



# Owatonna Elementary Schools

This institution is an equal opportunity provider

## FEBRUARY 2023

### BREAKFAST MENU

#### MEAL PRICE

Student (Grade 1-5): \$1.50  
 Student (Kindergarten ONLY): Free  
 Adult: \$2.25

#### FRUIT

Students must select a fruit or fruit juice as part of their meal.

#### Ψ MILK

All school breakfasts are served with a choice of skim or low fat, white milk. Students are not required to take a milk to receive a breakfast.

#### STUDENT MEAL ACCOUNTS

Parents and guardians are encouraged to deposit money into their student's meal account. For more information on ways to manage student meal accounts, please visit [Meal Accounts](#) on the Nutrition Services webpage.

#### EDUCATIONAL BENEFITS

Your student may qualify for free or reduced price meals or additional Educational Benefits. For more information, please visit [Application for Educational Benefits](#) on the Nutrition Services webpage.

#### ALLERGY INFORMATION

This menu contains one or more of the following ingredients: milk, eggs, soybeans, fish, shellfish, sesame and/or wheat. Please contact 507-444-8629 with special diet related inquiries.

#### Ψ Farm to School or Local Product

Nutrition Services: 507-444-8616

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>JAN 30</b> Cereal Applesauce Cup Raisins	<b>JAN 31</b> Nature Valley Crisps & Cheese Stick Apple Slices Juice Cup	<b>1</b> Waffles Fruit Cup Fresh Fruit	<b>2</b> Cheddar Goldfish Crackers Apple Slices Juice Cup	<b>3</b> Smart Round Fruit Bowl Craisins
<b>6</b> Cereal Applesauce Cup Raisins	<b>7</b> Goldfish Graham Crackers & Yogurt Cup Fruit Cup Juice Cup	<b>8</b> Mini Bagel Fruit Bowl Fresh Fruit	<b>9</b> Breakfast Round Fruit Cup Juice Cup	<b>10</b> Cinnamon Roll Applesauce Cup Craisins
<b>13</b> Cereal Applesauce Cup Raisins	<b>14</b> Annie's Bunny Grahams & Cheese Stick Fruit Cup Juice Cup	<b>15</b> Frudel Fruit Bowl Fresh Fruit	<b>16</b> Cheez-Its Fruit Cup Juice Cup	<b>17</b> NO SCHOOL K-5
<b>20</b> Cereal Applesauce Cup Raisins	<b>21</b> Scooby Doo Crackers & Yogurt Cup Fruit Cup Juice Cup	<b>22</b> Mini Cinnis Fruit Bowl Fresh Fruit	<b>23</b> Mini Breakfast Bar Fruit Cup Juice Cup	<b>24</b> Strawberry Muffin Applesauce Cup Craisins