PERSONNEL

Employee Assistance Program (EAP)

A. Purpose

<u>The Employee Assistance Program (EAP)</u> is a personal and confidential counseling service for <u>S</u>school <u>Divisionboard</u> employees and their immediate families. It is designed to help resolve personal and job-related problems that could have a detrimental impact on job performance.

B. Types of Referrals

There are two types of referrals to EAP:

- 1.) Voluntary (informal) those referrals that to utilize the program services as a result of the employee's or employee family member's direct inquiry. and Voluntary referrals do not require recommendation of Virginia Beach City Public Schools.;
- (2<u>.</u>) Principal/a<u>A</u>dministrative staff (formal) referrals referrals that are made to the program by a principal or administrative staff member<u></u> of Virginia Beach City Public Schools.

C. Confidentiality

EAP provides complete confidentiality for employees and their family members. If the employee or employee's family member requests the service on his/her own volition, information will not be relayed back to the Schools unless the individual being treated is a threat to himself/herself or other individuals. If a principal or the administrative designee/representative makes an direct(formal)administrative referral to the program, the program coordinatorEAP will informaconfirm with the principal or administrative staff member that the employee attended the session and any-plans for continued follow-up care.

In order to assure this-privacy rights, an authorization to release information will be obtained from the employee by the EAP.

D. Availability of Services

EAP services are available twenty-four (24) hours a day, seven (7) days a week and twelve (12) months of the year. The Benefits Office will administer this program.

Approved by Superintendent: January 18, 1994 Revised by Superintendent: December 13, 2002

Revised by the Superintendent: