various things you may need.

OLGC Funerals: [www.olgcv.org/liturgy-worship/funerals](http://www.olgcv.org/liturgy-worship/funerals)

Devotional Candles: [www.olgcv.org/liturgy-worship](http://www.olgcv.org/liturgy-worship)

Join the Parish: [olgcv.org/register](http://olgcv.org/register)

Schedule an Event: [olgcv.org/about-us/facilities](http://olgcv.org/about-us/facilities)

Add Item to Bulletin/Media: [olgcv.org/about-us/communications](http://olgcv.org/about-us/communications)

Mass Intention Request: [olgcv.org/liturgy-worship/devotions/mass](http://olgcv.org/liturgy-worship/devotions/mass)



## Support the Church in Latin America *from page 1*

equipment. With the assistance of a grant from the United States Conference of Catholic Bishops' Church in Latin America program, the sisters purchased new machinery that allows them to continue this work of service and unity for the local Church now and for years to come. Your generous donations to the Collection for the Church in Latin America are your way of participating in the sisters' work and that of communities

throughout Latin America and the Caribbean.

For more information about the Collection for the Church in Latin America, visit [www.usccb.org/latin-america](http://www.usccb.org/latin-america).

### 2021 CLA Financials

Total Number of Grants Approved: 281

Total Amount Approved: \$6,112,536

- General Pastoral\*: 49%
- Emergency Disaster Funds: 29%
- Formation of Clergy and Religious, and Vocations: 20%
- Child Protection: 2%



\*includes evangelization, religious education, family and other pastoral ministries



## "Moses" Live on Stage: Saturday, April 22

Join the Fil/Am Community Ministry on a bus trip to Lancaster, PA to enjoy the Sight and Sounds Theatre production "Moses."

The bus will leave OLGc at 8:00 am. Seats will be filled on a first-come, first-served basis. There will be opportunities for outlet shopping and dining in Lancaster before the show. Cost: \$170 per person includes a show ticket, transportation, gratuities, coffee and donuts, and snacks on the bus. Please

confirm reservation shortly after sign-up, but no later than March 15, by mailing a check (pay to Fil/Am Community Ministry), your name and contact info, and passengers' names to Fil/Am Community Ministry, 1106 Jackson Ct., Falls Church, VA 22046. To reserve a seat or for more info: Chiqui 571.499.8277; Verna 703.408.0652; Zeny 202.390.3037; [filminolgc@gmail.com](mailto:filminolgc@gmail.com)



## Baptisms in Our Parish

We welcome our newest members of the OLGc community through the waters of Baptism.

James Cavanagh  
Peyton Natalie Clubb  
Monica Colt  
Lucia Cora Danielli

Alessia Concepcion Hernandez Ruiz  
Aliah Angeles Hernandez Ruiz  
Kennedy Loftus Huether  
Vivienne James Light  
Celeste Marina Rodriguez-Cortes  
William Thomas  
Henry Doyle Vannoy  
Grace Frances Wonder

### QUESTION OF THE WEEK

A question to reflect on based on this week's scripture readings:

For whom do I find it difficult to have empathy?  
How can I strengthen my empathy toward those who are not like me?

### PREGUNTA DE LA SEMANA

4º Domingo del Tiempo Ordinario

¿Por quién me resulta difícil tener empatía?  
¿Cómo puedo fortalecer mi empatía hacia aquellos que no son como yo?



## Readings for the Week/ Lecturas de la Semana

### For the Week of January 29, 2023

#### SUNDAY Fourth Sunday in Ordinary Time

Zep 2:3; 3:12-13; Ps 146:6-7, 8-9, 9-10;  
1 Cor 1:26-31; Mt 5:1-12a

#### MONDAY

Heb 11:32-40; Ps 31:20, 21, 22, 23, 24; Mk 5:1-20

#### TUESDAY Memorial of Saint John Bosco, Priest

Heb 12:1-4; Ps 22:26b-27, 28 & 30, 31-32;  
Mk 5:21-43

#### WEDNESDAY

Heb 12:4-7, 11-15; Ps 103:1-2, 13-14, 17-18a;  
Mk 6:1-6

#### THURSDAY Feast of the Presentation of the Lord

Mal 3:1-4; Ps 24:7, 8, 9, 10; Heb 2:14-18;  
Lk 2:22-40 or Lk 2:22-32

#### FRIDAY Memorial of St Blaise, Bishop

Heb 13:1-8; Ps 27:1, 3, 5, 8b-9abc; Mk 6:14-29

#### SATURDAY

Heb 13:15-17, 20-21; Ps 23:1-3a, 3b-4, 5, 6;  
Mk 6:30-34

#### SUNDAY Fifth Sunday in Ordinary Time

Is 58:7-10; Ps 112:4-5, 6-7, 8-9; 1 Cor 2:1-5;  
Mt 5:13-16

### December Monthly Collections

Fiscal Year July 2022—June 2023

Offertory	277,530
Total Budgeted	260,118
Variance	17,412
YTD Received	1,187,705
Budget YTD	1,158,579
Variance	29,126

**End of year giving statements**  
will be sent out electronically in the  
next few weeks. Watch your email. If  
you prefer a hard copy, please email  
[accountingmanager@olgcvva.org](mailto:accountingmanager@olgcvva.org) for  
your 2022 Contribution Statement  
Letter

### Weekly & Second Collections

You may give with checks or cash  
via envelopes, give online at  
[membership.faithdirect.net/VA875](http://membership.faithdirect.net/VA875),  
or text amount to 703.810.7674.  
Thank you.

### January Second Collections

29 Latin America

## Calendar (Subject to change, updates at [www.olgcvva.org/about-us/calendar](http://www.olgcvva.org/about-us/calendar))

### January 29–February 4

#### SUNDAY

29

Catholic Schools Week		
Open House - Catholic Schools Week	11 AM - 12:30 PM	School, Preschool, Gym
Spaghetti Dinner	4:30 - 9 PM	DeSales Hall
Jr High CCF	6:15 - 7:45 PM	School

#### MONDAY

30

Little Rock Scripture Study	10 - 11:30 AM	Zoom
Quilters	11:30 AM - 3 PM	Mary's Garden & SJC-Brisson Rm
Baptism Prep Class - English	7 - 8:30 PM	SJC-Brisson Rm
Registration Required		

#### TUESDAY

31

Current Student Re-Registration deadline		
Tuesday Bible Study	9:45 - 11:45 AM	Zoom
Funeral and Luncheon: Patricia Murray	11 AM - 1 PM	Chapel, DeSales Hall
Baptism Prep Class - Spanish	7 - 8:30 PM	SJC-Aviat Rm
Registration Required		
Music Ministry (Hemmingson)	7 - 8:30 PM	Church

#### WEDNESDAY

Feb. 1

BSA Troop 976 Adult Mtg.	6:30 - 8:30 PM	School-Loft
BSA Troop 976 Mtg	7 - 8:30 PM	Counsel Rm
Music Ministry (Jones)	7 - 8:30 PM	Church
RCIA Catechumenate	7:30 - 9 PM	SJC-Brisson Rm
Small Faith Group	7:30 - 8:30 PM	Zoom
Men's Basketball	8:30 - 10 PM	Fr. Brisson Gym

#### THURSDAY

2

Prayer Shawl Ministry	9:30 - 11 AM	SJC-Brisson Rm
8th Grade vs Faculty Volleyball Game	1:30 - 2:30 PM	Fr. Brisson Gym
Music Ministry (Choir)	7 - 8:30 PM	Church
Men's Basketball	8:30 - 10 PM	Fr. Brisson Gym

#### FRIDAY

3

Adoration	9 AM - 3 PM	Chapel
Funeral and Luncheon:		
Cynthia Cottrell Sitko	11 AM - 1 PM	Chapel, DeSales Hall
CS Pack 976 Blue & Gold Dinner	5:30 - 8 PM	DeSales Hall

#### SATURDAY

4

Elementary CCF	8:30 - 10 AM	School
Confessions	9 - 9:30 AM	Reconciliation Room
Emmaus	10 - 10:30 AM	School
Elementary CCF & RCIC	10:30 AM - 12 PM	School

THE LORD SAYS,  
*"I am doing a new thing"*



## The AMBO: Part 3

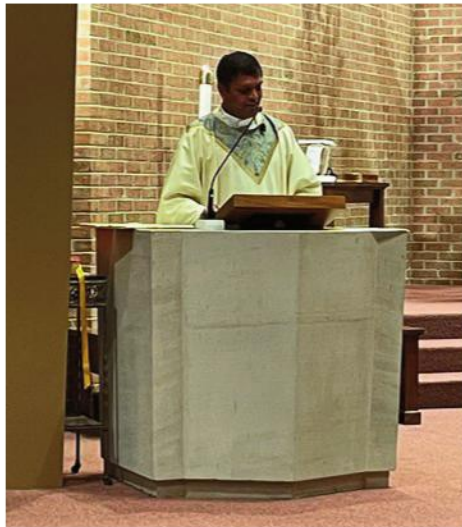
Last we focused on the Ambo, the place where Sacred Scripture is proclaimed. As was previously stated, proclaiming the Word of God, readers exercise their responsibilities in the liturgical celebration. God speaks to the faithful through them and the effectiveness of their proclamation depends on their conviction, preparation, understanding and delivery. [*Introduction of the Order of the Mass*, pg. 10]

