

Scarborough High School

Red Storm News Quarter 3, Semester II 2023



Principal's Message

January 25, 2023

Good Day Students, Staff, and Families,

The winter weather is certainly balancing things out over the last week or so. It was bound to happen! Naturally, Mother Nature decided to give us her show while we were trying to get midterm exams done, but as Mainers, we tough it out. So today we begin Quarter 3 and Semester II even if it is a couple of days late.

Students will be easing into a somewhat new routine. Most students have at least one semester class that will switch over to a new course which will change up their schedule. Many of our teachers teach one or more semester long courses, so they have been getting these classes ready to start with their "September" energy as they greet new students to start a new semester long course.

Due to these snow days, grades for second quarter and Semester I should be ready for review in PowerSchool on Wednesday, February 1. We will let you know if anything changes but that is our current timeline.

I wish our students and staff the best of luck with Semester II. You've got this!

Susan J. Ketch

Principal



SHS's Andie Giraso Makes Us All Proud!

On Martin Luther King, Jr. Day, SHS Junior, Andie Giraso, was one of eight community leaders, and the only youth representative, to participate in *Committed to Listen, a public reading of the Rev. Dr. Martin Luther King, Jr.'s "Letter from a Birmingham Jail,"* co-hosted by The BTS Center and the Maine Council of Churches. We are so proud to have these incredible change-makers in our midst. Andie's road is hard-fought and many experiences at SHS have contributed to her social justice path. Not only has she been involved in Civil Rights Club and the RSVP (Reducing Sexism and Violence Program) since her freshman year, but she has also been a member of the district's DEI (Diversity, Equity, and Inclusion) committee since last year. Please find here a short excerpt from the article written by Megan Gray of the *Portland Press Herald*, published on January 15.

Andie Giraso, 16, is a junior at Scarborough High School and the president of the civil rights club there.

She was born and raised in Rwanda and moved to Maine six years ago.

- We know through painful experience that freedom is never voluntarily given by the oppressor; it must be demanded by the oppressed. Frankly, I have yet to engage in a direct action campaign that was "well timed" in the view of those who have not suffered unduly from the disease of segregation. - Dr. MLK, Jr.

Giraso said, "Growing up, racism wasn't something that ever crossed my mind. I was constantly surrounded with people who looked like me and sounded like me. It wasn't until I stepped foot in America that I witnessed the racial injustice that torments our people.

"It's very important that we acknowledge the existence of racism in today's society rather than ignoring it and pretending it no longer exists. That is why I choose to speak out for those who are silenced in my community, and I hope to continue this work after graduating high school.

"I first read Dr. King's 'Letter from Birmingham Jail' during my freshman year of high school. My initial reaction to the letter was hope. It gave me hope knowing that Dr. King was able to do what he did, especially during a time where racism and segregation was so normalized. It gave me the confidence to believe that we (this generation) can and will make a change. What stood out to me the most was him saying, 'freedom is never voluntarily given by the oppressor; it must be demanded by the oppressed.' Meaning that if we want change, we must demand it."



With the start of Semester 2, it's a good time to join...

What is Alternative Education?

Alternative Education (Alt Ed) allows students who are struggling to succeed in traditional, mainstream classes to access their education in a more individualized way. The Alt Ed program at SHS is located within the high school and addresses the individual academic, social, and behavioral needs of students at risk of dropping out of school. Classes in the program involve small groups, participation-based grading, and a focus on social/emotional needs. While most core courses and many elective courses are offered through Alt Ed, students are welcomed and encouraged to take any other courses offered at and through SHS, including vocational offerings, at any time. Alt Ed students earn the same diploma as other students at SHS!

SHS's Alternative Education program serves up to 22 students in grades 10-12. Alt Ed is a program of choice—all students who are in the program are enrolled because they have chosen it. This program is open to students who receive IEP or 504 services, but it is not a special education program and is open

to all students at SHS. The program staffs two full-time teachers, one focusing on math and science and the other specializing in English and social studies. Currently, we still have a few openings for new students looking to start Semester 2.

If you are interested in learning more about Alt Ed, especially if this sounds like a program that would help your student, please contact your student's administrator (Mr. Brown or Mr. Theriault), your student's guidance counselor, or any of the school's social workers.



Scholastic Art Awards!

The Visual Arts Department is pleased to announce that several SHS students won major awards in the 2023 Scholastic Art Competition:

Grace Black (11th) won two Gold Key Awards in Photography.

Brynna Casey (10th) won a Silver Key in Drawing & Illustration, a Silver Key in Digital Art, and a Gold Key in Film and Animation. Brynna's Gold Key stop motion film "Clay" has also been nominated for an American Vision Award.

