

Sports Medicine



- ◆ **Location:** Issaquah High School
- ◆ **3 High School Credits:** CTE (2.0), Science (1.0)
- ◆ **Program fees apply** (financial assistance may be available for qualifying students)
- ◆ **College Credits and Certifications available:** (contact WANIC to find out more)

This is a full year 3-period Skill Center class (3 high school credits). This dynamic, advanced, hands-on course offers students an exciting opportunity to learn more about sports medicine and to gain a greater understanding of science and the structure and function of the human body as it relates to injury and illness. In this advanced and accelerated course, students gain an understanding of health concepts familiar to all medical careers such as anatomy, physiology, and kinesiology. This course offers all students an opportunity to integrate science, physical skill, clinical experience, and job readiness skills.

The main topics of study include medical terminology, recognition of injury, prevention of injury, treatment, taping and wrapping, injury assessment, evaluation of injury, rehabilitation, emergency care, nutrition, psychological care, and Advanced First Aid/CPR/AED. The clinical internship is required for all advanced sports medicine students. Internship and observation possibilities exist at various health care facilities such as high school athletic training rooms, sports and physical therapy clinics, fitness centers, hospitals, nursing homes, and other related health-care institutions.

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Sports Medicine students may pursue a variety of career options.

Sample of reported job titles: Athletic Trainer, Exercise Physiologist, Kinesiotherapist, Nurse, Nutritionist/Dietician, Sports Medicine Physician (D.O. or M.D.)

Median Yearly Salary Seattle Metro area*

◆ Athletic Trainer	\$49,490
◆ Exercise Physiologist	\$63,810
◆ Registered Nurses	\$94,020
◆ Dietitians and Nutritionists	\$65,580

*Source: careeronestop.org, U.S. Department of Labor's Bureau of Labor Statistics 2021

PREPARE FOR COLLEGE AND A CAREER!

WANIC (Washington Network for Innovative Careers) is a regional skill center in Northeast King County. WANIC provides advanced level Career and Technical Education (CTE) programs based on rigorous academic and industry standards preparing students for career and college readiness. WANIC Skill Center programs are delivered through a system of branch campuses in seven participating districts. The skill center programs provide dual credit opportunities (both high school and college credit) and/or lead to industry certifications.

Washington Network for Innovative Careers

WANIC Skill Center serves high school students from these School Districts:

Bellevue ◆ Issaquah ◆ Lake Washington
Mercer Island ◆ Northshore ◆ Riverview ◆ Snoqualmie Valley

WANIC Skill Center

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wanic.org

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