The faithful, by hearing the reading from sacred texts, may conceive in their hearts a sweet and living affection for Sacred Scripture. [*Constitution of Sacred Liturgy*, "Sacrosanctum Concilium, no. 24]

On Sundays, the 3rd reading is the Holy Gospel. The four Gospel Readings are taken from **Matthew**, **Mark**, **Luke** or **John**. The first three of these are referred to as the "synoptic gospels," because they look at things in a similar way, or they are similar in the way that they

tell the story of Jesus Christ. They could be displayed in three parallel columns. John's Gospel differs from the Synoptic Gospels in several ways: It covers a different time span than the others; it locates much of Jesus' ministry in Judea; and it portrays Jesus discoursing at length on theological matters.

Our Gospel reading is proclaimed by the Deacon of the Mass or the priest.



## Catholic Schools Week

National Catholic Schools Week begins on the last Sunday in January and runs for an entire week. This year it is celebrated from January 29 to 4. It is annually celebrated in the United States to promote the exceptional education that comes with functioning as a Catholic school. Education has always been a vital part of decision-making for every family and parent, and with this week-long occasion, people can have a glimpse of the

excellent standards, formation, programs, and teachings Catholic schools can offer.

OLGC will be holding an Open House on Sunday, January 29 to introduce members of the community to the benefits of a Catholic education instilled with the spirituality of St. Francis de Sales.

If you have a child in the school, share your story with your friends and neighbors!

### ADORATION OF THE BLESSED SACRAMENT

Friday, February 3  
9am - 3pm



Sign up at  
[bit.ly/Adoration-February](https://bit.ly/Adoration-February)

## Seven Sisters and Fasting Brothers

### Prayer Group for the Priests of OLGC

Please join a group of more than 500 women and men in the Arlington Diocese praying for our priests. This is a year long commitment to pray one hour a week (a list of prayers is provided) on a designated day of the week for one year.

Volunteers can select a day of the week that is best for them and request a substitute if unable to fulfill the hour of prayer. It is requested that your hour of prayer be in front of the Tabernacle.

One of the nice things about this ministry is that it is flexible, independent and no required meetings! For more information contact Bernadette Songer at [bdeely16@gmail.com](mailto:bdeely16@gmail.com).



### Live Jesus! 2023

Live Jesus! 2023 is a half-day Lenten morning sponsored by the Oblates of St. Francis de Sales. The reflection, fellowship, and prayer on March 18<sup>th</sup> are based upon the humble and gentle spirituality of Saints Francis de Sales and Jane de Chantal.

"Be At Peace," is this year's theme. Attendees are invited to reflect on the many paths to peace. Don't miss this opportunity to gather in prayer and fellowship to reflect on the peace that only God can provide.





## February Frenzy T-Shirt Sale

### Order your February Frenzy T-Shirt Today!

Show your school spirit and love for sport with this new shirt designed by an artist in 4th grade at OLGC!

You must pre-order by January 31 to get a shirt. Order at [bit.ly/FebFrenzy-T-Shirt](https://bit.ly/FebFrenzy-T-Shirt)

Sizes YS-Adult XXL (Tip: these will be the same brand as recent Wildcat Spirit shirts. (Bella+Canvas) They are true to size and won't shrink but if you are between sizes, order up.)

Bonus for students: The shirts can be worn on OLGC School Spirit Days!



## FEBRUARY DINING 4 \$\$\$

### Grab a Smoothie and Support OLGC!

We've got your after school snack covered on February 8. Plan on quenching your thirst after school or after sports practice with a smoothie from the newly opened Smoothie King at 258 Maple Ave., Vienna. From 3-7pm on Wednesday February 8, Smoothie King will donate \$1 from every smoothie sold to OLGC PTO. We hope to see you there!



