

Seabreeze Boys Weightlifting 2022-23

February

Wednesday, 1st	Father Lopez	Seabreeze HS	4:30pm
Wednesday, 8th	Pine Ridge	Seabreeze HS	4:30pm
Wednesday, 15th	Atlantic	Atlantic HS	5:00pm
Wednesday, 22nd	Deltona	Seabreeze HS	4:30pm

March

Wednesday, 1 st	New Smyrna Beach	New Smyrna Beach HS	5:00pm
Wednesday, 8 th	Matanzas	Matanzas HS	5:00pm
Wednesday, 22 nd	TBD	TBD	TBD
Wednesday, 29 th	Districts	TBD	TBD

April

Thursday, 6 th	Regionals	TBD	TBD
Friday, 14 th	State Championship	TBD	TBD

Head Coach: Skip Saunier Assistant: Tarisa Craig-Craggy

**Principal: Tucker Harris
Assistant Principals: Stinamay Lagrotta,
Dhand Pressley, Jodi Lewitt, Tajiki Picott**

**Athletic Director: Brad Montgomery
Assistants: Tarisa Craig-Craggy,
Trainer: Kelly Lemon, Tabitha Thode
Activities: Janet Savary**