Tanner Johnson (12th) won an Honorable Mention in Photography.

Anita Smith (12th) won both a Gold and Silver Key in Painting, a Gold Key and two Honorable Mentions in Digital Art, a Gold Key in Comic Art, and a Silver Key Portfolio Award.

Calvin Venegoni-Ranger (11th) won an Honorable mention in Photography.

Maya Vinson (10th) won a Gold in Drawing & Illustration and her winning piece "Fallen" has also been nominated for an American Vision Award.

Gold and Silver Key artwork will be featured in an upcoming exhibition at Maine College of Art & Design. Please join us in congratulating our students on their incredible work!



Nature's Allure by Anita Smith



Fallen by Maya Vinson



All the Pieces by Grace Black



SHS Chorale News



NafME Nationals

Two of our singers, Livie Richard and Adriana Ramirez, represented SHS at the national level this year! The NAFME All-National Honor Choir assembled in Washington, D.C. back in early November. Richard and Ramirez were two of only nine singers selected from the state of Maine!



NafME Nationals



Caroling Tour 2022

On December 21st, we were able to revive our annual community caroling tour. Singers and instrumentalists from SHS were able to visit residents of Enclave, Kaler-Vail, and the Maine Veterans' Home.



Maine Steiners

On January 12th, the UMaine Steiners visited SHS for a workshop/performance on their annual winter tour. Our students loved the opportunity to explore a cappella music at a deeper level!



Maine Steiners Workshop



Concert Links

District All Choral Night <https://youtu.be/cNO6SxKoxm0>

SHS End-of-Year Concert <https://youtu.be/IPPV6eiGEPE>



Career Pathways Program Updates

The SHS Career Pathways Program would like to thank the following businesses and organizations for supporting students in internships, job shadows, field visits and other extended learning opportunities (ELOs) during the fall/winter semester. Students are connecting with mentors, taking on tasks and responsibilities in a professional environment and learning more about their field of interest thanks to these partners.

Acapello Salons

Consigli Construction

Jøtul North America

Maine Properties LLC

On the Vine Marketplace

Port Harbor Marine

Pattie Locke Photography

Scarborough Land Trust

SHS Help Desk & Scarborough Schools Technology Dept

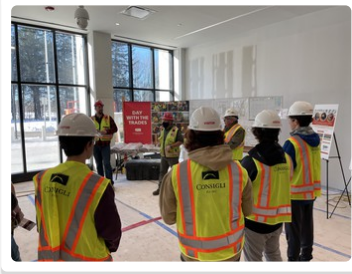
Southern Maine Remodeling

Tech Air

UMaine Pulp & Paper Foundation

Valmet, Inc.

Wentworth School





Athletics & Activities

Athletics

Upcoming Home Games:

- Boys Ice Hockey: Wednesday 1/25 vs. Kennebunk/Wells - 8:30pm @ USM - ***not sure if this game will be over by the time the newsletter goes out***
- Boys Basketball: Friday 1/27 vs. Edward Little - 4:00pm (FT), 5:30pm (JV), & 7:00pm (Varsity) in Alumni Gymnasium
- Basketball Doubleheader: Tuesday 1/31 vs. Sanford - 4:00pm Girls JV in Alumni, Boys FT in Plummer, 5:30pm Girls Varsity in Alumni, Boys JV in Plummer, 7:00pm Boys Varsity in Alumni
- Girls Basketball: Wednesday 2/1 vs. Lewiston - 4:30pm (JV) & 6:00pm (Varsity) in Alumni Gymnasium
- Boys & Girls Swimming: Friday 2/3 vs. Waynflete - 4:00pm @ Richards Community Pool in Cape Elizabeth
- Girls Basketball: Friday 2/3 vs. Noble - 4:30pm (JV) & 6:00pm (V) in Alumni Gymnasium
- Boys Basketball: Tuesday 2/7 vs. Massabesic - 4:00pm (FT), 5:30pm (JV), 7:00pm (V)
- Boys Ice Hockey: Wednesday 2/8 vs. Biddeford/Massabesic/Old Orchard - 8:30pm @ USM
- Unified Basketball: Thursday 2/9 vs. Bonny Eagle - 4:00pm in Alumni Gymnasium
- Girls Basketball: Thursday 2/9 vs. Deering - 5:30pm (JV) & 7:00pm (V)

For more information, full team schedules, and to purchase game tickets head to our [athletics website](#).