## Annual Car Raffle

All Saints Church (Manassas, VA) has invited our parishioners to participate in their Multi Car Raffle. Prizes include four 2023 vehicles from Ourisman Ford of Manassas (Ford Escape, Mustang, Ranger Truck and Bronco Sport). One \$5 ticket offers the purchaser a chance to win all four vehicles plus \$40,000 (including one for \$20,000) in cash prizes. You will be receiving tickets in the mail within the next week or so. Please consider selling/purchasing the tickets mailed to you.



These pictures are representative of the vehicles but they are not pictures of the actual vehicle, as they have not arrived yet.

## It's Girl Scout Cookie Time!

The wait is over! OLGC Girl Scout Troops will be selling cookies outside Church after Masses on the weekends of February 4-5 and February 11-12. Be sure to bring cash. Thin Mints, Samoas, Trefoils, Do-si-Dos, Tagalongs, Adventurefuls, and Lemon-Ups are \$5.00 per box. Girl Scout S'mores and gluten-free Toffee-tastics are \$6.00 per box.

Your purchase helps to fund our Troops' activities and service projects. Thank you for your support!



## Attention Single Seniors

The Single Seniors group will meet at 12:30 PM on **February 2nd** at the Pam Am Restaurant in the Pan Am Shopping Center on Nutley Street for a pizza party! We welcome all newcomers to join us. To join, please R.S.V.P. to Bob Wicks at 540.424.9944.





# Información Parroquial en español

Preguntas o sugerencias, ofrecer misas, pedir oración durante la misa por recién fallecidos, funerals, comuníquese con Maria Romero 703.896.7419, [mromero@olgva.org](mailto:mromero@olgva.org)

EL SEÑOR DICE,  
*"Estoy haciendo algo nuevo."*

## Apoye la Colecta para la Iglesia en América Latina

de la página 1

compraron nueva maquinaria que les va a permitir continuar con esta labor de servicio y de unidad para la Iglesia local hoy y en los años venideros. Sus generosos donativos a la Colecta para la Iglesia en América Latina son su manera de participar en la labor de estas hermanas y de las comunidades en toda América Latina y el Caribe.

Para mas información acerca de la Colecta para la Iglesia en América Latina, visiten [www.usccb.org/latin-america](http://www.usccb.org/latin-america).



### SACRAMENTO DEL BAUTISMO DE NIÑOS MENORES DE 6 AÑOS:

Comuníquese con Maria Romero 703.896.7419 [welcome@olgva.org](mailto:welcome@olgva.org)  
Sacramento del bautismo: para Charlas de padres y padrinos deben inscribirse de antemano, una vez completada esta y entregado los documentos requeridos le confirmaremos su fecha del bautizo. [olgva.org/sacraments/baptism](http://olgva.org/sacraments/baptism)

### CATEQUESIS

para niños, adultos y bautizó de niños mayores de 6 años, sacramento de la confirmación y comunión. Comuníquese con Amy MacKinnon, [amackinnon@olgva.org](mailto:amackinnon@olgva.org) o 703.896.7426.

### VOLUNTARIOS

"La oportunidad de hacer grandes cosas no llega a menudo, pero en todo momento, podemos hacer pequeños actos con gran amor."

- San Francisco de Sales: Como seguidores de Cristo, somos llamados por medio de nuestro Bautismo a servir a nuestros hermanos en nuestra parroquia, comunidad, país y el mundo entero. Es nuestra esperanza que todos los feligreses tengan la oportunidad de descubrir y desarrollar sus dones dados por Dios. Si desea participar como Sacristán, Ministro Extraordinario de La Sagrada Comunión, Lector, Portero/Ujier, Ministerio de La Bienvenida o Monaguillo por favor pase por el mostrador de Bienvenida o llame al 703.896.7419 o visite nuestra página web de la parroquia para ver la variedad de formas en que puede ayudar en [olgva.org/outreach/serve](http://olgva.org/outreach/serve).

### INTENCIONES DE MISAS

El proceso será el mismo que en los años pasados, debido al limitado número de misas celebradas en

nuestra parroquia y la abrumadora solicitud de intenciones para misas, cada persona se limitará a tres intenciones de misas por el año. Sin embargo, hay intenciones de misas ilimitadas celebradas por los sacerdotes oblatos retirados en Childs Maryland en la casa de retiro. Puede presentar su solicitud para las misas en línea [olgva.org/liturgy-worship/devotions/mass](http://olgva.org/liturgy-worship/devotions/mass), y las oficinas parroquiales.

