



# Owatonna Education Center Pre-K

This institution is an equal opportunity provider

## FEBRUARY 2023

### BREAKFAST MENU

Students are required to take all items offered.

**MEAL PRICE**  
Student: \$1.50  
Adult: \$2.25

#### Ψ MILK

All school breakfasts are served with skim or low fat white milk.

**STUDENT MEAL ACCOUNTS**  
Parents and guardians are encouraged to deposit money into their student's meal account. For more information on ways to manage student meal accounts, please visit [Meal Accounts](#) on the Nutrition Services webpage.

**EDUCATIONAL BENEFITS**  
Your student may qualify for free or reduced price meals or additional Educational Benefits. For more information, please visit [Application for Educational Benefits](#) on the Nutrition Services webpage.

**ALLERGY INFORMATION**  
This menu contains one or more of the following ingredients: milk, eggs, soybeans, fish, shellfish, sesame and/or wheat. Please contact 507-444-8629 with special diet related inquiries.

Ψ Farm to School or Local Product

Nutrition Services: 507-444-8616

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>JAN 30</b> Cereal Applesauce Cup	<b>JAN 31</b> Cheese Stick Juice Cup	<b>1</b> Whole Grain Breakfast Pastry Fruit Cup	<b>2</b> Mini Breakfast Bar Apple Slices	<b>3</b> Smart Round Craisins
<b>6</b> Cereal Applesauce Cup	<b>7</b> Yogurt Cup Juice Cup	<b>8</b> Whole Grain Breakfast Pastry Fruit Cup	<b>9</b> Breakfast Crackers Apple Slices	<b>10</b> Cinnamon Roll Raisins
<b>13</b> Cereal Applesauce Cup	<b>14</b> Cheese Stick Juice Cup	<b>15</b> Whole Grain Breakfast Pastry Fruit Cup	<b>16</b> Mini Breakfast Bar Apple Slices	<b>17</b> NO SCHOOL K-5
<b>20</b> Cereal Applesauce Cup	<b>21</b> Yogurt Cup Juice Cup	<b>22</b> Whole Grain Breakfast Pastry Fruit Cup	<b>23</b> Breakfast Crackers Apple Slices	<b>24</b> Strawberry Muffin Raisins