Activities

Upcoming Events:

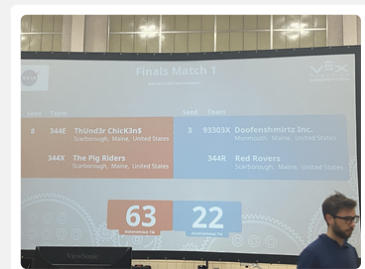
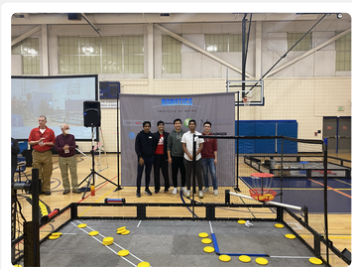
- VEX Robotics: This Saturday, January 28, VEX Robotics will head to Tripp Middle School in Turner to attend the Spin Up VRC tournament
- Speech & Debate: This Saturday, January 28, Speech & Debate will head to State House Augusta to attend the Maine NSDA Qualifier



VEX Team Success

Our amazing Robotics teams has amazing success this weekend in Yarmouth! In an upset knocking out the first seed teams in the quarterfinals (quite literally by a millimeter) three of our four teams were in the top 4!!

All four of our teams are heading to the state championship! We would love to see you all there on February 25th at The Point Community Center in South Portland.



On January 6, a group of Civil Rights Club members visited the three Scarborough Primary Schools in order to lay the groundwork for a lasting partnership. After months of working with our K-2 Literacy Coach Ann Henderson, District Library Services & Instructional Technology Coordinator Liz Gartley, Blue Point Principal Kelly Mullen-Martin, Eight Corners Principal Anne Lovejoy, and Pleasant Hill Principal Jennifer Humphrey in order to discuss and coordinate this partnership, Civil Rights Club members made their inaugural visit to all three schools. This visit entailed introductions to students, read-alouds, dancing in music classes, and playing at recess. For all involved, it was a time of connection, joy, and possibility. Led by students Yashu Derisala and Mike Blanton, this outreach partnership is an important opportunity for them to give back to their younger peers. Many of our students who are from historically excluded populations see this as a chance to be the representation they needed to see as K-2 students. Thank you to all the primary school professionals who helped to organize this first visit; the CRC looks forward to many visits in the future.





CALENDAR OF EVENTS

Monday, February 20, 2023: NO SCHOOL - Presidents Day - Winter Break
Tuesday, February 21, 2023: NO SCHOOL - Winter Break
Wednesday, February 22, 2023: NO SCHOOL - Winter Break
Thursday, February 23, 2023: NO SCHOOL - Winter Break
Friday, February 24, 2023: NO SCHOOL - Winter Break



Wednesday, March 1 - Third Quarter Parent Meeting - 6:00 PM on ZOOM
Thursday, March 2, 2023: Parent/Teacher Conferences (2:45-7:15 pm)
Monday, March 13, 2023: 8th Grade Step Up Night
Thursday, March 16, 2023: Parent/Teacher Conferences (2:45-5:15 pm)
Friday, March 17, 2023: Staff Day / NO STUDENTS
Wednesday, March 22, 2023: Maine Band Directors Association Festival (2:40-9:00 pm)
Thursday, March 23, 2023: Maine Band Directors Association Festival (2:40-9:00 pm)
Tuesday, March 28, 2023: District All Choral Night (7:00 pm - Snow Date = 3/31)
Friday, March 31, 2023: Quarter 3 Ends

Wednesday, April 5, 2023: Early Release Day
Friday, April 14, 2023: NO SCHOOL / Spring Break
Monday, April 17, 2023: NO SCHOOL / Spring Break
Tuesday, April 18, 2023: NO SCHOOL / Spring Break
Wednesday, April 19, 2023: NO SCHOOL / Spring Break
Thursday, April 20, 2023: NO SCHOOL / Spring Break
Friday, April 21, 2023: NO SCHOOL / Spring Break
Thursday, April 27, 2023: Maine Choral Directors Association Festival (2:40-9:00 pm)

Friday, April 28, 2023: Maine Choral Directors Association Festival (2:40-9:00 pm)

Saturday, May 13, 2023: PROM/ Dune Grass

Wednesday, May 17, 2023: May Awards Night (6:00 pm - Auditorium)

Monday, May 29, 2023: NO SCHOOL/ Memorial Day (SHS Bands in Parade)

Wednesday, May 31, 2023: SHS End of Year Concert (7:00 pm)

Thursday, June 1, 2023: Last Day of Classes for Seniors

Friday, June 2, 2023: Senior Class Trip

Monday, June 5, 2023: Senior Finals/ Senior Marching Practice (mandatory)