### CONFESIONES

Confesiones en español durante el mes de enero son el sábado 28 de 9: -9: 30 a.m. o de lunes a jueves únicamente con cita. Puede llamar para hacer una cita con el Padre Mateo al 703.938.2828 o envíe un correo electrónico a [frhillyard@olgva.org](mailto:frhillyard@olgva.org). No se escuchan confesiones los domingos antes o después de la misa.

### GRUPO DE APOYO PARA LOS QUE HAN PERDIDO UN HIJO O SER QUERIDO

La Funeraria Fairfax Memorial está organizando una sesión gratuita en inglés de Consejería a los que están de duelo diseñada específicamente para aquellos de ustedes que han perdido a un hijo. Únase a nosotros el domingo 29 de enero de 2023 para compartir, escuchar, dejarse sentir y sanar. Dirección: Fairfax Memorial Funeral Home (9902 Braddock Rd, Fairfax VA 22032) Hora: 1:00 pm. Se proporcionarán refrigerios, por favor confirme su asistencia antes del viernes 20 de enero de 2023 en [fairfaxmemorialfuneralhome.com](http://fairfaxmemorialfuneralhome.com) y haga clic en la opción "Free Grief Support Group" en la página de inicio o llame al 703.425.9702.

### REZAR EL ROSARIO

Acompañemos en el jardín de Ntra. Sra. del Buen Consejo, los domingos a las 11:15am y los lunes a las 7:30pm vía Zoom. Comuníquese con Carlos Berrios [berrioscg@gmail.com](mailto:berrioscg@gmail.com).



# Senior Moments

Marge Van Lierde  
Gitkagirl@gmail.com  
571.831.3951



## SEASONED CITIZENS' LUNCHEON

Yes, after a short hiatus, we're back on schedule with the luncheons for OLGC seniors. The next one is on **Thursday, February 16**, still close to Valentine's Day, so the theme is "Never too late to celebrate LOVE." Because February is usually unpredictable weather-wise, this luncheon is usually something light so that it can easily be canceled in the event of inclement weather. The doors to De Sales Hall will open at noon. There's never a charge but reservations are necessary, for planning purposes. Watch this space in next week's column for registration information. In the meantime, mark your calendars and think about wearing something pink (red will work too!) to add to the festivities! The Book Swap table will be available again. Please bring a book or two, or jigsaw puzzles to supply the table with a good selection (nothing else, please), and feel free to take something home.

## 1964 THE TRIBUTE

The Reston Association is offering a trip to The Barns at Wolf Trap on **Thursday, February 9** for a tribute to the Beatles. *Rolling Stone* calls it "the best Beatles tribute on earth." Choosing songs from the pre-Sgt. Pepper era, the show astonishingly recreates an early '60's live Beatles concert with period instruments, clothing, hairstyles, and onstage banter. The evening runs from 6:15 to 11 pm. A bus will pick you up at Reston Association Headquarters, 12002 Sunrise Valley Drive in Reston. The cost is \$82 for non-members (\$70

for members.) You can use your Webtrac account to register. Otherwise, call Ashleigh Soloff, 703.435.6577 to learn more.

## SENIOR VIRGINIANS HANDBOOK

This is a free publication of legal information for Virginia seniors. A project of the Senior Lawyers Conference of the Virginia State Bar, it was written by lawyers for older Virginians, families, and caregivers, and provides an overview of the issues and choices facing senior Virginians today. Packed with contact information and resources, this book can help you make educated choices about your lifestyle, financial, and health decisions, and help you find experts to support you when needed. Quite a comprehensive handbook, it covers areas such as financial assistance, federal and state income taxes, long-term care, rental housing, driving and automobiles, planning for the future, and protecting your legal rights, along with helpful contacts. For your free copy, use the form found at [www.vsb.org/docs/orderform.pdf](http://www.vsb.org/docs/orderform.pdf) or call the Virginia State Bar at 804.775.0500.



## HEARING AIDS: BEWARE AND BE WISE

Thinking about getting hearing aids or know someone who is? Join Bonnie O'Leary from the Northern Virginia Resource Center (NVRC) who will present a program about hearing aids from the consumer's/wearer's perspective. She will discuss the impact of hearing loss on communication, hearing evaluations, the differences between an audiologist and a hearing instru-

ment specialist, types and styles of hearing aids, and how they can be used with other assistive listening devices. Bonnie is a late deafened adult who has been wearing hearing aids for 20 years. She is a Certified Hearing Loss Support Specialist and Outreach Manager for the NVRC. This free presentation is part of the Mature Adult Lectures and Classes offered by Vienna Parks and Recreation. It will take place on **Monday, February 13** from 10-11 am at the Vienna Community Center. Please call 703.255.6360 to RSVP, for planning purposes.

