

# February 2023

## Gluten Free Menu

# High School

# LUNCH MENU

**Meal Prices**  
**Student Breakfast** Free  
**Student Lunch** \$2.45

Gluten Free Breakfast available upon request. Includes a fruit and milk.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Beef & Cheese Nachos~52g Fruit/Vegetable Selection	2 GF Chicken Wrap (GF Tortilla) Fruit/Vegetable Selection	3 GF Pizza Fruit/Vegetable Selection
6 GF Hamburger or Cheeseburger GF Fries Fruit/Vegetable Selection	7 Chicken Filet on GF Bun GF Fries Fruit/Vegetable Selection	8 GF Pizza Fruit/Vegetable Selection	9 Egg, Chicken Sausage & Cheese Sandwich on GF English Muffin w/Breakfast Potatoes Fruit/Vegetable Selection	10 GF Chicken Tenders w/GF Fries Fruit/Vegetable Selection
13 GF Pasta w/GF Alfredo Sauce & Chicken GF Dinner Roll Fruit/Vegetable Selection	14 GF Popcorn Chicken Bowl- GF Chicken Nuggets Mashed Potatoes w/Gravy Yellow Corn GF Dinner Roll Fruit Selection	15 Beef & Cheese Nachos~52g Fruit/Vegetable Selection	16 GF Chicken Wrap (GF Tortilla) Fruit/Vegetable Selection	17 GF Pizza Fruit/Vegetable Selection
20 No School	21 Chicken Filet on GF Bun GF Fries Fruit/Vegetable Selection	22 GF Pizza Fruit/Vegetable Selection	23 Egg, Chicken Sausage & Cheese Sandwich on GF English Muffin w/Breakfast Potatoes Fruit/Vegetable Selection	24 GF Chicken Tenders w/GF Fries Fruit/Vegetable Selection
27 GF Pasta w/GF Alfredo Sauce & Chicken GF Dinner Roll Fruit/Vegetable Selection	28 GF Popcorn Chicken Bowl- GF Chicken Nuggets Mashed Potatoes w/Gravy Yellow Corn GF Dinner Roll Fruit Selection			

Menu subject to change due to product availability and weather delays/cancellations.

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