Tuesday, June 6, 2023: Senior Finals/ Senior Marching Practice (mandatory)

Tuesday, June 6, 2023: Senior Class Picture (5:00 pm - Alumni Gym)

Tuesday, June 6, 2023: Senior Awards Night (6:00 pm - Auditorium)

Wednesday, June 7, 2023: Senior Finals / Senior Marching Practice (mandatory)

Wednesday, June 7, 2023: Baccalaureate (7:30 pm - St. Maximilian Church)

Thursday, June 8, 2023: Senior Final Assembly and Stroll (9:00 am and 9:45 am)

Thursday, June 8, 2023: Senior Final Marching Practice (mandatory)

Sunday, June 11, 2023: Graduation

2022-2023 [District Calendar](#)



Senior Placement Office News

This important information has been shared with Juniors and Seniors

Post-High School Planning Timeline

https://docs.google.com/document/d/1y_xKSBEzB7eJhu55itLR-Rb_igrTg_JhMIPMYsH0U-U/edit?usp=sharing

Naviance

<https://student.naviance.com/scarborough>

2024: Senior Placement Google Classroom

<https://classroom.google.com/c/NTQ1MDYzNjg5OTgw?cjc=xehgrix>

Junior Questionnaire

<https://docs.google.com/forms/d/1Z4gBqTUADj5lrGNI614-uyUt9ij7aCUDmiWgOgCTvHY/edit>

Schedule An Appointment with Mr. Harris

https://calendar.google.com/calendar/u/0/appointments/schedules/AcZssZ1YE3hk_n-6Kg_DzB_50j3DIgp5vL6eiELufk229f_no1GKNbpNcg8ao4BqFL7_iwUIJDTYG6WD



SHS_CollegeAdvising_Handbook-23-24.pdf

Download
349.0 KB



Post High School Planning Timeline for 2024.pdf

Download
86.4 KB



Class of 2023 Important Dates

May 13, 2023 (Sat) 8-11 pm: Prom (Dune Grass)

May 17, 2023 (Wed) 6:00 pm: May Awards Night (SHS Auditorium)

June 1, 2023 (Thurs): Last Day of Classes for Seniors

June 2, 2023 (Fri): Senior Class Trip

June 5, 2023 (Mon): Senior Finals

Marching Practice (*mandatory)

Yearbook Dedication

Yearbooks and Caps & Gowns distributed

Baccalaureate Tickets distributed

Baccalaureate Practice (6:30 pm @ St. Maximilian Kolbe Church)

June 6, 2023 (Tues): Senior Finals

Marching Practice (*mandatory)

5:00 pm: Senior Class Picture (Alumni Gym - caps & gowns)

6:00 pm: Senior Awards Night (Auditorium - caps & gowns)

June 7, 2023 (Wed) Senior Finals
Marching Practice (*mandatory)
7:30 pm: Baccalaureate (St. Maximilian Kolbe Church)

June 8, 2023 (Thurs) Senior Final Assembly (9:00 am - Alumni Gym)
Senior Stroll (9:45 am)
Final Marching Practice (10:30 ish)
Graduation Tickets distributed

June 11, 2023 (Sunday) Commencement (7:00 pm - Cross Insurance Arena)





Clinic Notes

IMMUNIZATIONS: Immunization requirements for students attending public schools have changed in recent years. In addition to the vaccines required for kindergarten entry, both a Tdap vaccine and one dose of MCV4 are required for all students entering 7th grade. Two doses of MCV4 are required for students entering 12th grade. If the first dose of MCV4 was administered on or after the 16th birthday, a second dose is not required. All students in grades K-12 need two doses of the varicella (chickenpox) vaccine for school entry. Please send updated immunization records to the clinic whenever your student receives a required vaccine.

MEDICATIONS: Students may not transport, carry, or self-administer prescription or non-prescription medication at school, with the exception of rescue inhalers, EpiPens, and certain other emergency medications. All medications administered at school require a new physician's order and written parental permission each year. Updated orders must also be on file for emergency medications that students may be carrying. Physician orders may be faxed directly to the clinic at 730-5196.

The clinic stocks Acetaminophen and Ibuprofen which may be administered to students as needed with parental permission. If you have not already done so this year, please complete online permission through the PowerSchool Parent Portal.

HEALTH: Please contact the clinic staff if your child has a health issue (acute or chronic) or sustains a physical injury that may require accommodations while at school.

ILLNESS: Students who have symptoms of respiratory or gastrointestinal infections, such as cough, fever, sore throat, vomiting, or diarrhea, should stay home. Students needs to be free from fever, vomiting, and diarrhea for 24 hours without fever-reducing medication before returning to school.