## NEW TRIP

You're invited by Vienna Parks & Recreation join other area seniors to visit the National Portrait Gallery to view "America's Presidents" on **Wednesday, February 15** from Noon-2 pm. The Portrait Gallery has the only complete collection of presidential portraits outside the White House and now holds more than 1,600 likenesses in its collection. "American Presidents" is newly refurbished with improved lighting, new labels and wall texts, and the addition of interactive touch screens. The fresh exhibition layout has grouped the portraits into six historical chapters, the first five of which are organized around a historical era and leads off with a presidential figure. Lunch in the Café is on your own. The trip fee includes transportation and is \$33 for Vienna town residents, \$41.25 for everyone else. Make your reservation via your WebTrac account or visit the Vienna Community Center.

## Elder Wisdom

Time may be an excellent healer. But as a beautician, it's not so hot.



# DIOCESAN & COMMUNITY NEWS

## Vienna Hypothermia Shelter in Need of Volunteers

Vienna Presbyterian Church is hosting individuals January 29 through February 12 as part of Fairfax County's hypothermia program, which provides shelter to the homeless to ensure residents do not have to sleep outside during the colder months.

Vienna Presbyterian is one of several churches that provide shelter and food during the winter months. The church will provide 50 guests with meals for 14 days—about 2,100 meals—and is seeking volunteers to help provide meals and help out in other ways. These include preparing food, donating food, donating items for gift bags, volunteering at the hypothermia program, or writing

uplifting notes for the guests.

Donated items need to be dropped off Sunday, Jan. 29 and Sunday, Feb. 5 from 9 a.m. to 12:30 p.m. at the Vienna Presbyterian Church main kitchen, 124 Park St. NE, Vienna, VA.

To volunteer, visit Vienna Presbyterian Church's volunteer sign-up page at [bit.ly/Hypothermia-volunteers](https://bit.ly/Hypothermia-volunteers). Click on the different tabs at the top of the page to see different volunteer opportunities.



## Volunteer Teachers Urgently Needed!

Education and Workforce Development of Catholic Charities, Diocese of Arlington is seeking volunteer teachers, co-teachers, and tutors for ESOL (English to Speakers of Other Languages), Citizenship, Computer Literacy, IT (CompTIA), ESOL for Childcare to work with adult refugees and immigrants. We are accepting volunteers for in-person classes in

Manassas, Woodbridge, Springfield, Falls Church and Sterling. Online classes are also available! Commit to teach once or twice a week for 12 weeks. We provide training, curriculum and resources. No second language necessary! If interested, call the Education and Workforce Development ministry at 571-208-1572 or email us at [ewd@ccda.net](mailto:ewd@ccda.net).

## Mornings of Mercy

Join other members of the Diocese who have gone through divorce in a series of morning retreats. The morning will include Holy Mass, talk, and Benediction. Mornings of Mercy retreats are led by Very Rev. Thomas P. Ferguson, Pastor, Good

Shepherd Catholic Church. Join us on February 4, 2023 at St. Luke, McLean, VA from 9 a.m.-12 p.m. Go to [arlingtondiocese.org/morningsofmercy](https://arlingtondiocese.org/morningsofmercy) to register. This event is free.

## Help Our Parish Support the Catholic Herald

The Arlington Catholic Herald is the official newspaper and news source of the Diocese of Arlington. This award-winning, biweekly newspaper delivers Catholic news and information about our diocese, U.S. bishops and the Vatican to more than 108,000 homes across Virginia and beyond—and 24-7 at [catholicherald.com](https://catholicherald.com). Please donate to the annual second collection February 4-5, 2023, which helps our parish support the Catholic Herald in spreading the Good News. You may make a check payable to Our Lady of Good Counsel and please write "ACH Second Collection" on the memo line. Thank you!



## Upcoming Diocesan Events

Visit [arlingtondiocese.org/all-events](https://arlingtondiocese.org/all-events) for details

**Virginia Pro-Life Day**  
February 1 | 7:30am

**Mornings of Mercy for Divorced Catholics**  
February 4 | 9:00am

**St. Therese Vocation Society Morning of Reflection**  
February 4 | 9:00am

**Sundays with the Sisters**  
February 5 | 2:00pm

**The 2023 Catholic Charities Ball**  
February 10 | 6:30pm

**Father-Son Seminary Visit**  
February 11 | 9:00am



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