COVID testing is recommended for individuals with symptoms of COVID prior to their return to school. If your student tests positive for COVID: If a student develops symptoms and tests positive for COVID, they must stay at home regardless of vaccination status. They should remain home for a full 5 days from the onset of symptoms or date of positive test. If their symptoms are improving, they may return to school on day 6, and they must wear a well-fitting mask for an additional 5 days upon their return.

If your student is exposed to COVID, but does not have any symptoms: As long as your student does not have any symptoms and is testing negative, they may attend school. It is recommended that the student mask for 10 days following their exposure and remain home if they develop symptoms. The CDC removed the recommendation for close contacts to quarantine, unless they are symptomatic.

Stacey Hang, RN 730-5017

Lisa Verzoni, RN 730-5016



2022-2023 SHS Counselor and Assistant Principal Caseloads

	Grades 9 and 11		Grades 10 and 12	
	Counselor	Administrator	Counselor	Administrator
Student Names A-K	Wendy Spaulding (x5023) 9th Grade A-K 11th Grade A-K	Jake Brown (x5133) 9th Grade (All) 11th Grade (All)	Ryan Soucie (x5024) 10th Grade A-K 12th Grade A-K	Nate Theriault (x5101) 10th Grade (All) 12th Grade (All)
Student Names L-Z	Alison Lane (x5025) 9th Grade L-Z 11th Grade L-Z		Amy LaBelle (x5026) 10th Grade L-Z 12th Grade L-Z	



Principal:

- Susan J. Ketch, 730-5002, sketch@scarboroughschools.org
- Karen Sprague, Admin. Assistant, 730-5002, ksprague@scarboroughschools.org
- Paula Davis, Attendance/Receptionist, 730-5000, pdavis@scarboroughschools.org

Assistant Principals:

- Jacob Brown, 730-5133, jabrown@scarboroughschools.org
- Nathan Theriault, 730-5101, ntheriault@scarboroughschools.org
- Lisa Manning, Admin. Assistant, 730-5102, lmanning@scarboroughschools.org

Director of Athletics and Activities:

- Michael LeGage, 730-5012, mlegage@scarboroughschools.org
- Jordan Ferreira, Asst. for Athletics & Activities, 730-5086, jferreira@scarboroughschools.org
- Heather Paonessa, Admin. Assistant, 730-5012, hpaonessa@scarboroughschools.org

Study Center:

- Chris Hasson, 730-5117, chasson@scarboroughschools.org
- Chris Hayward, 730-5114, chayward@scarboroughschools.org
- Kimberly Clark, 730-5115, kclark@scarboroughschools.org

Student Services:

- Ryan Soucie, Counselor, 730-5024, rsoucie@scarboroughschools.org (Gr. 10 & 12: A-K)
- Amy LaBelle, Counselor, 730-5026, alabelle@scarboroughschools.org (Gr. 10&12; L-Z)
- Wendy Spaulding, Counselor, 730-5023, wspaulding@scarboroughschools.org (Gr. 9 & 11: A-K)
- Alison Lane, Counselor, 730-5025, alane@scarboroughschools.org (Gr. 9 & 11: L-Z)
- Scott Harris, Senior Placement Counselor, 730-5031, sharris@scarboroughschools.org
- Jaclyn D'Annibale, Social Worker, 730-5029, jdannibale@scarboroughschools.org
- Christina Gerber, Social Worker, 730-5028, cgerber@scarboroughschools.org
- Elise Lehotsky, Social Worker, 730-5020 elehotsky@scarboroughschools.org
- Bill Messer, Student Assistance Counselor, 730-5022 wmesser@scarboroughschools.org
- Amy Ranco, Social Worker, 730-5027, aranco@scarboroughschools.org
- Vickie Sutyak, Admin. Assistant, 730-5020, vsutyak@scarboroughschools.org
- Betsy Henderson, Sr. Placement Admin. Assistant, 730-5030, ehenderson@scarboroughschools.org

School Resource Officer:

- Mike Beeler, 730-5014, mbeeler@scarboroughschools.org

Building Ed Techs:

- Tim Coombs, Safety & Vocational Students, 730-5009, tcoombs@scarboroughschools.org
- David Yeo, Safety & Attendance, 730-5005, dyeo@scarboroughschools.org

Nurses:

- Stacey Hang, 730-5015, shang@scarboroughschools.org
- Lisa Verzoni, 730-5016, lverzoni@scarboroughschools.org
- Suzanne Kenney, Medical Assistant, 730-5015, skenney@scarboroughschools.org